

THIS COLOUR EDITION OF BARFORD NEWS HAS BEEN VERY GENEROUSLY
SPONSORED BY
'THE BARFORDS ALLOTMENTS'



The Royal British Legion Poppy Appeal 2022

This year Remembrance Sunday is on Sunday 13th November. In the three weeks before this there will be a door to door collection selling poppies round the Barfords, beginning on Saturday 22nd October.

Apart from door-to-door you can also donate at The George pub as well as one of the many Static Points you will find in Supermarkets, Banks, Building Societies, public houses etc. Thank you..

Angus & Lucy Norman
Poppy Delivery Co-ordinators



THE GEORGE
will be closed from
26th September
– 2nd October
for a little bit of TLC

SORRY FOR ANY INCONVENIENCE
THIS MAY CAUSE

 **Cherwell District Council**
4 h · 

 Oops! Even the keenest recyclers among us make the occasional mistake...

One thing we're seeing quite a bit of at the moment is toilet tissue and kitchen roll being put in the blue recycling bins.

Although they're paper, they are not suitable for recycling. That's because of the types of fibres used to make them, not to mention the fact that they're usually a bit dirty by the time we throw them out!

So please put tissue paper and kitchen roll in the green bin.

If you ever want to check which bin it goes in, the Waste Wizard is your friend: www.cherwell.gov.uk/wastewizard



  **Cherwell** DISTRICT COUNCIL NORTH OXFORDSHIRE



to the lovely Barford couple, who wish to remain anonymous, for the extremely kind and very generous donation of £150 to Barford News.

This donation was made on behalf of the The Barford's Allotments, to sponsor September's colour printing costs. This more than covers the cost, the difference between black and colour printing, with something leftover to contribute to October's edition, which will feature the village BBQ, Fete and Garden Show.

The Team

The Barfords' Village Show

Village Hall - Saturday, 10th September

Some of your plants may be struggling... but there are still lots of classes to have a go at.

**Cookery - Flower Arranging - Crafts -
Photography**

Plus 10 classes for Children

So come on Barfords, give this traditional village event your support!!

Entries to the hall 9.00am - 10.30am, Judging 11.00am

Viewing & Prize Giving 2.30pm for 3pm



Alan Maddison

September 1925 – July 2022

It is with great sadness that we report the death of Alan Maddison on 25th July. He died peacefully at Highmarket House after a long battle with cancer. He will be remembered by all those that knew him.

Alan was born September 1925 in London, and grew up and was educated in Wimbledon, South London. He won a scholarship to Kings School and gained his school certificate. War interrupted his studies as a quantity surveyor, and then he was called up to the RAF for National Service. One bright moment during this time was the resumption of Wimbledon Tennis, and Alan volunteered as a steward for two weeks of the championships.

Alan met his future wife, Gillian, while doing temporary Christmas deliveries at Wimbledon sorting office. He was to court her over the next few years while they both continued their respective studies, including a trip through France by bike. Alan eventually asked Gill to marry him, which they did in 1952.

During Alan's early working life, he travelled widely, primarily supervising various building works for Barclays Bank. He then joined Trafalgar House and stayed with them for 25 years. Work for them kept Alan within London, and he was involved with the refurbishments of the St Ermine's Hotel, The Mayfair, and the Royal Society of Arts amongst many other jobs. Alan found himself more and more project managing. In 1976, Alan was asked to take on his most challenging job, and one which he felt was the most satisfying. He was tasked with bringing the basement kitchens of The Ritz Hotel up to standard, in 48 hours, as well as the refurbishment of the rest of the building. He continued working in and around London until "going his own way", until early retirement found Alan working on a self-employed basis.



Alan married Gill in 1952 and together they raised two daughters, Sarah and Elizabeth. They lived in Dorking in Surrey for most of their married life, but moved to Barford St Michael in 1997. Alan always said that Barford was the best place to be, with all that the village had to offer him.

Alan leaves his two daughters and four grandchildren.

BARFORD GREEN GARDEN CLUB
Notes from our Potting Shed – September 2022



"Where flowers bloom so does hope."
Lady Bird Johnson

"Each flower is a soul opening out to nature."
Gerald De Nerval

"I'd rather have roses on my table than diamonds on
my neck."
Emma Goldman

Club News

Since our informative talk about "Growing for Showing" I've sensed some enthusiasm amongst members to enter vegetables, fruit, flowers and other produce into our Village Show on **Saturday 10 September**. The schedule and entry details are in this edition of BN. I think our judge will give full consideration to the very difficult conditions we've had to endure recently to get anything to grow. This really is a case of the more the merrier, so please don't be shy and give it a try. Please contact me if you want an email or hard copy of the handout regarding simple but effective ways to present your produce for the Show.

Monday 10 October at 19.30 sees the return of our Autumn (gardening) Swap. This is a social event where the Committee provide seasonal snacks and soft drinks and you can bring along wine to share. As well as plants and seeds there will also be an array of tools and equipment, books and magazines to browse through and take home. If you are new to the villages or new to gardening, please come along. There will be more information in the October edition of BN.

In **November** we'll have a talk by Chris Day from Buckingham Garden Centre entitled: An A to Z of fool-proof gardening. Chris will share his tips on how to get the best from your garden and your plants. A seasonal gallop through 26 letters featuring plants and props along the way, including a special section on minimum watering. (We have asked Chris to consider giving us a full talk on plants and methods of water conservation and low use next Spring.)

A social with seasonal snacks and a fun gardening quiz are planned for December. Members will receive more information on these activities, including dates and timings, by email.

Last call for the Photography Competition: Only four weeks left! You can enter photos taken at any time, on a phone or camera, landscape or portrait. Closing date: **30 September**.

CATEGORIES

1. Barford landscapes – in and around the village or on your local walks.
2. Portrait of a gardener.
3. Wild flowers, fruits or leaves in close-up.
4. Sculpture or architectural detail – in any garden, park or other public space.
5. Wildlife in the garden/countryside.

TO ENTER: Send photos (digital only, no prints) as email attachments to L.newbery@btinternet.com. Linda will email confirmation, so if you don't hear, try again or phone 01869 337526. Please be clear about which categories you're entering, and if the photographer is under 16, remember to add that.

A hospice fundraiser, we suggest a minimum donation of 50p per entry or £5 to enter up to three photos in each of the five categories, i.e. 15 in all. Cash in a marked envelope to a Committee member or bank transfer to Barford Green Garden Club, Santander, Sort Code: 09-01-54, Business A/C No: 86893286. Please put name + Photography as the reference.

.Some jobs for September:

- Divide herbaceous perennials.
- Pick autumn raspberries.
- Collect and sow seed from perennials and hardy annuals.
- Dig up remaining potatoes before slug damage.
- Net ponds before leaf fall gets underway.
- Keep up with watering using grey water where possible.
- Reduce the frequency of houseplant watering.
- Clean out cold frames and greenhouses ready for use in the autumn.
- Cover leafy vegetable crops with bird proof netting.
- Plant spring flower bulbs.

If you would like to join our Club, please contact Trevor on 338403, or email: trevorstevens49@hotmail.com or Sue on 338900, email: sueandles45@hotmail.com



We wish you many happy gardening hours and hopefully lots of gentle rain to replenish our parched lawns and gardens, during September.

Spade & Fork

**TUESDAY LUNCH CLUB
20th September 2022
12.30PM for 1PM**

MENU

steak, mushroom and ale pie
served with sea salt and thyme roasted new
potatoes and seasonal vegetables.

or

fish pie (salmon, cod and smoked haddock)
topped with mashed potatoes and served with
peas and parmesan tomatoes

desserts

white chocolate and apricot bread & butter
pudding
served with cream

or

pear and amaretti cheesecake

Followed by Coffee or Tea
Price £6.00

As usual please bring your own drinks to
have with your meal. Please ring Anne &
Mick on 01869 337074, or email
mickpearson1@outlook.com by
Tuesday 2nd August to book

Please Note: if you do not receive a reply to
your email, we haven't received it so please
call us.

**WE REGRET WE ARE UNABLE TO CATER FOR
ANYONE WITH FOOD ALLERGIES**

PLEASE NOTE

The hall will be well ventilated so please wrap up
warm if the weather turns cool.

In order to protect ourselves as much as possible
from the risk of Covid, we would suggest we all:

- 1) use the hand gel in the foyer on entering and
leaving and
- 2) wear a face mask in the hall until you are
seated.



BYGONE BARFORD BABIES

...? Last month's picture
was...wait for it..... circa 1953,
ANGUS NORMAN, my long-
suffering husband...nice coat, eh?

So, who is September's baby...? Please email
me at barfordnews@gmail.com, all correct
answers will get a mention in Barford News.

CLUE:



Please email any baby/toddler pictures of
yourselves or a loved-one, obviously living in
the Barford's, to me at barfordnews@gmail.com



WELCOME

to

Chris & Lydia Pratt

who have just moved to The Potteries
We hope that you will be very happy living
in your new home and look forward to
meeting you at village events

CHURCH MATTERS



FROM: Sue Addison, Churchwarden



RIDE & STRIDE 2022
In aid of
Oxfordshire Historic Churches Trust
Saturday 10th September
10am – 6pm
Help to support our own Parish Church

If you want to
Walk, Cycle or Ride
Contact Cubby Brett
For details
01869 338300
aandcbrett@gmail.com

The Trust has provided substantial funding for our
Barford churches over the years and will continue
to do so in the future,
Cubby Brett



The Barford churches were both built in the 12th Century and have stood as landmarks in our villages providing an important focus of continuity and stability in ever-changing times.

Maintenance and repair of these churches is a costly business and we are always seeking ways to raise money to keep up with conservation and preservation of these buildings.

Taking part in the Oxfordshire Historic Churches Trust (OHCT) *Ride & Stride* event is an easy way to raise money for the trust and our churches.

We have been fortunate enough to receive grants from OHCT in the past. Please participate in this event and

help us to look after the historic churches in our villages and support the work of the OHCT.

If you would like to take part, please contact Cubby Brett (aandcbrett@gmail.com or 01869 338300) for further details and a sponsorship form.

Sunday 18th September

Harvest Festival & Family Service

10.30am

St Michael's Church

**Please leave any donations of
NON-Perishable food items in the church
porch on Saturday 18th September before
11am.**

**All items will be donated to Banbury
Foodbank.**



BARFORD MARKET

SATURDAY, 17TH SEPTEMBER
10.00 – 12.00 IN THE VILLAGE HALL

Lovas Bakery from Hempton, with their artisan breads

Plus an excellent range of local producers selling,
savouries, cakes, preserves.

Hand knitted woollies and made-to-measure items.

Greetings cards, Locally grown plants

Barford Environment Network – Offering refills of household products.

Shopping ordered from **Nothing But Footprints** is delivered to the market, free of charge!

Order online: www.refillnotlandfill.co.uk

.....and for the birds we have seeds, mealworms, sunflower hearts, fat balls
bacon /bacon & egg/breakfast butties at bargain prices!!

TEA AND COFFEE SERVED ALL MORNING

STORAGE

***Covered storage available
on nearby farm premises.***

***Suitable for vehicles,
trailers, horse boxes, etc.***

***Tel: 07747 863411
for further details***

travel counsellors



Rebecca Smith, Travel Counsellor
Your personal Travel Expert

01295 880030

rebecca.smith@travelcounsellors.com

www.travelcounsellors.co.uk/rebecca.smith

With us...it's personal



GUIDE DOGS



**MAISIE'S
LONDON
MARATHON
FUNDRAISER –
don't forget to**

sponsor Maisie

**who is running the Marathon in aid of GUIDE
DOGS in October - details below....**

**JustGiving Link - Maisie's London Marathon
Fundraiser:**

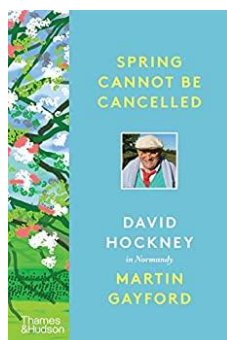
<https://www.justgiving.com/fundraising/Birdy12>

Reading recommendations from **BARFORD BOOKCHAT**

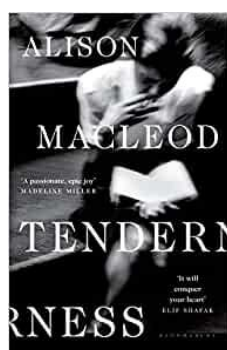
The Raj Quartet by Paul Scott is a masterpiece set against the civil unrest and violence which followed Gandhi's launch of mass civil disobedience in 1942. The British community feels particularly vulnerable. The later volumes give an increasing sense of isolation and danger and of a tide rising to swamp them.



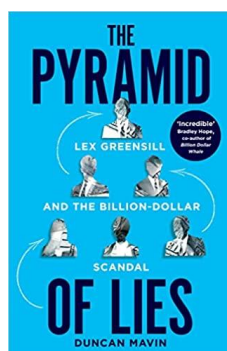
Its theme is found in the opening of the first book: 'This is the story of a rape, of the events that led up to it and followed it and the place where it happened.' Writing forty years after **A Passage to India**, Scott avoids Forster's loathing of the sahibs, understanding how the Raj forced them into playing roles. A cornucopia of vivid characters. The clumsy, shy, awkward, brave Daphne Manners (the rape victim), the tragic Hari Kumar, the confused, sad and ultimately repentant missionary teacher Edwina Crane, the complex wise Lili Chatterjee and towering above them all in his sheer awfulness, Ronald Merrick. All battered by seismic historical events - all ordinary people seen against extraordinary events. **Christopher Murray**



Spring Cannot Be Cancelled by David Hockney and Martin Gayford. As the first Covid lockdown began in 2020, David Hockney decided to buy a modest Normandy farmhouse which conveniently was to serve as both a place of isolation and his lookout on the arrival of spring. His friend and collaborator, Martin Gayford, stayed in touch electronically and occasionally visited him at Le Grande Cour. **Spring Cannot Be Cancelled** is a record of their conversations which explore Hockney's views on art and life, and his technique as an artist. The elegantly produced hardback includes many colour illustrations of Hockney's i-pad "paintings" which record the arrival of spring to his rural location and several comparative works. As such, it is an insightful memoir which captures Hockney's way of seeing, his views and relentless work ethic. **Trevor Arrowsmith**



Tenderness by Alison MacLeod is a tour de force. Ambitiously it brings together various threads, all of them concerning D H Lawrence, the novel begins with his illness and death at the age of 44. We then flip back to his time at a Sussex artistic commune and the inspiration behind his short story **England, My England**, which caused a breach with his hosts; forward to the notorious **Lady Chatterley** trial in 1960; and across the Atlantic to where Jackie Kennedy, not yet First Lady, takes a keen interest in the legal proceedings. Unknowingly, she is trailed by an agent of FBI chief J Edgar Hoover; if Penguin is found guilty of breaching obscenity laws, Hoover will use a photograph of her holding the paperback to scupper her husband's presidential campaign. **Tenderness** was Lawrence's working title for **Lady Chatterley's Lover**. Absorbing and wonderfully written, this is another of my Books of the Year. **Linda Newbery**



The Pyramid of Lies: Lex Greensill and the Billion-Dollar Scandal by Duncan Mavin. You will probably recall the furore over Lex Greensill and his factoring business which was much touted by David Cameron as a lobbyist of civil servants and politicians. This was only the latest of several lobbying scandals. Duncan Mavin is a business reporter who covered the story for the *Wall Street Journal* and has now written the definitive and meticulous account of how a man from an obscure outpost called Bundaberg in Australia convinced a former Prime Minister and many business leaders that he was as Mavin puts it "a saviour of small business, democratizing access to sophisticated forms of finance that had hitherto been the reserve of only the world's most powerful corporations". The book reads like a thriller as it details the rapid rise and fall of Lex Greensill. As he says it is "a story about weak governance and lax oversight". **John Bowers**

Book reviews are compiled by Linda Newbery. For a book recommendation every Monday, all by writers or independent booksellers, follow **Writers Review**: www.reviewsbywriters.blogspot.com



I moved to Barford St Michael in 1995 and one of the many highlights of living here was having "live music" at the George Inn every Monday evening. Nowadays it is only occasionally.

One night of music which has always been a tradition, and that is the chill out on the Monday after the Fairport festival, when Freeway Jam come over to round it all off. Traditionally a brilliant evening.

This year however, some moaning killjoy rang the pub to complain about the noise. But what annoyed me most of all, they wouldn't say who they were. This put a bit of a dampener on the second half, when normally we would have a set list of great singalong rocking numbers. It was all very toned down.

Now, a message for the people that complained. The pub has a music licence and is legally allowed to host musical events. If you don't like that, then why in heavens name did you move near to a pub. It's like moving next to a church and complaining about the bells, or moving next to a school and complaining about the noise of the children playing in the playground. If you don't like it MOVE AWAY...!! You know that you are in a very tiny minority. Which is why you were not brave enough to say who you are. If you are not brave enough to give your name, then just do us all a favour and keep quiet and whilst keeping quiet, check out properties for sale in areas that do not have a pub.

Leon S Daly, Music fan



"When we ask for advice, we are usually looking for an accomplice"

Saul Bellow
quoted in the The Browser

Looking for that special location for a celebration!



Well look no further !

Take a look at our wonderful Village Hall located at the heart of Barford St Michael.

To check out availability and prices please find all the contact details for our Booking Secretary at the back of the magazine, and she will be more than happy to help you with your enquiry.

We look forward to welcoming you!



200 CLUB DRAW AUGUST

£25	035	Tucker Family
£15	094	Ishbel Freeman
£10	129	George Cooke Yarborough
£5	116	David Baxter

The draw took place at
Coffee Morning in the Hall



GREEN THOUGHT OF THE MONTH

BARFORD ENVIRONMENT NETWORK is a friendly, informal group that looks for ways of greener living in our villages. To join or learn more, contact **John O'Brien**:
john@lcmb.co.uk

See us at the market every month selling **SESI refills** – washing-up liquid, general-purpose cleaner and more. Also, zero-waste shopping from **Nothing But Footprints** is delivered to the market free of charge. Order online from www.refillnotlandfill.co.uk by Friday lunchtime before a market Saturday.

What's happening this month?



At **Oxfam** it's **Second-Hand September**. Since 2019, this has inspired thousands of us to shop in a way that's kinder to people and planet by pledging to buy only second-hand items this month. If you use social media you can post pictures of your finds, using the hashtag #SecondHandSeptember, and also tagging @OxfamGB. By buying from charity shops (not just Oxfam), not only are you helping to keep clothes out of landfill and refreshing your wardrobe without costing the earth; you're boosting charity funds too. If you sign up, you'll get a 20% discount to use at Oxfam's online shop. <https://www.oxfam.org.uk/get-involved/second-hand-september/>



The Great Big Green Week, 24th September – 2nd October, is organised by the **Climate Coalition** and supported by partners including the **Women's Institute**, **Fairtrade Foundation** and **World Wide Fund for Nature**. Last year's events included bat walks and bake offs, festivals and football matches, murals and MPs in EVs, seaweed foraging and school assemblies. They're hosted by local groups, teachers, bus drivers, sport clubs, artists, places of worship, builders – anyone who cares about climate change. Look out for events in Bloxham, Banbury and

Oxford. More at www.greatbiggreenweek.com

National Hedgerow Week, 17th – 25th September, is organised by **The Tree Council** and supported by **CPRE – Campaign to Protect Rural England**. They're asking for 40,000 signatures for a petition asking the government to commit to replacing the hundreds of miles of hedgerows lost since the end of the Second World War. Can you sign – and help raise awareness of the importance of hedges for wildlife and biodiversity? More here:

**THE GREAT
BIG GREEN
WEEK** 

<https://hedgelink.org.uk/campaign/national-hedgerow-week/> If you'd like to go further by surveying hedges, find full details here:

<https://hedgerowsurvey.ptes.org/the-great-british-hedgerow-survey>

Garden Club Photography Competition: We're lucky in our area to have beautiful hedgerows like the one above, rich in fruits and berries and providing food and shelter for wildlife. While you're out on your country walks, why not show your appreciation of our countryside by taking pictures to enter for the Garden Club Photography Competition? You've got till the end of this month – full details in last month's BN – and it's a fundraiser for Katharine House Hospice.

Green Thought of the Month is compiled and edited by Linda Newbery. If you have a green idea to share, please contact L.newbery@btinternet.com



1st DEDDINGTON SCOUT GROUP

Cubs

The fine weather meant that we were able to spend most evenings outside, lots of games including a boules tournament. We finished the term with a pack picnic at The Windmill – great fun!

Paul Honess deddingtoncubs@gmail.com

Scouts

We finished the term with our usual summer camp at Horley. We prefer to take a minimalist approach when camping with the Scouts &, as the weather was so good (though we managed to miss the really hot spell) we just took the bear minimum of kit with us. They cooked all their meals on open fires & we reacquainted ourselves with the cast iron camp oven, in which, they cooked home-made pizzas – the first were a bit crispy but we got the hang of it by the end. Burgers & jackets were also added to the menu. They spent much of the time up trees, playing football, having water pistol fights & they also went for a hike – just doing what comes naturally to Scouts! Looking forward to the new term. Pete Churchyard deddingtonscouts@gmail.com

We would like to say goodbye to those Cubs & Scouts who have left the group, some to new homes, some to new schools & some to Explorer units, good luck to all of you, it was a pleasure having you.



Girlguiding UK

girls in the lead

We had a very successful summer camp near North Aston

thanks to Will, Christie and James Taylor.

We had super weather of course and had a wonderful time cooking out of doors, going

wooding, collecting water from the farm house, playing in the woods and stream, hiking, exploring, making dream catchers, completing challenges and playing all sorts of games.

The guides became very good at making rope swings and even their own zip wire and two guides, with help from their friends, made a brilliant shelter and were brave enough to sleep out in it !!

Getting up to watch the sunrise is always a highlight, although the cloud rather got in the way this time, but making chocolate steam pudding is always a high-light and that didn't disappoint.

Thank you to everyone who helped us, see you all beginning of September.

Maggie Rampley 07957 600755 and

Marian Trinder 07786 001641



Restaurant Hours

Monday – Saturday: 12noon – 3pm, 6pm – 9pm
Sunday: Roasts 12noon – 4pm, Small Plates 6pm – 9pm

Bar Hours

Monday & Tuesday – 12noon – 10pm
Wednesday – Saturday: 12noon – 11pm
Sunday: 12noon – 10pm





DEDDINGTON BOOKWORMS

Over the summer we have enjoyed reading two different but interesting books.

July's offering was **The House by the Lake** written by **Thomas Harding**. It follows the lives of five families who have lived in the house, starting from the time it was built as a holiday home in Berlin for Thomas Harding's grandmother. She had been forced to leave in the 1930's fleeing to England as the Nazis swept to power. Harding returns in the summer of 1993 with his grandmother for her to see it one last time. He then spent time researching the history of the house and whether anything could be done to restore it to how it was when it was his grandmother's 'soul place'. Beautifully written, everyone agreed it was a fascinating look into the lives of the five families and what they endured during the war years and beyond. We highly recommend this as a real page turner and many of us will be reading 'Hanns and Rudolf', the previous book by this author.

In August we read **Anatomy of a Scandal** by **Sarah Vaughan**, a sophisticated tale of power and status written from a woman's perspective. The story is centred around the Oxford colleges, law court processes and the politics of today, where privilege and one's background will allow you to socially climb, working your way up the greasy pole of success. Until, of course, you overstep the idea that you can do whatever you like and get caught taking what is not yours. The book is well written with unexpected twists and intrigue. Most of the group enjoyed the book and found it gripping, with the moral of the tale being that the secrets you buried in your youthful past, and the chances and risks you took on your way up in politics, will come back to haunt you the higher you climb!

DeddingtonBookworms@gmail.com

Thank you

To

a former resident who very kindly
donated their 200 Club winnings
to Barford News

The Team



grubadvisor

reviewed by Lucy & Angus & Guest
(Nephew, Sam, again)

Where did you eat? **Voujon**
22A South Bar Street
Banbury OX16 9AF

Cuisine? Indian Restaurant &
Takeaway

RATINGS **Out of 5 stars.....**
Food ★★★★★

Service ★★★★★

Value ★★★★★

Atmosphere ★★★★★

COMMENTS: Another success for the Norman's. I know I seem to award 5★ for every meal in every restaurant but these are all well deserved. We are lucky to have so many really, really good restaurants around us.

For starters we had the Voujon Platter, a combo of lamb tikka, chicken tikka, sheek kebab and onion bhajee and the Aloo Bond, which was mashed potatoes, mustard seeds and roasted cashew nuts in our home made spices and coated with bread crumbs then shallow fried

For mains we shared a Assame Jalfrezi and a Shaslik Bhuna with a selection of rice, potato and spinach dishes, naans etc. The meal was delicious, all beautifully presented and quite generous portions. The lovely girl who served us also saved me the embarrassment of asking for a Doggy Bag. A tasty breakfast the next morning, not for me of course, I would not dream of creeping down the stairs at 6am, grabbing a spoon and tucking in...!!

WILD FLOWERS IN THE BARFORDS

By Margaret Murdin & Janet Payne



Bugle....Ajuga reptans

This mat forming creeping plant covers the ground densely, flowering in early to mid summer. The darkish rounded leaves can even be purple in some garden forms, while the blue flower spikes appear up to ten or fifteen centimetres above. Bugle loves our heavy local soil and you may find it in your lawn defying regular mowing with ground hugging blue flowers. When not beheaded the flowers hang in tight clusters proud of the uppermost leaves giving the impression of lines of beads. This is the origin of the 'bugle beads', a frequent ornament on Victorian ladies' clothing and ballroom dancers' beaded costumes. Ajuga can apparently be made into an ointment to treat bruises and wounds.

The small purple flowers of bugle are particularly attractive to the white tailed bumblebees as even with their relatively short tongues they can access the nectar and pollen. The flowers are so low growing that the bees can fly to them even if it's a bit windy. The solitary carder bee also loves bugle. (Carder bees are the ones that scrape the furry backs off some plants...they 'card').



Paddock / Field Topping

RC Baker Ltd at Spring Hill Farm, Barford St Michael is pleased to offer a topping service.

If you are in need of your field or paddock topped please get in touch. Access required – 8ft gateway minimum.

RC Baker Ltd, Agricultural Contractors
01869 338307 / mail@rcbaker.co.uk

CONGRATULATIONS

and all good wishes to

Mike & Ann Budd

of High Street who reached their

65th Wedding Anniversary

in August

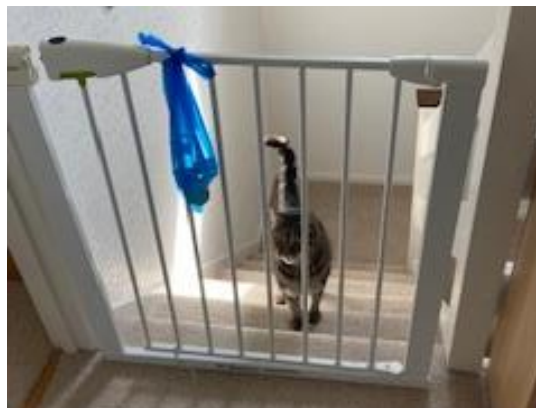
Free Used stairgate


in good condition and

*with all the bits (as shown in the bag
– but not the cat!!)*

free to anyone who needs one.

Please ring Mary on 338625





Barford Allotments

Have you considered becoming an allotmentee? Allotments are a great way to ensure a healthier lifestyle, make friends and benefit from growing your own fruit and veg. If you're interested contact the Parish Council to ask about available plots or to join the waiting list. (01295 720566) It's worth coming for a visit, you will discover a huge range of approaches to this very British passion. You could consider sharing a plot with friends, family, or neighbours. Get lots of free exercise, no costly gym membership and saving money on your grocery bills. Even if you are a novice an abundance of seasoned expertise is probably on the plot right next to you. One of our newest recruits shares her experiences of taking on an allotment for the first time, *(on the next page)*.

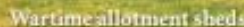
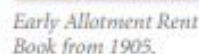
You can't beat the great satisfaction when you harvest your own fresh food this is only equalled by being able to share

WhatsApp's Group

If you are a plot holder, please consider joining the new WhatsApp group, it is proving a great way of keeping informed, sharing general ideas, and staying up to date with all the latest news. One idea put forward is to hold a get together at the allotments in October to celebrate our achievements, plans for the next growing season and our favourite subjects 'The Weather' and who got to the sweetcorn first 'you or the mice?'

Calling on ALL allotmenters
If you've got a story to share about anything related to the allotments, we would love to hear from you. Get in touch via the WhatsApp group.

Thank you to everyone who shared their stories this month at very short notice.





'I am a relative newcomer to the allotment life and have always wanted to grow veggies myself. I can't claim to know what I'm doing, but I have found nothing but kindness, encouragement and support from my fellow allotment comrades!'

'There is so much wisdom and experience to tap into amongst this friendly group. We are lucky to have such a beautiful spot to grow and it's gorgeous when the sun goes down.'

'It can be windy. My boys erected a shed for me to keep some bits in, the following weekend we had strong winds and it blew over! I've learned from that experience, much to my embarrassment and maybe to the amusement of others!'

'As a newbie, I'm growing the basics to begin with. My delight in simple courgettes appearing in abundance this year has encouraged me, inspite of being told they are the most hardy and likely of all plants to survive and produce!'

'Each time I visit I have new ideas for my patch and I'm constantly learning from the other gardeners. There are some beautiful, productive and mature allotment patches here but no competitiveness amongst us.'

'I'm always collecting ideas, tools and equipment and slowly becoming more resourceful. There's nothing more satisfactory and smug than producing your own food and feeling just a little self sufficient!'



'The allotment for me isn't just about growing fruit and veg, it is a source of inspiration in my textile art too. Back in 2020 I created a series of twelve pieces of textile art, one a month, all inspired by my allotment. This is August, and what could be more beautiful than sunflowers in the summer'

Courgette season is well underway and there are lots on a daily basis! Courgettes can be used in so many ways as we have found out and not just in a ratatouille... courgette cake, courgette salad, roasted courgettes with onion and pepper (lush hot or cold), BBQ courgettes, courgette kebabs with a bit of smokey bacon and so the list goes on... our current favourite is courgette lasagne which uses loads up and is great one day hot and the next cold with salad. So, so simple and wonderful using your own produce from the allotment.

Ingredients

- Dried lasagne sheets
- Oil to fry (rapeseed is tasty and British)
- Onion thinly chopped
- The important bit about 6/7 courgettes coarsely grated
- 2 gloves of garlic crushed
- 250g tub of ricotta
- Grated cheddar for topping
- 350g jar of tomato sauce for pasta.

Method

Oven on at 200c.

Soften up lasagne sheets in boiling water with a touch of oil so that they don't stick together – the number of sheets depends on tin size and shape.

We've been using a dish approximately 13" x 9" as this lasagne is lush chilled the next day.

Heat oil in large frying pan and fry onions until soft.

Add garlic and courgettes and fry until a nice bright colour.

Stir in 2/3 of tub of ricotta and season to taste – season well with salt and pepper and anything else you fancy to add a variation.

Heat tomato pasta sauce so it's hot

In baking tin/dish – I lay the base with unsoftened lasagne sheets to help absorb the moisture from courgettes then add about half the cooked courgette mixture.

Next layer is softened lasagne sheets with about half the tomato sauce mixture on top.

Next another layer of softened lasagne sheets then the remaining courgette mixture.

Next a final layer of softened lasagne sheets and the remaining tomato sauce mixture.

Finally small blobs of the remaining ricotta cheese and the grated cheddar sprinkled over the top.

Into the oven it goes for about 30 minutes or until you think it will all be cooked, cheese melted and bubbling away nicely.

Open a bottle of your favourite wine (if you haven't already) and serve lasagne. Enjoy.





**KATHARINE
HOUSE
HOSPICE**

What's coming up later this autumn and into winter? We may be more than halfway through the year, but there are still plenty of ways to get involved and events to enjoy. Your support helps us to make every moment matter for local people living with an incurable illness. We couldn't do it without you! Below is just some of what's coming up in the next few months.

Make a Will Fortnight returns This year Make a Will Fortnight celebrates its 10th anniversary and will be running from 3 to 14 October. We're thrilled to have six local solicitors who have very generously agreed to waive their fee for writing or amending a basic will, and are instead asking for donations to Katharine House. Check our website for a list of participating solicitors and to find out how to make an appointment.
khh.org.uk/make-a-will

New lease of life for Banbury shop When was the last time you popped into our Banbury shop? It's recently undergone an upgrade and renovation to give it a fresher appearance and improve the layout. But don't worry, the shop's traditional feel, community focus and competitive pricing will always remain. You can find details and donation times for all six of our hospice shops on our website: khh.org.uk/retail what's on the cards this Christmas This year's Christmas cards and 2023 calendars will be on sale from September. Get sorted for the festive season nice and early, whilst supporting the hospice at the same time. Choose from a dozen great designs, including local winter scenes. Order your cards and calendars here:
khh.org.uk/christmas-shop

Santa Fun Run – 4 December December may feel far away, but we're already planning how to make our next Santa Fun Run the best one yet. Our fabulously festive fun run is taking place on Sunday 4 December at Spiceball Park, Banbury. Put the date in your diary and don't forget to let your friends and family know. Get your ice skates on and sign up now! khh.org.uk/santa

Put the fun in FUNdraising Fundraising can be as easy as ABC... In fact, we have an A-Z of fundraising ideas. So if you're keen to help raise money for our hospice, but not quite sure how, then take a look at some of the great suggestions. Don't forget to let us know what you're doing to raise money for our hospice – we love to hear what our supporters get up to.
khh.org.uk/fundraising



Deddington PFSU and Village Nursery

We finished the last term with parties and at Nursery, a graduation ceremony for all the children moving on.

Thank you to everyone for supporting these events and for your lovely gifts and messages.

We said a sad goodbye to Deedee and Sam who are moving on to pastures new and we wish them well in their new roles. We welcome Shrene who joins us as our new Business Manager.

September brings the start of a new school year and we'd like to extend a very warm welcome to the children and families joining us this term. We hope everyone settles in quickly and encourage you to ask us if you have any questions.

Lucy Squires, ☎ 337484



VILLAGE CUPPA MORNINGS EVERY THURSDAY IN THE VILLAGE HALL 10.00 – 11.30

Just £1.00 per person pays for your cuppa and as many refills as you can drink including coffee, caffeine free, tea, fruit teas available - biscuits included in the price

Come down to the hall and meet up with friends and neighbours of all ages - Babies and children welcome!!

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Don't forget to drop off your empty blisters into the collection bucket in the porch of the village hall.

These will be taken to Superdrug in Banbury





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BARFORD MARKET BARFORD MARKET BARFORD MARKET BARFORD MARKET

Market help NEEDED

Can you spare a couple of hours each month?

After 12 years helping with the market and 10 of them managing it alone, Mariann will be retiring after the December Christmas market. So just 4 more markets to go unless someone out there steps up to help out!!

If you value this village event, then please give the following
some consideration.

The Village Market team needs a volunteer (or two) to receive booking requests and take over the general setting-up on the third Saturday morning, or Friday evening, of each month.

If you could take on this job, or would like to know more, please contact me asap

Mariann

01869 338570, 07979 344722, Mariann.young@btinternet.com

BARFORD VILAGE SHOW SCHEDULE – Saturday 10th September 2022

BARFORD VILAGE SHOW SCHEDULE		SATURDAY 10th SEPTEMBER 2022	
Vegetable & Produce Classes		Cut Flower Classes	
1	Three Beetroot, tops cut to 10cms (4ins) approx.	34	A vase of 6 Sweet Peas
2	Three Carrots, long, tops cut to 10cms (4ins) approx.	35	A Sunflower in a vase
3	Three Courgettes	36	Three Dahlias
4	Three Onions	37	Three Roses
5	Five Shallots	38	Four Fuchsia heads in water
6	Three Potatoes of one variety	39	Five Perennial flower stems from your garden
7	Three Runner Beans with stalks	40	Three Annual flower stems from your garden
8	Five French Beans with stalks	41	A Single Rose
9	Five Cherry Tomatoes	Crafts	
10	Three Round Tomatoes	(NB Crafts must not have been entered previously)	
11	Three Peppers or Chillies (same variety)	42	A Collage (any material eg. fabric, plastic, wood, metal)
12	A Pair of Vegetables (same variety) not in other classes	43	An Origami (folded paper) animal
13	Five Single Assorted Vegetables	44	A hand knitted or crocheted article
14	A Cucumber	45	A piece of needlecraft (embroidery, tapestry, patchwork, cross-stitch)
15	Three Apples of one variety, eating or cooking	46	You Made It, Let's See It (Handmade article not covered in other classes)
16	Dish of one variety of soft or stoned fruit	47	Drawing or Painting: any subject, any medium (mount/ frame optional)
17	Longest Runner Bean	Photography (unmounted)	
18	3 Eggs (same size and colour)	(13cm x 18cm or 5" x 7")	
Cookery Classes		48	A Close Up of an Insect
19	A Coffee and Walnut Cake	49	'The George'
20	Six Shortbread biscuits	50	A Wild Flower
21	Six Pieces of Flapjack	51	An Interesting Leaf
22	A Victoria Sponge, (Raspberry jam, no Cream)	Children's Classes	
23	A Lemon Drizzle Cake (Men only) Recipe in August B News	7 Years and Under (age to be marked on all entries)	
24	A Lemon Drizzle Cake (Ladies only) Recipe in August B News	52	A Colouring Picture (published in July's Barford News)
25	A Jar of Jam	53	4 Decorated Biscuits
26	A Jar of Marmalade	54	A Decorated Mask
27	A Jar of Chutney	55	A Lego House
28	A small pot of Lemon Curd	56	You Made It, Let's See It (Handmade article not covered in other classes)
29	A Homemade Alcoholic Beverage (small bottle)	8 - 15 Years (age to be marked on all entries)	
Flower Arranging Classes		57	A photograph (Any Subject, 13cm x 18cm or 5" x 7")
30	An arrangement using 5 blooms & any foliage	58	A Decorated Mask
31	A foliage arrangement	59	A Lemon Drizzle Cake (+ classes 23 & 24) Recipe in August B News
32	A miniature arrangement (10cms/4" overall)	60	A drawing or painting (any subject, any medium)
33	A 'Jubilee' Arrangement (accessories permitted)	61	You Made It, Let's See It (Handmade article not covered in other classes)



Banbury Foodbank

to help local people in crisis. Hunger remains a reality for many.

Please help by buying items from the list below and putting them in the box inside the porch of St Michael's church.

Cereals, tea/coffee, soup, tinned vegetables, pasta, tinned fruit, rice, biscuits, tinned tomatoes, pasta sauce, lentils, beans & pulses, uht milk, tinned meat, fruit juices

NON-PERISHABLE ITEMS ONLY, PLEASE

Many thanks

well, I never

9 totally fascinating,
mind-blowing facts about September

1. September's name is really quite inaccurate these days. It was originally the seventh month of the ancient Roman calendar, and as such is was named Septem, which translates into "the seventh month". It wasn't until 451 BC that the months of January and February were added to the calendar, making September the ninth month.
2. September also used to only have 29 days. Thanks to Julius Caesar's reform of the Roman calendar in 46 BC the month now has an additional day!
3. The Romans would quite often associate different months with different gods. The month of September is associated with Vulcan, the Roman god of fire, quite possibly because it was a fiery hot month back when it was the seventh month of the year.
4. In the year 1752, the British Empire skipped 11 days of September, between the 2nd and 14th. This was actually due to another calendar change, although this time it was when the British Empire changed from the Julian calendar to the Gregorian calendar.
5. Back in the days of the Anglo-Saxons September used to be called Gerst Monath, which translates into "barley month". It was given this name because it was the time of year that the barley crop was harvested, and it was a special time as they brewed a popular drink out of it.
6. The Anglo-Saxons had another name for September too, which was Haefest Monath. This is a particularly interesting one as this translates into harvest month, and our modern-day usage of the word harvest originates from this name!
7. September heralds the beginning of Fall in the northern hemisphere, with it officially commencing on the September equinox, which is usually between the 21st and the 23rd of the month. In the southern hemisphere, it's the opposite of course, with spring starting on the September equinox.
8. September 1, 1939, was a dark day for the world. It was on this day that Hitler invaded Poland, consequentially beginning World War II.
9. September 2, 1666, was a terrible time for the city of London. A raging fire broke out within the older section of the city, completely destroying all it touched within the ancient Roman walls. What's most surprising about this tragedy is that there were only 6 recorded deaths!

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	Ms. M. Appleby	07867 848881

Parish Council meetings are held Bi-monthly in the Village Hall on 1st Wednesday in the month at 7.30pm

This is an opportunity for parishioners to bring questions or concerns to the meeting in person

CDC website: www.cherwell-dc.gov.uk – Parish Council minutes at www.cherwell-local.com

ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

VILLAGE AND LOCAL EVENTS DIARY
Diary dates to the editor by 15th of each month please

CHURCH SERVICES
Church of England
SEPTEMBER

Sunday 4th - No Service

Sunday 11th - 9am Holy Communion St Michael

Sunday 18th - 10.30am Family service with Harvest Festival

Sunday 25th - 9am Holy Communion St John

Methodist Chapel

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Mr Robbie Pilkington ☎ 01295 811367

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Sunday – 11.00am Mass

Weekdays Normally 9.15am, can be subject to change

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Regular weekly/monthly events

Mondays	Beavers (Deddington) Boys Brigade band practice
Tuesdays	Guides (Deddington) Carpet bowls – Sept - Mar
Wednesdays	Brownies (Windmill – Deddington) 1 st week, Bi-monthly Parish Council 2 nd Week W.I. meeting
Thursdays	Boys Brigade (Deddington) Village Hall Post Office Open cuppa mornings Cubs (Deddington) Scouts (Deddington)
Fridays	Rainbows
Saturdays	Village Market 3 rd week (except January or August)

BARFORD NEWS

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