

BARFORD NEWS

JUNE 2022

www.barfordnews.co.uk

Price 50p where sold



THE GEORGE INN

Things are brewing at The George and to give everyone who has supported us so much from The Barfords, we will be putting all the happenings at The George in the Barford News every month.

Look out for our E-newsletter launching soon

Dates for JUNE at The George:

Freeway jam



**SUNDAY 5th June,
Jubilee Day,
Freeway Jam @ 9pm**

**MONDAY 13th June,
Pub Quiz hosted by Louis
@ 7pm**

PARISH COUNCIL NOTES

A meeting of the Parish Council took place at 7.30pm on 12th May 2022 at the Village Hall and was attended by Cllrs Turner (Chairman), Hobbs (Vice Chairman), Charman, Nolan, Lovell and Mr Best, (Parish Clerk and Responsible Financial Officer). No members of the public attended the meeting.

Minutes of the last meeting: It was agreed that the minutes of the meeting held on 6th April 2022 were a true and accurate record (unanimous).

Allotments:

A resident has requested to take over one of the two vacant allotments waiting list.

Parish Matters:

Election of Chairman, Vice Chairman and Responsible Financial Officer (RFO) – Cllr Turner was elected Chairman, Cllr Hobbs was elected Vice Chairman and Mr Best was elected RFO.

The Chairman welcomed the two new councillors: Maureen Nolan of Barford St. Michael and Tom Lovell of Barford St John.

Co-option of additional Councillor – Mr Chris Charman was elected as a member of the Parish Council. All Councillors signed Declarations of Acceptance of Office.

Queen's Platinum Jubilee Mugs – These have been purchased and will be given to children at the BBQ on Sunday 5th June.

Access to West Close for telephone box removal - A resident has applied for permission to take a crane into West Close to remove a telephone box from their garden. This was agreed unanimously.

The footpath from the end of Horn Hill – This appears to have been diverted. It was agreed that the clerk will report this to the Oxfordshire County Council footpaths officer.

Roadside Gulleys blocked – The gulleys at the side of the road down the hill into Barford St John have silted up and the verge is being eroded by the rainwater. There is a deep rut at the edge of the road and there are reports of tyres being damaged in it. It was agreed that the clerk will ask Oxfordshire County Council to clear the gulleys and fill the rut.

Planning:

21/04098/F – Letterbox cottage – replace single storey extension – Permission granted by CDC.

21/01121/F – 3 Robins Close - Extensions – PC supports.

Finance:

Payments - The Clerk gained approval for payments totalling £1,212.11 including £622.28 for mowing and £335.23 for Queen's Platinum Jubilee

mugs. The combined bank balances are £11,295.49 after the receipts and payments.

Exemption from External Audit – It was RESOLVED unanimously to claim exemption from the limited assurance review of the accounts by an external auditor as the income and expenditure were both below £25,000.

Next Meeting:

Parish Council Meeting - Thursday 6th July 2022 at 7.30pm in the Village Hall

Annual Parish Meeting – Wednesday 1st June 2022 at 7.30pm in the Village Hall. **Please note that this is a summary of the minutes from the meeting. The full minutes can be viewed in the Parish Council noticeboards or at www.thebarfordvillages.co.uk in the Parish Council meetings page.**



LIBRARY BOOKS TO YOUR DOOR

If you or someone you know are finding it difficult to get to the library, the Home Library Service can help!

Run by Oxfordshire County Council, the Home Library Service is completely free and delivers books and other library materials to hundreds of people across the county.

Friendly volunteers choose items you like and visit every three weeks to deliver and collect them.

The service is open to people who struggle to physically visit a library. It's also available on a short-term basis after illness or hospitalisation, and to people with caring responsibilities.

Registering is easy, simply call your local library or the Home Library Service on 01865 810259 or email

homelibraryservice@oxfordshire.gov.uk
www.oxfordshire.gov.uk/homelibraryservice



WILD FLOWERS IN THE BARFORD

By Margaret Murdin & Janet Payne



Lady's Smock : *cardamine pratensis*

Part of the brassica family, lady's smock flower heads are loosely organised in a similar way to oilseed rape for example. It is also known as Milkmaids, Fairy flower and cuckoo flower. It flowers between April and June, being known as cuckoo flower as it supposedly appeared at the same time as the cuckoo. There are always more of the flowers than cuckoos in the Barfords!

Lady's smock varies in colour from white to pale pinkish to pale mauve. I have seen mauve ones in the villages this year, in single plants or small colonies on damp roadsides usually up to a height of 30cm.

The leaves are supposed to resemble watercress when eaten but often seem too delicate and sparse for anyone but a really dedicated wild food gatherer. Cardamines are said to have a tonic effect in herbal medicine.

Lady's Smock is useful for both bumblebees and honey bees both of which are producing a lot of young at this time of year. Unlike wasp larvae which are carnivorous all bee larvae are herbivores so rely on a constant supply of pollen and nectar. There are two nectaries at the base of the flower which can be reached easily by all bees.



SARAH BEST

01-05-1959 - 02-05-2022

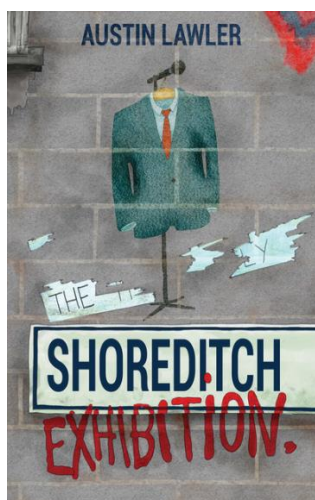


We were very saddened to hear of Sarah's death.

She was a kind, gentle and popular person who was much loved in both villages. Sarah will be greatly missed and fondly remembered by all who knew her.

Her Memorial Service will be on Friday, 17th June. Further details are still to be arranged.

AUSTIN LAWLER – Book Review



For those of us that knew Austin and spent many nights in The George enjoying his stories of travelling the world, producing and directing shows, then this is a must-read.

A cracking read, and I am sure that even though names have been changed, to protect the innocent, you may recognise some of the characters.



DEDDINGTON PRIMARY SCHOOL

We hope you all enjoyed your Easter break and May Day Bank Holiday.

We are certainly enjoying the current beautiful warm weather and being able to use so much more of our school grounds.

This term the Year 1 class is having tennis coaching on the school playground. We are grateful to Deddington Tennis Club for supporting the children as they develop appropriate basic tennis skills. Year 4 children are also receiving coaching but these sessions are taking place at The Windmill Centre. All children are loving the experience of this game.

Our Year 4 class is also looking forward to their school journey to Kingswood Residential Centre. The leaders there work in partnership with our staff to create an outdoor education and adventure programme, with fun, well-structured day time activities and evening sessions too. It promises to be a very exciting adventure for all to experience.

We are preparing for the Queen's Platinum Jubilee by planning a whole school celebration. Hopefully our entire community will be able to enjoy this incredible historical event. Let's hope the sun will shine for this too.

With best wishes from all of us here at Deddington Primary School.

Denise Welch



UKRAINE HUMANITARIAN APPEAL

THANK YOU

To all our village market stallholders and customers who generously donated a total of

£287.50

Which has been sent to the Appeal

Mariann

BLISTER PACKS RECYCLING PROGRAMME

Don't forget to drop off your empty blisters into the collection bucket in the porch of the village hall.

These will be taken to Superdrug in Banbury



BARFORD MARKET

**SATURDAY, 18TH JUNE
10.00 – 12.00 IN THE VILLAGE HALL**

Lovas Bakery from Hempton, with their delicious artisan breads

**Berrys Orchard from Deddington with a great selection of potted herbs,
Chives, Japanese parsley, Rosemary, Sweet Woodruff, Thyme, coriander**

Two Jolly Cooks – Freezer ready meals

**Plus an excellent range of local producers selling,
savouries, cakes, preserves.**

Hand knitted woollies and made-to-measure items.

Barford Environment Network – Offering refills of household products.

Shopping ordered from **Nothing But Footprints** is delivered to the market, free of charge!

Order online: www.refillnotlandfill.co.uk

**.....and for the birds we have seeds, mealworms,
sunflower hearts, fat balls**

bacon /bacon & egg/breakfast butties

TEA AND COFFEE SERVED ALL MORNING

TUESDAY LUNCH CLUB
14th June 2022
(One week earlier than usual)
12.30PM for 1PM

MENU

roast topside of beef
served with Yorkshire pudding, horseradish
sauce, roast potatoes and a selection of seasonal
vegetables

or

fish pie (salmon, cod and smoked haddock
topped with mashed potatoes)
served with garden peas and broccoli

desserts

rhubarb sponge and custard

or

raspberry and white chocolate cheesecake with
raspberry coulis
served with coffee or tea

Price £6.00

**As usual please bring your own drinks
to have with your meal**

Please ring Anne & Mick on 01869 337074 or
email mickpearson1@outlook.com

by Tuesday 7th June to book.

**Please Note: if you do not receive a reply to your
email, we haven't received it so
please call us.**

**WE REGRET WE ARE UNABLE TO CATER FOR ANYONE
WITH FOOD ALLERGIES**

PLEASE NOTE

**The hall will be well ventilated so please
wrap up warm if the weather turns cool.
In order to protect ourselves as much as
possible from the risk of Covid, we would
suggest we all, 1) use the hand gel in the
foyer on entering and leaving and 2) wear a
face mask in the hall until you are seated.**



VILLAGE CUPPA MORNINGS
EVERY THURSDAY IN THE VILLAGE HALL
10.00 – 11.30

**Just £1.00 per person pays for your cuppa and
as many refills as you can drink including
coffee, caffeine free, tea, fruit teas available -
biscuits included in the price**

**Come down to the hall and meet up with
friends and neighbours of all ages - Babies and
children welcome!!**



Banbury Foodbank

to help local people in crisis.

Hunger remains a reality for many.

Please help by buying items from the list
below and putting them in the box inside
the porch of St Michael's church.

Cereals, Tea/coffee, Soup, Tinned
vegetables, Pasta, Tinned fruit, Rice,
Biscuits, Tinned tomatoes, Pasta sauce,
Lentils, beans & pulses, UHT milk, Tinned
meat, Fruit juices

NON-PERISHABLE ITEMS ONLY, PLEASE

Many thanks

Congratulations

To

Tom and Lynsey Hancox

Who married in St. Michael's Church

On Saturday, 7th May



theWI
INSPIRING WOMEN

BRITISH PIERS

By Artist Janine Kilroe

My first love of piers probably stems back to my childhood of visiting relatives in Preston and been taken to Blackpool as a treat. They are associated with a fun time, family holidays, an escape from work and normal life etc. They are so typically British. "To promenade" its part of our language. I wanted to record them before they disappeared for ever.

Wednesday, 8th JUNE

in the Village Hall at 7.30pm

Visitors most welcome £5

Please contact Christine 338659

barfordwi@oxfordshirewi.co.uk

Congratulations

to

Simon Somerville

on the birth of his first grandchild

Isabella Rose Somerville

Born on 22.4.2022 weighing 6lb 5oz

Congratulations also to mum and dad

Holly and Harry



Wishing Isabella a long, happy and healthy life

DIARY DATE NOT TO BE MISSED BBQ & BAR

Village Hall Garden

Sunday 28th August

Locally sourced burgers & sausages
+ a selection of
delicious homemade salads





**BARFORD GREEN GARDEN CLUB -
PHOTOGRAPHY COMPETITION 2022**
closing date for entries: 30th September

Overall winner 2021: Nick Belson

Our judge is village resident **Ben Nicholson**. With more than 30 years professional experience, he specialises in homes and interiors, portraits, commercial and aerial photography. Ben will choose a winner and runner-up in each category, plus an overall winner and a special prize for the best under-16 entry.

You can enter photographs taken at any time. They can be taken on a phone or camera, in landscape or portrait format. You can enter up to three in each of the following categories:

1. Barford landscapes – in and around the village or on your local walks
2. Portrait of a gardener
3. Wild flowers, fruits or leaves in close-up
4. Sculpture or architectural detail – in any garden, park or other public space
5. Wildlife in the garden or countryside

TO ENTER: Send your photographs (digital only – no prints) as email attachments to Linda Newbery: L.newbery@btinternet.com. Linda will email confirmation, so if you don't hear from her please try again or phone 01869 337526 to check. Please be clear about which category or categories you're entering, and if the photographer is under 16, remember to add that.

As in previous years this is a fundraiser for Katharine House Hospice, so we're asking for donations. We suggest, as a minimum, 50p donation per entry, or £5 to enter up to three photographs in each of the five categories, i.e. 15 in all.

Donations can be made in cash in a marked envelope to one of the Committee, or by bank transfer to Barford Green Garden Club, Santander Bank, Sort Code: 09-01-54, Business A/C No: 86893286. Please give your name + Photography as the reference.

Happy photographing – we look forward to seeing your entries!



Deddington PFSU and Village Nursery - This term the Nursery children have been learning about the weather and the PFSU children have been finding out about the world around them. We have been on minibeast hunts and done lots of planting in the garden, and have closely observed caterpillars and tadpoles to see how they change. Ian Taylor visited us to take photographs of the children at play.

By the time you read this we will have held our Jubilee celebrations. We are anticipating party food, sparkly crowns, and lots of red, white and blue. Hopefully, we can make it a day that the children will remember!

Our Easter holiday clubs were a great success with the children enjoying lots of fun activities. We will be running again in the summer holidays from 25th to 29th July and 1st to 5th August, and you can book places now. The PFSU Sports Day will be on Friday 24th June. The races will be followed by a picnic in the PFSU garden and families are welcome to join us. We will be supporting Deddington Primary School Fete on Saturday 18th June with our ever-popular hook-a-duck stall. See you there!

Shepherds & Bakehouse Charity - Barford St John and St Michael

Charity Commission Registration No: 309173

Grants are made annually at the Trustees discretion for villagers over the age of 16 years who are undertaking educational or vocational courses. Applicants or their parents should be resident in the parish of Barford St John or St Michael for at least three years.

Applicants should be aware that there is a lifetime limit on the amount an individual can receive so a maximum of three grants can be given, Applicants should consider at what stage of their education a grant would be most beneficial.

Please give the following information on your application:-

1. Your full name, age, address and length of residence.
2. Full details of your course / qualification and where you are planning to study.
3. How you hope to use the grant.

Address your application to the clerk

carole.coppin@hotmail.co.uk

Applications must be received by 30th September

Saturday the 10th September - Barford Village Show

Have a Go in the Village show in September!! There are over 60 classes to choose from with something for everyone to try, so don't be shy!!



Home Grown Vegetables



Lemon Drizzle Cake
Men and Ladies



Sunflowers, Cut Flowers,
Arrangements



4 Photography Classes

Crafts -Drawing, painting,
sewing... whatever you
have made!!

10 Classes for Children
From Lego and Colouring
To Painting and Biscuit Baking

Don't let this lovely traditional show come to an end. Last year was difficult for everyone and we had very few entries in a lot of the classes. Let's come back with lots of enthusiasm this year and show everyone what we Barford folks can do!!



BARFORD GREEN GARDEN CLUB Notes from our Potting Shed – June 2022

Our Tribute to Sarah Best

We were devastated to hear of the recent loss of long-time Garden Club member, Sarah.

For many years Sarah hosted our Plant Swap at Street Farm in St John. It was traditionally held in the week of the Chelsea Flower Show, and we have happy memories of early summer evenings in Sarah and David's lovely garden and barn, with wisteria in flower, swifts wheeling low, the delicious food Sarah provided (brushing aside compliments) and the company and conversations - followed for most of us by a dusk walk back to St Michael with the plants we'd acquired.

Most years, Sarah took part in the Village Show flower arranging classes. If there was a Miniature class, she always won it with an exquisite arrangement of tiny blooms. She will be very sadly missed by her Garden Club friends, among many others.

We send our deepest condolences to husband David and their four children and their families

Club News: On Sunday 8 May various members attended Pettifers Garden in Wardington. Here's a report from Jean Thomas:

"Although I had read articles on the garden and looked at Pettifers website, nothing prepares you for the view as you walk through the stone arch into the garden and see for the first time the garden descending to the valley below, with views of the hills opposite. Absolutely breath taking!

The owner has resisted dividing the 1.5 acre garden into separate rooms (such as at Hidcote) but has used changes in levels to create different planting areas. The area nearest the house has wide borders with drifts of shade loving herbaceous perennials such as honesty (lunaria), bleeding heart (dicentra), lungwort (pulmonaria). The head gardener explained that although they were in full sun during the summer, as the garden faces north for most of the year they are in shade. Due to the deep soil built up by adding compost, they can tolerate the summer sun. A lesson in the importance of improving our heavy clay soil. She mentioned they have insufficient leaf mould since a number of trees were removed so she collects fallen leaves from the surrounding streets in autumn!

As the garden descends, sun loving perennials, most of which were not yet in flower, have been planted in

sweeping borders around a well maintained lawn. Steps lead to a wild grass plateau awash with buttercups and bluebells. The garden descends again to a box parterre planted with vibrant tulips. Beyond this is another wild grassy area and an orchard. The blossom on the crab apple trees was magnificent.

I can't wait to visit again in high summer when the sun loving perennials are in flower and to admire the views from benches strategically placed around the garden."

Queens Jubilee Celebrations: We'll be designing and arranging a floral display in the Church alongside other groups. Red, white and blue flowers will prevail of course! Do come along and have a look.

Seed Swap The seed swap is underway on the verge outside Trevor's house on Townsend. It's not essentially a swap, you can just give and/or you can just take seed away.

Annual Plant Swap By the time you read this, we'll have held our popular Plant Swap. It's a great way to pick up seedlings/cuttings and have a sociable chat and a drink with friends.

Horse manure for the garden: Kathryn Wheeler offers her ponies well rotted poo *and* the more recent variety, (works well as a compost activator) in return for a donation to Katharine House Hospice. Please contact her on kjwheeler18@gmail.com

Warning - Blandford Fly Several villagers have been bitten whilst gardening. Some can be very badly affected, so it might be a good idea to bone up on precautions and first aid.

Annual Photography Competition: See separate page in this issue.

Some jobs for June:

- Hoe borders regularly to keep down weeds.
- Position hanging baskets & containers outside.
- Mow lawns at least once a week.
- Plant out summer bedding.
- Stake tall or floppy plants.
- Prune many spring-flowering shrubs.
- Shade greenhouses to keep them cool and prevent scorch.

If you would like to join our Club, please contact Trevor on 338403, or email:

trevorstevens49@hotmail.com or Sue on 338900, email: sueandles45@hotmail.com

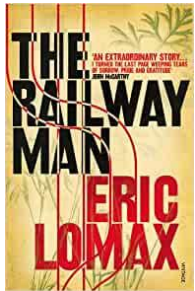


Spade & Fork

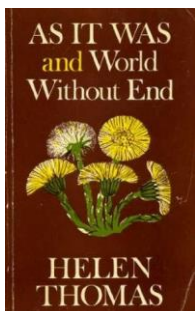
Reading recommendations from **BARFORD BOOKCHAT**



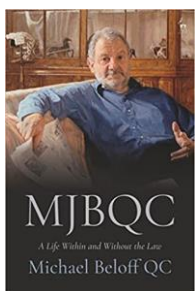
Winchelsea by Alex Preston attracted me because I love Rye and that stretch of the Sussex coast with its marshes, Martello towers, big sky and abundant wildlife. If you imagine **Moonfleet** crossed with **Gentleman Jack**, you'll have a fair idea of the ingredients: smuggling, seafaring, battles and betrayals, spiced by cross-dressing and sexual ambivalence. The story is mainly Goody Brown's, adopted daughter of a Winchelsea doctor; she becomes involved with the notorious Hawkhurst gang of smugglers, then heads north to support the 'King from Across the Sea' in the Jacobite rebellion before returning home to avenge family deaths. I have to say that it never quite gripped or convinced me, though it did make me want to return to **Moonfleet**, which captivated me as a teenager. **Linda Newbery**



The Railway Man by Eric Lomax. During the second world war, Lomax serves as a signals officer and is captured when the Japanese conquer Singapore. The guards' treatment of the Allied prisoners is appalling and many of the POWs die. When the prison authorities discover Lomax has drawn a detailed map of the Siam-Burma railroad, which the captives are being brutally forced to build, he endures intense questioning and torture, including being waterboarded. He is psychologically damaged by his treatment and, after the war, suffers from severe problems and is only able to discuss his experiences with other former prisoners of war. Eventually, with the support of his wife, he contacts one of his former Japanese interrogators. What happens next, in this autobiographical book, is a powerful example of redemption and forgiveness beyond most people's comprehension, including mine! **Paul Freeman**



As it Was and World Without End, by Helen Thomas: This autobiography of Helen's marriage to the poet Edward Thomas is a tempestuous, petulant narrative which reflects Edward's bipolarity (as we'd call it now) and its impact on his young wife and three children. With limited means, both adults have an affinity with the English countryside that sustains them through moves to various rented properties. Talented but unstable, Edward slowly develops from hack reviewer to accomplished poet and chronicler of his native countryside. Key events in this development are barely mentioned: the significance of American poet Robert Frost who saw Edward's talent and encouraged him to write poetry, for example. Though frank about her physical relationship with her husband (to Frost's disapproval) Helen's interest in his writing seems limited to whether he can pay their bills and how effectively he reads aloud to his children when at home. The account ends with Edward leaving to fight in WW1 – he died in action in 1917. **Trevor Arrowsmith**



MJBQC: A Life Within and Without the Law, Michael Beloff QC. When Beloff was appointed Senior Ordinary Appeal Judge in the Court of Appeal of Jersey and Guernsey, Charlie Falconer remarked that "there was nothing ordinary about MJBQC". Although Beloff was privately educated (Eton) then at Magdalen, Oxford, all four grandparents and his mother were immigrants. After a broad sweep of his career, he takes a thematic approach to topics such as sport, advocacy and judging. His Bar career straddled many fields: employment, commercial, public and sports. Finding that "Front row lifestyle (as QC) was outflanked by concomitant exhaustion", he returned to academe, where as President of Trinity he was beloved by students. His writing style is original and very funny. The book is an excellent guide to legal developments, and the penultimate chapter "Change or Decay" is really enlightening, divided into the Past, the Now and the Future. This extraordinary man spans so much in this extraordinary period. **John Bowers QC**

Book reviews are compiled by Linda Newbery. For a book recommendation every Monday, all by writers or independent booksellers, follow Writers Review: www.reviewsbywriters.blogspot.com

CHURCH MATTERS



The Christian holiday of **Pentecost** is celebrated on 5th June this year.

The Old Testament tells us that Pentecost was one of the Jewish feast days. The Jews would have known it as the Feast of Harvest or the Feast of weeks. Pentecost was the celebration of the beginning of the early weeks of harvest. In Palestine, there were two harvests each year. The early harvest came during the months of May and June; the final harvest came in the Autumn. Pentecost was the celebration of the beginning of the early wheat harvest, which meant that Pentecost always fell sometime during the middle of the month of May or sometimes in early June.



Why is Pentecost important?

The festival of Pentecost is still important to Christians today because it represents the beginning of the Christian Church. It reminds them how Jesus' promise that God would send the Holy Spirit was fulfilled.



Pentecost was the moment in history after Christ had ascended. And he had promised during the gospel narratives, during his earthly ministry, that he

would leave, but that he would send the comforter, he would send the holy spirit. And it was at that moment in Pentecost where the spirit came, and he empowered the early believers, specifically the apostles that were left. Peter was among the first to stand up in front of this throng, probably thousands, maybe tens of thousands of people to proclaim the gospel, there during a Hebrew

celebration that was intended to remind the Hebrews of how God had always protected them.

Peter says, "And let me tell you about the Messiah, who is the eternal protection for all of humanity. Let me tell you who he is." Pentecost becomes this marker in history to really what many people would say, "And that's the moment that church is born."



That is when thousands come into the faith. And it goes from this little sect of believers who followed a Jewish rabbi from Nazareth who died and rose again, and suddenly the church breaks forth into the culture. Suddenly it is that unstoppable force that no one can really deny any longer. Pentecost has taken on a new significance for us. It, at one point, is just a historical memory. Now it is the living reality of the moment that the spirit of God seemingly burst forth.



Flower Festival in *St Michael's Church*

Thursday 2nd - Sunday 5th June

The Church will be open daily between these dates for everyone to look at the displays created by members of the village organisations.

Sue Addison | Churchwarden



ENGLAND V INDIA TEST MATCH AT LORDS

In 2020 I was asked to score a test match at Lords, and as we know Covid put paid to that. I thought that I had missed the chance to score at Lords, but the manager of the Lords scoreboard called me in March 2021 to tell me that I could do the Indian test match. So, in the days before the match I spent the time getting train tickets, car park tickets and checking train times. My laptop had the up to date scoring system in place, pens, linear sheets, these are a single line scoring system, note book and binoculars.

I was up early on Thursday morning and feeling nervous, had breakfast and into Banbury to catch the 7.25 train to Marylebone which arrived on time, after about 15mins of leaving the station I found the ground, around the outside to the north entrance to pick up my pass. Had a security check, asked the way to the score box, found the lift and took it up to the score box and went through a door marked officials only. In the box where Andy Scarlet the manager, Poly Rhodes Somerset scorer

who scored for England and two others that changed every day, they operated the electric score boards and helped identify the players. I set up my lap top, downloaded the match and I was ready to start. The officials were announced and the scorers followed by the two teams who then took the field for the national anthems. England had won the toss and elected to field, the players went to their fielding positions only for the rain to start. After 30mins the match started and we were on our way, watch each ball and press the right button to input the result, dot or runs scored. After a couple of overs it was just like doing a game at Sandford St Martin, the only difference was the noise from the crowd. The first day flew by no sooner had we had lunch it was tea time and then close of play, we checked the scores etc, although the computers check with each other at the end of each over, closed the match and packed away and back to the station to catch the train home.

On the second day I arrived in plenty of time, so set up lap top and managed a look around the nursery end and at the stalls selling food, drink etc. The game started on time with India on 276 for 3, they lost a wicket on the 2nd ball followed by another on the 1st ball of the 2nd over so quiet a hectic start, by lunch they had reached 346 for 7. Eleven overs after lunch India were all out for 364, Jimmy Anderson taking 5 wickets. England at tea had reached 23 without loss off 14 overs, but this change in the 1st over after tea as they lost 2 wickets in 3 balls and by close of play had reached 119 for 3, we checked they we all agreed and shut down the lap top. We then waited for 30mins so that they could use the scoreboards to put up our names to have pictures taken.

Day three did not start to well as the train was delayed and we arrived at the ground just after 10.30, but we were still ready to start at 11. The day flew by and at the close of play we had a male streaker.

On day four the train took longer as it was a Sunday time table, still got there by 10am, set up and then time for a cup of coffee and a chat. After the tea as the Indian team took the field they looked surprised as they had been joined by someone dressed as a player who was soon escorted of the field and out of the ground.

Day five started on time with India batting, just after lunch they declared, so England had to bat out the rest of the day for a draw. It started badly as after 2 overs they had lost 2 wickets for 1 run, the wickets continued to fall and they lost the last wicket with 9 overs of the day remaining. I was in a win-win situation. I would have been pleased if England had won, but as Indian scorer my team won, I was lucky to do this game as it is something most scorers can only dream about.

Chris Cox, Broad Close

RUTH EVANS, High Street - Qualifier for the GB Age Group Sprint Triathlon Team

Since childhood I've dreamed of representing Great Britain at sport. Growing up it was always athletics in the Olympics, and I competed at county level into my late teens, but this dream faded when I got injured at university. Work and family then took centre-stage and in 2018, in my mid-40's, when looking for how to get my sense of 'self' back, I started swimming again to get in shape.

A school mum suggested I tried swimming with the local triathlon club, Team Cherwell, for a bit of coaching and camaraderie. They swim at Bloxham School pool during the winter months, and I met a great new community that welcomed me with open arms. After hearing lots of amazing stories of challenge and adventure in the changing rooms, I set on working up to completing a triathlon myself. My dad lent me his old road bike so that riding could commence (more comfortably after I'd got some proper padded cycling tights!). The next piece in the puzzle was running and no matter how slowly I jogged, my long-standing injury kept stopping me. I resolved to find a solution and after asking around in the changing rooms one name kept cropping up –Gisela Payne (who lives in Barford!). She correctly diagnosed the problem in my first session with her and treatment commenced. She worked her wonders (albeit painful ones) over the following months, and I was soon able to train consistently.



In May 2019, I competed in my first sprint triathlon at Stratford. This consisted of a 400m pool swim, a 20km bike leg, and a 5km run by the river. Nervous wasn't the word for it, but the event turned out to be a wonderful place to start, so friendly and encouraging, and it was amazing to see so many men and women of all shapes and sizes challenging themselves. Amazingly I won the 45-49 age-group, which was a bit of a shock!

The next challenge was open-water swimming as most triathlon sprint events include a 750m lake swim, and another school mum joined me to give it a go. One summer morning we ventured down to the beautiful Queensford Lake (Berinsfield) armed with our wetsuits and tow floats (brightly coloured inflatables on a belt that you pull

behind you as you swim so that you're visible in a big body of water to the safety team) and edged our way into the lake. Wow what an uplifting experience, and so many women....we loved it!.



My partner then secured a second-hand bike for me that was the right size and second and third triathlons incorporating lake swims swiftly followed. My first season was complete and I was hooked!

A turbo trainer (a contraption that holds your bike and offers some resistance for indoor training) was secured and training continued in earnest over the winter. 2020 dawned full of the promise of big improvements and despite COVID causing many events to be cancelled, I did manage a couple of events in late Summer. Being furloughed for over a year also helped with training time and the Team Cherwell coach started to work with me on a 121 basis to give my efforts more structure.



In 2021, I decided to feel the fear and tell those close to me that I was going to try and qualify for the GB Age Group Sprint Triathlon team. After some good results in bigger qualification events, I had everything crossed but by Xmas 2021 without any news on selection I readied myself for trying again this year.

And then, amazingly, in early 2022 I discovered that I had qualified for the team after all – the 45-49 aged team going to the World Sprint Triathlon Championships in Montreal, Canada in June 2022. Brilliant news, quickly tempered by the reality of the cost of such a far-flung event. After a bit of soul-searching, and lots of words of encouragement from friends, family, and my employer, I decided to go for it. Many of them rallied around and helped with the cost and so my tickets are booked, and the event is on Saturday 25th June. I don't know anyone else in the team just yet but hope I'll make lots of new friends and memories along the way.



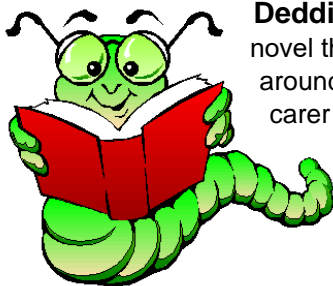
My GB kit arrived last week, and I was reduced to a giggling girl, but I really do need to take it off and wash it now!

Hopefully my story demonstrates that you don't need to give up on childhood dreams and that you can often achieve far more than you thought possible if you just 'begin'.



If anyone wants any further information, then please contact me at ruth-evans11@hotmail.com, or you can follow my story on instagram @ruth.eggy.evans

"Truly inspirational"Ed



Deddington Bookworms - This month another shortlisted Man Booker prize (2016) novel that didn't entertain most of the group. *Hot Milk* by Deborah Levy is a story based around a visit to Spain by Sofia and her mother. Sofia has begrudgingly become the carer for her mother who wants to find a reason for lack of mobility. Dr Gomez, almost written as a Bond villain, is out to prove any illness is either psychological or because of the array of medication. During the stay in Almeria Sofia meets a series of locals who she has relationships with, but it is during this time she realises she must fly the nest and rediscover her abandoned PhD in America.

Abandonment, duty, and fixations are all themes explored by the author and her writing style creates a vivid image of Sofia's life in the heat and dust of Almeria. This is an interesting read that isn't a huge tome, which suggests a good writer is at work spinning a strange and baffling story.

Our next book is *Home* by Yaa Gyasi.

Bookworms meet on the last Thursday of the month at 6.30 at the Holly Tree Club.

The June meeting will be on the 30th.

Janet Macey

BARFORD VILAGE SHOW SCHEDULE – Saturday 10th September 2022

BARFORD VILAGE SHOW SCHEDULE		SATURDAY 10th SEPTEMBER 2022	
Vegetable & Produce Classes		Cut Flower Classes	
1	Three Beetroot, tops cut to 10cms (4ins) approx.	34	A vase of 6 Sweet Peas
2	Three Carrots, long, tops cut to 10cms (4ins) approx.	35	A Sunflower in a vase
3	Three Courgettes	36	Three Dahlias
4	Three Onions	37	Three Roses
5	Five Shallots	38	Four Fuchsia heads in water
6	Three Potatoes of one variety	39	Five Perennial flower stems from your garden
7	Three Runner Beans with stalks	40	Three Annual flower stems from your garden
8	Five French Beans with stalks	41	A Single Rose
9	Five Cherry Tomatoes	Crafts	
10	Three Round Tomatoes	(NB Crafts must not have been entered previously)	
11	Three Peppers or Chillies (same variety)	42	A Collage (any material eg. fabric, plastic, wood, metal)
12	A Pair of Vegetables (same variety) not in other classes	43	An Origami (folded paper) animal
13	Five Single Assorted Vegetables	44	A hand knitted or crocheted article
14	A Cucumber	45	A piece of needlecraft (embroidery, tapestry, patchwork, cross-stitch)
15	Three Apples of one variety, eating or cooking	46	You Made It, Let's See It (Handmade article not covered in other classes)
16	Dish of one variety of soft or stoned fruit	47	Drawing or Painting: any subject, any medium (mount/ frame optional)
17	Longest Runner Bean	Photography (unmounted)	
18	3 Eggs (same size and colour)	(13cm x 18cm or 5" x 7")	
Cookery Classes		48	A Close Up of an Insect
19	A Coffee and Walnut Cake	49	'The George'
20	Six Shortbread biscuits	50	A Wild Flower
21	Six Pieces of Flapjack	51	An Interesting Leaf
22	A Victoria Sponge, (Raspberry jam, no Cream)	Children's Classes	
23	A Lemon Drizzle Cake (Men only) Recipe in August B News	7 Years and Under (age to be marked on all entries)	
24	A Lemon Drizzle Cake (Ladies only) Recipe in August B News	52	A Colouring Picture (published in July's Barford News)
25	A Jar of Jam	53	4 Decorated Biscuits
26	A Jar of Marmalade	54	A Decorated Mask
27	A Jar of Chutney	55	A Lego House
28	A small pot of Lemon Curd	56	You Made It, Let's See It (Handmade article not covered in other classes)
29	A Homemade Alcoholic Beverage (small bottle)	8 - 15 Years (age to be marked on all entries)	
Flower Arranging Classes		57	A photograph (Any Subject, 13cm x 18cm or 5" x 7")
30	An arrangement using 5 blooms & any foliage	58	A Decorated Mask
31	A foliage arrangement	59	A Lemon Drizzle Cake (+ classes 23 & 24) Recipe in August B News
32	A miniature arrangement (10cms/4" overall)	60	A drawing or painting (any subject, any medium)
33	A 'Jubilee' Arrangement (accessories permitted)	61	You Made It, Let's See It (Handmade article not covered in other classes)



Dear Ed,

I just wanted to personally thank the people of Barford St Michael for keeping our

beautiful village exactly what it is.

As some of you may know, my son and his now wife chose to marry here, and invited family and friends from far and wide to help celebrate this special occasion. Absolutely everyone who came, could not believe how beautiful this village is and I took great pride in showing some of them a few of the walks I have come across, especially since I have had my lovely four padded buddy with me, called Angus.

May I ask that you really take a good look at the area in which we live because it certainly never ceases to impress me even though I have been here for quite a number of years. Sometimes we are honoured to exist in such natural surroundings but do not actually see it, so go on.....have a closer look next time you are out for a walk, or sitting in the garden with an early morning cuppa. We really are very lucky.

I would also like to thank the village hall committee for running a fabulous venue for all sorts of occasions. We really had a vision of a typical English Spring Wedding and that is certainly what we enjoyed. I understand it takes commitment and patience to make this venue available for so many different requirements and it certainly provided all that we needed.

Once again, thank you

Kind regards,

Paula Hancox, Lower Street, Barford St Michael



As always in the summer term, our aim is to be out of doors as much as possible.

With this in mind we got straight into the term with a cook out, thanks to the Fenemore family for their hospitality.

We have welcomed 7 new guides this term and they soon all got involved in getting the fires going, aah, the smell of the woodsmoke. Sausages and beans were the order of the day, with experimental toast, most finished up like black floor tiles! But delicious toasted marshmallows were more successful.

Next we had a wonderful evening, thanks to Brian and Janet exploring the woods, climbing trees and building shelters. The guides were reluctant to stop although the light was fading and it was time to dismantle the shelters. It then proceeded to pour with rain!! We stayed under cover in the woods for the last 10 minutes. The Guides all gathered under one tree and entertained themselves singing their heads off..... that really was singing in the rain!!

We have many more adventures planned for the next few weeks.

Maggie Rampley ☎ 07957 600755

Marian Trinder ☎ 07786 001641



1st DEDDINGTON SCOUT GROUP

CubsWe're very busy planning a hike for Jamboree on the Trail a day when Scouts from all around the globe hike on the same day, report next month.

Paul Honess deddingtoncubs@gmail.com

ScoutsNow the evenings are getting lighter we are starting to venture outdoors, blinking in the spring sunshine & sniffing the air as if emerging from hibernation!

Navigation is our first topic, maps, compass & bearings studied in the hope they can get to the Coop & back, followed by symbols & contours. We tested their skills on a hike from Adderbury to Bodicote, a nice walk easily covered in a couple of hours. Next an evening in Daedas Wood, den building – we hope to be spending a lot of our evenings there. Three of the Scouts will be attempting our unsupported 24 hr challenge, walking to Horley & back with an overnight camp – update next month as to whether they all made it back.

Congratulations to all the Scouts who received their Chief Scouts Silver Award, a bit delayed by the dreaded Covid but well done all the same.

Pete Churchyard deddingtonscouts@gmail.com



GREEN THOUGHT OF THE MONTH



BARFORD ENVIRONMENT NETWORK is a friendly, informal group that looks for ways of greener living in our villages. To join or learn more, contact John O'Brien: john@lcmb.co.uk

See us at the market every month selling **SESI refills** – washing-up liquid, general-purpose cleaner and more. Also, zero-waste shopping from **Nothing But Footprints** is delivered to the market free of charge.

Ten ways to help fight the Climate Emergency

We can do our recycling and switch to energy-efficient light bulbs, but what are the most effective steps we can take as individuals? This month's feature is adapted from an article by **UNEP (United Nations Environment Programme)**.

1. **Spread the word:** encourage friends, family and colleagues to reduce their carbon pollution. Join a global movement like **Greenpeace** or the UN's #ActNow campaign on climate change and sustainability.

2. **Keep up political pressure:** lobby local councillors, government and our Victoria Prentis. Parliament, our District and County Councils have declared Emergency – let's demand that **all** their policies and decisions reflect this.



MP,
a Climate

3. **Transform your transport:** difficult in a village with no bus service, but produces a quarter of all greenhouse gas emissions. Can you cut down on journeys, or share them? Could a car-pool be an option for the Barfords? When you next change your car, choose electric if you can. Cut down on flying, or – even better – take a Flight Free Pledge.

4. **Reduce your power use:** if you can, switch from oil to air-source heating and a green electricity provider. Install solar panels on your roof. Turn your heating down a degree or two, take shorter showers and insulate your loft or roof.

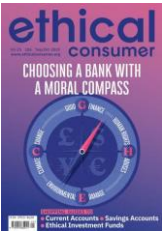
5. **Cut down meat and dairy:** animal agriculture accounts for 14.5% of global emissions. Eat less meat and dairy - The **National Food Strategy** recommends a reduction of at least 30%. Encourage your workplace, school or university to provide plant-based choices and commit to one or more completely meat-free days each week. Or you could go farther: an Oxford University study found that the **biggest single impact you can make** is to go vegan.

6. **Shop locally and buy seasonally:** this helps farms and small businesses in our area and reduces emissions from transport and storage.

7. **Don't waste food:** a third of all food produced is lost or wasted! Globally that's a billion tonnes of food each year, accounting for 8-10 per cent of global emissions. Avoid waste by buying only what you need. Store food correctly, be creative with leftovers and compost inedible remnants for your garden.

8. **Dress sustainably:** throwaway 'fast fashion' sees clothes quickly end up in landfills. Buy fewer new items and wear them for longer. Seek out sustainable labels. Recycle and repair old garments.

9. **Plant trees:** deforestation accounts for roughly a quarter of global greenhouse gas emissions. In the face of this enormous destruction our individual actions may seem hopeless, but as an attempt to counter this we can plant trees, either individually or as part of **Banbury Trees** or an organisation such as **The Woodland Trust**.



10. **Invest ethically:** spur change through your savings and investments – choose financial institutions that don’t invest in carbon-polluting industries. **Ethical Consumer** magazine and website has advice on this. Check your bank, too – many (eg **Barclays** and **HSBC**) **still invest in fossil fuels** but others, like Triodos, definitely don’t.

Green Thought of the Month is compiled and edited by Linda Newbery. If you have a green idea to share, please contact L.newbery@btinternet.com



grubadvisor

review by Lucy Norman, Carol Hopkins & Nick & Caroline Belson

Where did you eat? The Joiners Arms, Bloxham

Cuisine? A bit of everything really

RATINGS	
Food	★★★★★
Service	★★★★★
Value	★★★★★
Atmosphere	★★★★★

COMMENTS:

CAROL: Great food selection available with affordable prices and good service. Just loved the relaxed ambience of the place, attention to detail on the updated decor with special consideration for some original features incorporated in the new extension. Very comfortable seating and the tables were well spaced out. Good outside seating space with plenty of parking. I’m still trying to work out where I could put one of the lovely chandeliers with the most amazing lightbulbs in our bungalow 😊. Looking forward to a return visit.

LUCY: absolutely agree with Carol, it was great. And the nice bit was that nobody rushed you out. We got there at 1pm and didn’t leave till 4pm. My fellow diners and I highly recommend the steak, salmon, the steak and port pie, hash brown and chorizo starter, monkfish goujons, cheesecake etc., etc

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Offers the ideal venue for your events.
A large room for up to 100 people.
Hi-Speed Broadband, audio/projection equipment
and loop system
Well equipped kitchen with cookers, freezer and
fridge, crockery and cutlery for 80
** bar area **
baby-changing equipment and disabled facilities.
Bi-fold doors opening to secure garden with
toddlers play equipment and space for a marquee
and gazebos
Suitable for parties, meetings, clubs, film shows,
cuppa mornings, dances, demos, etc.

Details of rates from the booking secretary –
Jess Romain on 01869 338 772
Any day before 8pm

Barford St. John and St. Michael Parish Council

Clerk: - David Best
Street Farm
Barford St. John
OX15 0PR
01295 720566
davidbest.barfordspc@gmail.com

Chairman:	Mrs. S. Turner	01869 337228
Vice Chairman:	Dr R. Hobbs	01869 338078
Councillors:	Mr. C. Charman	07796 544363
	Mr R Cox	01869 337736
	Mr. T. Lovell	07760 162593
	Ms. M. Nolan	07867 848881

Parish Council meetings are held Bi-monthly in the Village Hall on 1st Wednesday in the month at 7.30pm

This is an opportunity for parishioners to bring questions or concerns to the meeting in person

CDC website: www.cherwell-dc.gov.uk – Parish Council minutes at www.cherwell-local.com

ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

VILLAGE AND LOCAL EVENTS DIARY
Diary dates to the editor by 15th of each month please

CHURCH SERVICES

Church of England

JUNE

5th June 10.30am a service to celebrate the Queen's Platinum Jubilee conducted by Canon Christopher Hall.
12th June 9am Holy Communion St Michael's
19th June 10.30am Family Service St Michael's
26th June 9am Holy Communion St John's

Methodist Chapel

For details of services contact:
Mr Robbie Pilkington ☎ 01295 811367

Roman Catholic

Holy Trinity Catholic Church,
26 London Road, Chipping Norton, OX5 5AX
Phone: 01608 642703
Parish Priest: Father Tony Joyce
Email: holytrinityrcchippy@gmail.com
On Call: Rev. Deacon Robert Hughes
Tel: 01295 720869
Mobile: 07766 711984

Masses:

Saturday - 6pm Vigil Mass
Sunday – 11.00am Mass
Weekdays Normally 9.15am, can be subject to change

Police contact numbers

In an emergency call 999

Non-emergencies call 101

Textphone 18000

Banbury office 01295 754 541

Thames Valley Crime-stoppers

0800 555 111



Regular weekly/monthly events

Mondays	Beavers (Deddington) Boys Brigade band practice
Tuesdays	Guides (Deddington) Carpet bowls – Sept - Mar
Wednesdays	Brownies (Windmill – Deddington) 1 st week, Bi-monthly Parish Council 2 nd Week W.I. meeting
Thursdays	Boys Brigade (Deddington) Village Hall Post Office Open cuppa mornings Cubs (Deddington) Scouts (Deddington)
Fridays	Rainbows
Saturdays	Village Market 3 rd week (except January or August)

DIARY DATES

JUNE

1st Parish Council Annual Meeting
2nd- 5th Flower Festival, St Michael's
5th PLATINUM JUBILEE STREET PARTY
8th WI – British Piers, Village Hall
13th Quiz at The George
14th Tuesday Lunch Club, Village Hall
18th Village Market

JULY

6th Parish Council Meeting

BARFORD NEWS

Copy deadline 15th of each month

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