





There is a defibrillator installed on the outside of the Village Hall, just round to the side on the left of the entrance door. If you need to use it to save a life, first ring 999 and you will be given the code to open the cabinet and an ambulance will be dispatched. Commence CPR as soon as possible, follow the instructions with the defibrillator and deliver the shock. If there are two people present one should make the phone call, the other commence CPR. The equipment is totally

safe to use, even for untrained people, it gives very clear verbal instructions on what to do in an emergency and will only deliver a shock to the patient if it is necessary.

#### DO NOT DELAY - TIME IS OF THE ESSENCE

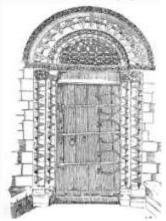
There are some very good short videos available on YouTube explaining how Defibrillators work and how to use them.

https://youtu.be/bMDLU5ma3f0 (Click the BLAAI DEUR YOUTUBE button. (The video is in English)

https://www.youtube.com/watch?v=H4FjPn48aG0 https://www.youtube.com/watch?v=UFvL7wTFzl0

St Michael's Church Restoration Appeal
For over a thousand years, our village church has stood for all to
see, a spiritual and physical beacon.
It is now at serious risk and desperately needs your help.

### An appeal has been started to raise £300,000



The Project

- 1) Replace Nave and Chancel Roofs
- 2) Replace gutters and downpipes
- 3) Repoint
- 4) Install underground drainage
- 5) Install Kitchen and toilet facilities

Full details of how you can help will appear in the March Barford News

#### **PARISH COUNCIL NOTES**

A meeting of the Parish Council took place at 7.30pm on 3<sup>rd</sup> January 2024 in the Village Hall and was attended by Cllrs Sandi Turner (Chairman), Rodney Hobbs, Anita Deane, Chris Charman, District Councillor Bryn Williams and David Best, (Parish Clerk and Responsible Financial Officer). No members of the public attended the meeting.

**Minutes of the last meeting:** It was agreed that the minutes of the meeting held on 1<sup>st</sup> November 2023 were a true and accurate record (unanimous).

**Public Participation: None** 

#### **Parish Matters:**

**20mph speed limit –** The clerk carried out a survey of residents at the Barford Christmas Market in December on whether they wanted a 20mph speed limit in the Barfords. 40 residents responded to the survey. 78% of residents were in favour of implementing a 20mph limit and 22% were opposed. This information was given to OCC and it is anticipated that the lower speed limit will be introduced later this year.

**Grass cutting contract** – Thomas Fox Landscaping and Maintenance have advised of a 5% increase in the cost of cutting the grass. This was agreed unanimously.

Christmas tree lights – The lights in the tree on The Green were switched on at the beginning of December but unfortunately some of the sections of the LED lights were not working. They were left on but the remaining lights started flashing and so they were turned off. It was agreed that the lights will be taken out of the tree, investigated and new lights purchased if they cannot be repaired.

Road Improvements following the death of Harry Dunn at Croughton – The government produced a report with recommendations on road improvements which it provided to OCC Highways but no improvements have been implemented. It was agreed that a letter would be sent to the government and OCC Highways asking when the improvements will be implemented.

**Hedge by the bridge** – This is growing into the road and forcing traffic going towards the bridge from Barford St Michael into the path of oncoming traffic. It was agreed that the clerk would report this to OCC Highways.

Missing footpath sign – It was reported that the sign is missing to footpath 121/13 which runs from the start of Netherworton Road past Spring Hill Farm to Iron Down Farm. This will be investigated and reported by the clerk.

Path from Bloxham Road to Barford St John Church – It was reported that there is a locked gate along this path however it is not a public footpath.

Map of footpaths in the parish – It was agreed that a map of footpaths will be displayed in the parish council noticeboard by the village hall. Residents can view the OCC interactive map of footpaths in Oxfordshire at:

https://www.oxfordshire.gov.uk/residents/environment-and-planning/countryside/countryside-access/access-maps

Please be aware that it is slow to respond.

**Defibrillator Training** – Cllr Rodney Hobbs will organise defibrillator training and provide a link to an online training video to village groups.

**Bridge Repairs** – No further updates have been received so it was agreed that the clerk would write to OCC Highways for an update.

**District Councillors Report from Bryn Williams:** This is published separately in the Barford News. Bryn Williams is standing down as a District 'Councillor in May.

**County Councillors Report from Arah Fatmian:** A printed copy of this is in the Parish Council Noticeboard by the village Hall.

#### Planning:

23/01836/F - 2-4 Mead Road - Rebuild conservatory - CDC permitted 2/12/2023 23/03370/F - Buckinghams Cottage - Extension - The Parish Council objected to this.

#### Finance:

**Payments** - The Clerk gained approval for payments totalling £302.62. The year to date accounts had been circulated prior to the meeting. Income and expenditure is on budget

#### **Next Meeting:**

**Parish Council Meeting** – Wednesday 28<sup>th</sup> February 2024 at 7.30pm in the Village Hall

Please note that this is a summary of the minutes from the meeting. The full minutes can be viewed in the Parish Council noticeboards or at <a href="https://www.thebarfordvillages.co.uk">www.thebarfordvillages.co.uk</a> in the Parish Council meetings page.

#### AUCTION OF PROMISES



ST MICHAEL'S CHURCH APPEAL at The George Inn starting at 7.0pm

We already have many TOP Auction Lots, but need more and there will also be a 'Silent Auction' for smaller lots.

If you feel you can pledge something, large or small, please contact Christopher Murray on 07778 664067 or murraychris47@btinternet.com

ANYTHING LEGAL CONSIDERED!!
HOPING TO SEE YOU THERE, FOR AN EVENING
OF FUN WITH YOUR FRIENDS.

The Auction will be taken by a **top London Auctioneer**, formerly at Christies, but also used to auctioning vegetables!

MAKE A NOTE OF THE DATE and WATCH THIS SPACE



Back again, after our Christmas Break
SATURDAY 17TH FEBRUARY
10.00 – 12.00 IN THE VILLAGE HALL

Artisan breads from Cotswold Bakery
Meat and dairy Items from butcher Gordon Wrighton

<u>Plus</u> an excellent range of local producers selling, savouries, cakes, preserves, hand knitted woollies and made-to-measure items, greetings cards, locally grown plants

.....and for the birds we have seeds, mealworms, sunflower hearts, fat balls

bacon /bacon & egg/breakfast butties at bargain prices!!

#### Continued from FRONT PAGE

**DEFIBRILLATOR**....In the event of someone suffering a cardiac arrest time is critical, the chances of survival drop dramatically after just a few minutes. The defibrillator sends an electric pulse or shock to the heart to restore a normal heartbeat. They are used to prevent or correct an arrhythmia, an uneven heartbeat that may be too fast, too slow or irregular. In these cases defibrillators can help to reset the heart into a normal rhythm.

Automated external defibrillators (AEDs) such as ours, are now found in many public spaces, and have been used to save the lives of many people experiencing cardiac arrest. These are located in locked cabinets and it is important to call 999 first to get help on the way and to get the unlock code which will be supplied by the 999 call handler. (Note: Ours is in an unlocked cabinet) Full details of where to attach adhesive pads are given, the device analyses the heart's rhythm and, if it is safe and appropriate to do so, delivers an electric shock through pads aimed at restoring the normal heart rhythm. Spoken instructions are given to guide the user throughout the procedure.

Even untrained bystanders can use these devices safely. There is nothing to be afraid of and it's better to use the device than do nothing and watch the patient die.

In the event of someone suffering a cardiac arrest first call 999, remove the device from the case, and follow the instructions. It is fully portable and full details are given as to where to place the pads and how to operate the device. If there is any delay in using the AED it is important to commence CPR until it can be used. CPR (chest compressions) maintains the supply of oxygenated blood to the brain and other major organs whilst the heart is not beating.

The defibrillator will only deliver a shock when it detects an arrhythmia that can be corrected.

We will be arranging CPR and AED training sessions which we hope a high percentage of village residents will come along to. There are also videos on YouTube (see front page) and more details will follow in due course.

Longer term we would like to install 2 more devices, one in Townsend and the other in Barford St John. The challenge with these is providing an electrical supply to the cabinet to keep it heated and charged and ready to use. Solar or wind operated posts are available but they are not a perfect solution and can be targets for vandals. They also increase the cost dramatically. When (if) we find a workable solution we will look at organising a fund raising effort to get them installed.

We hope the device will never need to be used but having it available is an insurance policy we need to have.

If you have any questions I will do my best to answer them.

Rodney Hobbs 201869 338078



#### **District Councillor Update**

#### 03/01/24 Barford PC

Happy New Year to you all, I'd like to thank everyone for their support throughout the past year, I regard it as a privilege to represent the parish and its residents and hopefully I've made a difference to one or more through my efforts at CDC.

My inbox last year mainly consisted of planning queries and complaints as well as a fair share of concerns about speeding through our villages. This affects me as much as anyone, but I do advise residents to contact Arash and the County Council Highways Dept or Thames Valley Police as they are ultimately responsible. CDC made considerable progress in 2023 creating 'Warm Spaces' within communities and extending financial support to those and to foodbanks in the district.

As some of you may know our current CEO, Yvonne Rees is leaving CDC and a new incoming one has been appointed by the Personnel Committee and ratified by the Executive, his name is Gordon Stewart and he'll begin his tenure on January 8<sup>th</sup>, 2024. He is a former chief operating officer of the Institute of Cancer Research and registrar and secretary of the University of Plymouth, where he was responsible for professional services and governance.

A long list of candidates was agreed by the authority's four party leaders in October and interviews were held on 20 and 27 November 2023. Gordon Stewart has a range of experience in senior leadership in complex delivery environments across industry, the public sector and the higher education and charity sector."

His most recent role was at the Institute of Cancer Research from 2020 until earlier this year. He has also served as a governor for London's Royal Marsden NHS Foundation Trust.

He was the executive director for corporate services at the Science and Technology Facilities Council between 2012 and 2017.

Household Support Funding – we are allocating Round 4 of this funding to support the cost-of-living initiatives. There is money available to extend the current food voucher scheme. This will continue to be shared between those who refer residents to CDC (Banbury -Mosque/Trussell Trust Foodbanks, Bicester Foodbank, Kidlington – Cherwell Collective and North Oxon Foodbank). The food vouchers will increase from £50 to £75, with the new vouchers also now available if people previously received a £50 one.

Following consultation with partners, we have set up a new Household Support Fund Equipment Grant. Community groups can apply for up to £5,000 to purchase equipment for residents to receive free air fryers, kettles, toasters, blankets, etc.

Information will be shared widely eg. the Warm Welcome network, foodbanks, etc.

**Interactive warm spaces map** - forging strong local partnerships and signposting people to crucial advice and support is essential. As part of this work, a new interactive warm spaces map is one of our latest innovations.

The district has nearly 50 warm spaces, allowing people to make friends and escape the cold. They are also essential sources of information about the cost of living support. If you are in contact with residents you think might benefit from a warm space, direct them to the <a href="map">map</a>. Our main <a href="Cost of Living webpage">Cost of Living webpage</a> also includes the link. You can read more about this initiative <a href="here">here</a>.

**Garden waste renewals go live -** current garden waste subscriptions for 2023/24 end soon, and our residents can renew or sign up from December 4<sup>th</sup> 2023, to ensure they are ready for the 2024/25 subscription year.

Our green-fingered residents can apply for an annual subscription licence of £49 per brown bin, covering them for a fixed calendar year from 1 March 2024 to 28 February 2025, regardless of when they subscribe. People can find out more about our recycling services and purchase a garden waste subscription at <a href="cherwell.gov.uk/Recycling">cherwell.gov.uk/Recycling</a>

Relocation of CDC HQ - At December's Full Council meeting we were informed that the transition to the new HQ at Castle Quay is a minimum of 12 months away as repurposing works are required at the new facility. I also enquired with the Leader and relevant dept's regarding onsite parking for officers, members and visiting members of the public. I was reassured that there is sufficient parking available, but no details were forthcoming at Monday's meeting.

Motions - At the same meeting, four Motions were passed, a Solar Energy Strategy, to increase our renewable energy production within the district. Period Poverty, to investigate and report back on the number of accessible locations across the Council's estate where free sanitary products can feasibly and sensitively be provided and recommendations on implementation. Section 21 Notices, abolish Section 21 Notices and include this as part of its Private Renters Reform Bill. Service Hubs, investigate the feasibility of creating service hubs within our localities and what they can usefully provide, including considering best practice from other local authorities. The development of Libraries was suggested to include ATM's and Banking facilities as so many local bank branches are being closed.

Bryn Williams, Cherwell District Councillor Deddington Ward

THE NERVE CENTRE of BARFORD NEWS. Ever wondered how your Barford News begins its life each and every month? Probably not, but I had a spare ½ page to fill....so, if Bletchley Park can share its secrets then so can we.....

I receive your emails, this is usually between 30 to 40 each month, and try to respond to them as quickly as possible, *(Picture 1 + Angus making my breakfast*). From these emails I then make the content into either an advert or article, adding logos, photos or pictures, something a bit more eye-catching.





(PICTURE 1 - left)

(PICTURE 2 - above)

And then it is the laying out, (*Picture 2*), which can take quite a while as I always try to be aware of not putting anything sad next to something more light-hearted. If somebody requests the front page, it is done on whatever is happening in the village that month BBQ, Barford Show or on a first-ask basis. I then try and put all of the villagy bits, for example the village market, village notices etc., on the facing pages (odd numbers) so they are more visable. It's then stapled up and I begin to put it together. It's then email to our two proofreaders, Mariann & Cathy. Believe me, they don't miss a thing, I have yet, after 7 years, to have a 'typo free' month. Once all signed off, it gets emailed to Lewis Bullard at Banbury Litho for printing. I order 270 copies, usually in black but sometimes colour if Caroline, The Treasuer, says we can afford it. The printing process takes about 2-4 days so 'Young Biffy' as the team affectionately refer to him, has to be uploaded on the final full week of the month, in order to get him back before the month ends.

Please see next month's edition showing you how it gets from 'printer to doorstep'.....fascinating stuff.





Hi there, I am Sophie, a smallanimal Vet living in Barford St Michael. I'm here to answer your pet-related vet questions!

So, drop me an email to sophie.hanmer@btinternet.com and I'll do my best to answer them and some of them might end up in Barford News.

# A TRADITIONAL FAMILY PANTO performed by the DEDDINGTON PLAYERS

The Deddington Players have been putting on pantomimes since 1993, with only one year off in 2021 due to Covid They have probably performed every panto you could think of, including Aladdin, Cinderella and Jack & The Beanstalk.

We went this year as Emmie, our God-daughter was performing, playing a Wolf and a Chef, her mum, Karen, played the back-end of Tornado the Horse, a role she was born to play, and Karen's hubby and Deddington Fire-Fighter, Adam, was the Town Crier and it was a riot. The 35(ish) cast members all excelled themselves, they were brilliant and you could see and feel that they were really enjoying themselves up there, especially the Panto Dames, Bettie and Mrs Juggs who delivered more double entendre and you could wave a stick at, ooooh saucy....

Thank you to everyone who took part, it takes a lot of bottle to get up there, I couldn't do it....!!

Lucy Norman, Editor



#### BARFORD GREEN GARDEN CLUB Notes from our Potting Shed – Feb 2024



"Every gardener knows that under the cloak of winter lies a miracle ...... a seed waiting to sprout, a bulb opening to the light, a bud straining to unfurl. And the anticipation nurtures our dream."

Barbara Winkler

Despite the very cold snap when writing this article (in mid January), there are signs of Spring approaching with many bulbs appearing. From time to time we have muntjac deer roaming through our Barford garden and last week not one but two appeared together which was lovely to see. Thankfully they don't dig up the flowers or lawn but have a favoured track starting in the back garden, around the side, through the front and across the road where they disappear into a large field.

There's plenty to do indoors this month to prepare for the season ahead. Outdoors, as the garden comes to life again, it's time to prune shrubs and climbers (see Jobs for February) and we've a lot to report on future activities too!

#### Our AGM (or an AGM of sorts!)

Monday 26 February, 7.30pm, village hall. We hope to welcome as many of you as possible. Sadly, we're still without a Chairman so if you've a burning desire to help us, please get in touch with Sue Lane asap! Members will receive relevant paperwork by email prior to the meeting.

The (In)famous five! Hurrah! We've a new member joining our Committee in March. Club member, Kathryn Wheeler, has offered to join us and we're very grateful as this will mean we're now five - Jean Thomas, (Treasurer), Sue Lane, (Secretary), Janet Morris, Jess Romain and Kathryn.

**Talk on Monday 18 March, 7.30pm** We're looking forward to welcoming Dr David Edwards who lives at Claridge's Barn near Chipping Norton.

He and his wife have spent many years lovingly working and improving their delightful 3.5 acre garden and he will talk about this and other local gardens which open for the NGS. It should be very interesting and costs just £5 each (guests £6). Despite costs increasing over the last year, we're holding our entrance fee at £5 to cover speaker costs and refreshments. (Guests £6).

Later in the year, on Monday 3 June, we'll be visiting Dr Edwards' garden, so do put these dates in your diary!

Annual Seed Order: Once again, Rodney Hobbs has kindly organised this and advised receipt to those who've ordered. He's happy to co-ordinate a further order at the end of January if there's demand, so if you're interested, please contact Rodney as soon as possible by email: <a href="mailto:rshpersonal@gmail.com">rshpersonal@gmail.com</a> or 01869 338078. We have to get a minimum of £50 (catalogue value) to get the 50% discount.

#### Here are some jobs for February:

- Prepare vegetable seed beds and sow some vegetables under cover.
- Protect blossom on apricots, nectarines and peaches. Most top fruit and soft fruit are very hardy but once they start into growth in Spring, flowers and buds are especially vulnerable to frost and may need protection to crop well.
- Chit potato tubers. It's important with earlies and a good idea with maincrops, to 'chit' the seed potatoes before planting. This means allowing them to start sprouting shoots.
- Net fruit and vegetable crops to keep the birds off
- Prune winter flowering shrubs that have finished flowering.
- Divide bulbs such as snowdrops.
- Prune wisteria.
- Prune hardy evergreen hedges and renovate overgrown deciduous hedges.
- Cut back deciduous grasses left uncut over winter and remove dead grass from evergreen grasses.

If you would like to run our Club or join our Club, please contact Sue Lane on 338900, email: <a href="mailto:sueandles45@hotmail.com">sueandles45@hotmail.com</a>. We wish you as many happy gardening hours as our cold weather will allow during February and let's hope we don't get any snow!

Spade and Fork



# A Talk entitled THE HISTORY & CUSTOMS OF ST VALENTINE By Moira Byast



St Valentine has been celebrated since Roman times and many old English customs have been added to the Roman story.

Valentine's Day is now a day of celebrating friendships, partners, and love in all its forms.

Join us to hear more of the fascinating story.

Wednesday, 14th February in the Village Hall at 7.30pm All visitors very welcome (£5)

for more information please contact Christine 338659

barfordwi@oxforshirewi.co.uk





We welcomed in the New Year with our first meeting of fun, exciting and noisy games. It was great to be back with friends again.

We had a rethink about our Patrol activitiesalways good to challenge ourselves to branch out into something a little bit different. Plans are underway for an interesting and varied programme for this term.

Lastly "well done" and thank you to Connie for coming to help with the Wardington House Nursing Home Christmas party.

We'll keep you up to date here with all our news.

Any girls 10 or over are very welcome to come along and see what we get up to.

Maggie Rampley 07957 600755



to lovely ex-Barfordian Gentleman who donated £5 to Barford News, very kind of you.

**Lucy & The Team** 

#### A letter to Barford from East London via Banbury

My name is John Whitwell and this short letter comes over as a 'thank you' to the 'Barford News' and Cubby Brett who kindly delivers it to me in Banbury each month.

I am a retired Anglican priest who hails from East London and I ministered in Stepney, Chingford, Walthamstow and Manor Park.

My connection to the Barford's is that 60 years ago I married Anne Lovell as she was then, Anne was the daughter of Tom and Mary Lovell and she grew up in Street Farm at Barford St John. I met Anne when she was completing her medical training as a Doctor at the Royal Free Hospital in London.

We had three children – Chris, Tim and Rosie and each Summer we would come to Barford for part of our Summer holiday. This, as can be imagined was a very pleasant change from our urban life in London. One of the highlights was taking a rubber dinghy on the River Swere and almost creating the delights of 'Wind in the Willows'! Fifty years ago the Barfords were somewhat different from today – there was cricket on the field near Manor Farm, a Post Office on the main Barford Road and Sid the Grocer in the village.

On retirement Anne and I had to find a new home and North Oxfordshire was an attraction so we set up home in Banbury – Bath Road where we have lived for 24 years. Anne sadly died of Alzheimer's 5 years ago but in our retirement we have spent these years very happily and discussed with interest much about the farm work of the Lovell family at Little Barford and more recently the rejuvenation of the Little Barford Mill.

Going to Banbury in retirement, Anne met up with members of her family including her brother Fred and family and also cousins – The Bradshaw's, The Abbot's, The Cherry's and the Tristrian's. In her early school days she attended 'Miss Bromley's School" in Banbury and also Rinaby School in Dashwood Road, Banbury. Returning to these parts lead to meeting up with old school friends.

My clerical links led to me in retirement to taking service at Deddington, Hempton and the Barfords in the days of Ken Reeves and Hugh White along with other churches in the Deddington Deanery. We were married in in 1964 at St Michael's by Canon Hart and it was also where my daughter Rosie married in 2002.

It has always been of real interest to me (a real 'townie' from London) to hear about the life of local folk in the Barford News. My life as a vicar has always majored in the building of local community and it is good to hear of the various activities that help to create this in your villages which all help maintain the life of the English village which is such a feature of the Englishness that we all treasure, value and enjoy.

I write this at the beginning of 2024 and I hope the New Year will bring to you all in the Barfords good health and happiness.

Best wishes from your 'Townie Friend' in Banbury

#### John Whitwell



INTERESTING FACT – Rabbi Burns: The first Burn's supper didn't take place on the 25th of January.

The first ever Burns Supper took place not on the traditional date of the 25<sup>th</sup> January, the poet's birthday, but instead on the anniversary of his death, the 21<sup>st</sup> July 1801. Another event was then planned, this time to take place on Burns' birthday, though the group had the wrong date and ended up hosting the supper on 29<sup>th</sup> January. However, in 1803 they held their get-together on 25<sup>th</sup> January marking the beginning of the tradition.

#### Going forward, the Village Lunch will be held every other month,



# With the next one being on $20^{th}$ March Also, as of the March lunch, the price will increase to £15.00pp



All the best, Team George X

#### **WEDNESDAY LUNCH CLUB**

20th March @ The George 12:30pm for 1pm

MAINS

- **Chicken Chasseur** -*Creamed Potato | Braised Carrots*OR
- Wild Mushroom Linguine -Rocket & Parmesan Salad

  DESSERTS
  - Glazed Rice Pudding -

OR

- Spotted Dick -Traditional Custard

Homemade Strawberry & Basil Sparkling Water
Homemade Elderflower Cooler

Tea & Coffee

### Price £15 per person

Please ring The George on 01869 338160, or email gm@thegeorgebarford.co.uk

**by Friday 15th March to book**. Please Note: if you do not receive a reply to your email, we haven t received it so please call us.

\*\* WE CAN CATER FOR ALLERGIES & INTOLERANCES - PLEASE NOTE ON YOUR EMAIL\*\*



A Happy New Year to you.

We would like to say a big thank you to everyone who supported our Christmas raffle, we are pleased to announce that we raised £1131 for our charities.

Applications for September 2024 for both the PFSU and nursery are now open. Please email us on <a href="mailto:info@deddingtonnurseryandpfsu.co.uk">info@deddingtonnurseryandpfsu.co.uk</a> for an application form or to arrange a look around.

Charlotte Witka PFSU Deputy Manager



15% of Google searches each day involve a combination of search words that has never been used before.

"Forbes"



"more is lost to indecision than wrong decision."

Carmela Soprano, 'The Sopranos' (In my opinion, the best drama ever made – Lucy, Ed)



"You've got him well trained."

#### **DEDDINGTON BOOKWORMS**

At our last meeting of 2023 we reviewed Where the Crawdads Sing by Delia Owens, a

bestselling nature writer. It tells the story of Kya as she grows up alone in the marshes of North Carolina after her mother and siblings are forced to leave their shack due to her father's abusive behaviour. When Kya's father also deserts her, she is left to survive in the wilderness where she is taught about life by studying the marsh and eventually learning to read books on biology, physics, poetry and everything in between. The story is told from two different perspectives - in 1969, it follows the murder investigation of Chase Andrews, and from 1952 to 1969 it follows Kya's life as she grows up.

This is a remarkable book with lots of elements to engage the reader which we all thoroughly enjoyed. The wonderful descriptions of feathers, shells and the natural world of her environment was amazing. We definitely recommend you adding this to your reading list for 2024.

The first book of 2024 for The Bookworms is **10** Minutes **38 Seconds in This Strange World** by Elif Safak. Our February meeting is on 29th February, Holly Tree, 6.30pm.

Deddingtonbookworms@gmail.com







#### **Fruits of the Spirit**



This month is SELF-CONTROL!

In the church calendar, this month we find ourselves heading towards Lent.



We have just been through the season of Christmas, where many of us may have over indulged. Perhaps you may have spotted a word in the above word cloud that might have been your nemesis!

Speaking of nemesis, it is the season of Lent, that we remember when Jesus met his in the desert. After he was baptised by his friend John the Baptist in the River Jordan, he walked away into the desert to reflect and pray about what was going to happen to him in the future, what His father was asking him to do.

Satan, the devil, put temptation in His path. We know the story. Jesus was able to stay strong to the temptations. We can imagine that the journey was quite a long one, as he wandered through the desert and there would have been many other obstacles in his way, but what we learn the most from this is that Jesus stayed true to His faith, he knew the love that God had for Him was strong and that the plan

God had was the best way, for the world to make its way back to Him, to follow the path.

In more recent times, we have a world that is full of temptations. It is so hard to resist these. I don't know about you, but I have always found it hard to give up chocolate and crisps – those things I enjoy. That is the aim of it I suppose, that we give up things that we love, enjoy, in order to realise what is important to our lives.

But.... Chocolate and crisps, however tasty, are not important.

I think that what God is asking us to do is to give to others. To shine out in the darkness as a light to others, to lead by example in a time when people are selfish and unkind. To be the lighthouse, guiding us away from the 'dangers' and showing us the right path.

If you get a chance to listen to Rend Collective 'My Lighthouse' it is worth a listen.

https://www.youtube.com/watch?v=reAlJKv7ptU





Ultimately the words in the image at the start are what we should be doing, not just in the time of Lent.

STOP - THINK - ACT.

At school we often use the question

'What would Jesus do?'

A difficult question to answer for any one, but with God/Jesus in your heart and mind, then your action may just be the right choice to help others and yourself on your journey of faith.



Dear God,

Thank You that You are loving and forgiving.

Help us to love people in the same way as You have
loved us.

Help us do generous things for others because we love You.

Amen.

If you would like to reflect on Lent as a family, you might like to look at

https://www.stewardship.org.uk/40-acts-lent-resource

Short Prayer For Yourelf

Heavenly Father,

Thank you for the many blessings you have bestowed upon me. I come to you today asking for your guidance and protection as I navigate through life. Help me to make wise decisions and to stay on the path that leads to your will. Give me strength when I am weak, courage when I am afraid, and peace when I am anxious.

Remind me of your love and grace in all circumstances. In Jesus' name, Amen.





Thank you to the villager to let me know that the Beavers in Deddington has closed down, but fear not, a new Colony has opened up in Bloxham. All the details are below.



# 1st Bloxham Scout Group is Re-opening the Beaver Colony

With 3 new volunteer leaders we are re-opening Beavers on Wednesdays (5:30-6:30) at Bloxham Primary School from the 17th of Jan.

If you would like your child (Girls & Boys aged between 6 & 8) to join our waiting list, then please e-mail us 1stbloxhamscouting@gmail.com

We are also now looking for 3 volunteers to help us get Cub's running again, so if you like organising activities, crafts and games, if you want to use your skills and develop new ones and can spare 1.5 hours per week – term time only, then we need your help in preparing boys & girls with skills for life, whilst having fun!

We can find a role to suit your time and skills and give you the training you need. So, come and join our friendly team and our vibrant and fun children and you can help us make a difference for young people from Bloxham and surrounding areas.



What's in it for you: builds confidence and looks great on your CV; can count as the service element for DoE Awards; try new activities and pass on

your skills and knowledge; having the opportunity to shape, encourage and inspire the next generation; giving back to the community – fun!
For an informal conversation, please contact us: <a href="mailto:1stbloxhamscouting@gmail.com">1stbloxhamscouting@gmail.com</a> or Google "1st Bloxham Scout Group".



## Mulled Rum Punch

Not just for Christmas?

Fancy a bit of a Winter Warmer, perfect for gettogethers?

Then look no further than the recipe below. All ingredient amounts are 'to my taste', adjust as you wish

#### **INGREDIENTS**

- \* 35cls (Yep, half a bottle) of good rum
- ※ 2 litres of apple juice
- \* 1 orange, sliced, to garnish
- ★ 3 tsp of honey
- \* 3 tsp of demerara sugar
- Muslin square contained 12 cloves,4 cinnamon sticks and a few pinches of nutmeg

#### **METHOD**

- 1. Put the spices in the muslin square, tie with string to make a neat bundle
- Gently heat the apple, orange and lemon juice.
   Take off the heat and leave to infuse for at least 30 minutes and up to 3 hours
- 3. Reheat to just below boiling
- 4. Stir through the rum and honey, to taste
- 5. Pour into heat-proof glasses
- 6. Serve with a slice of orange

TIP: I used my slow cooker

Lucy, Editor



#### **DEDDINGTON FIRE STATION**

Happy New year to everyone from Deddington fire station, and for those affected by the recent flooding, hopefully the waters are receding. The station is still relatively quiet regarding active shouts. There has been some building work around the station resulting in the office being moved downstairs and the gym is now upstairs next to the kitchen and mess room.

Barney Neal has now completed his BA training and the whole crew are now fully BA compliant. Corie King and Stephen Baker both passed their

ERD so can pilot the pump on full blue light runs; and Louis Martin and James Greenwood both passed their final development drills so are now competent Fire Fighters.

FF James Greenwood, james@cyclogicalshop.co.uk



Heading into 2024, we've got some fantastic events and exciting opportunities to support our hospice in 2024, including our brand-new *I am Katharine House* campaign. It's thanks to your support that we're able to go on caring for local people living with incurable illnesses. Thank you!

I am Katharine House - As part of our *I Am Katharine House* campaign for 2024, we're asking people to pledge their support and tell us how they are going to be part of the Katharine House family this year. There are so many ways you could get involved, from visiting one of our shops, to taking part in an event, to making a one-off donation and so much more. Visit our website to find out more about the campaign and how you can support our hospice this year. www.khh.org.uk/lamKHH

Take on a challenge - If you've made a resolution to get fit, challenge yourself or try something new, then we've got you covered. We have a whole range of exciting challenge events for you to take part in — whether walking, cycling, running or taking to the skies! Plus, a brand-new bungee jump event for 2024. So why not tick something off your bucket list and help raise money for Katharine House at the same time? Find your event here: www.khh.org.uk/events.

Hospice refurb - Thanks to our partnership with Oxford University Hospitals NHS Trust, over the next few months, our hospice building will be undergoing upgrade works in an effort to improve facilities for patients, visitors and staff. Patients will still have access to the hospice's services during the refurb, which is being funded by the NHS, and all efforts are being made to limit the impact on those staying on the ward. If you have any questions about the refurb, please email enquiries@khh.org.uk.

Charity shops treasures - Having a post-Christmas clear-out? How about donating your good-quality unwanted items to one of our seven charity shops across the area? Donating to a charity shop is more sustainable and helps us raise much-needed funds so we can carry on looking after people in our community. You can find the details for all our charity shops on our website. www.khh.org.uk/retail.



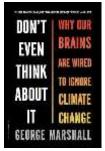
#### READING RECOMMENDATIONS

Small Things Like These by Claire Keegan. Dedicated to the women who suffered in the Catholic Church's Magdalen



Laundries, this is a little jewel of a novel, to be read and savoured at a sitting. Like the figures in the Breugel painting on the cover, Claire Keegan's characters inhabit both a physical landscape - small-town Irish, hierarchical, priest and nun-ridden - but also a moral universe.

Delivering fuel to a convent, just before Christmas, Bill Furlong - loving husband and father of daughters - encounters a cowering, shivering young girl in a coal-shed. Were he to rescue her, he knows he risks much for himself and his family. In making his decision, Furlong reflects on his own life-story, the human kindness and "daily acts of grace" which had protected him. He can choose the path of complicity, or the liberating and redemptive act of not walking past on the other side. *Jenny Greeves* 



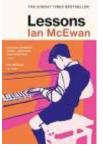
Don't Even Think About It – why our brains are hard-wired to ignore climate change, by George Marshall. Do you wonder why people aren't talking about the multiple threats of climate emergency all the time? Or why politicians fail to address climate breakdown as top priority? Marshall explores the psychology of our response to dangers and why climate breakdown somehow doesn't make the cut. Explanations include: "It provides us with none of the defining qualities that would give it a clear identity: no deadlines, no geographic location, no single cause, solution, or enemy." Even people who've faced a climate-change-induced disaster like flooding or wildfire tend to be too intent on getting back to 'normal' to acknowledge its cause and likelihood

of repetition. So how will we confront the biggest challenge humanity has ever faced? Marshall's book is almost ten years old, but just as relevant and pressing as when it was published. *Linda Newbery* 



The Drift by C J Tudor. Trapped inside a crashed coach, a handful of survivors face a brewing virus and no way to call for help. If they want to make it out alive, they'll need to work together. Strangers awaken inside a cable car suspended far above a snowstorm, with no memory of how they got there. They were heading to a place known to them only as "The Retreat," but with a dead man amongst their ranks, they realise that there is something sinister going on. Meanwhile, in a former ski chalet, a ragtag group make a living manufacturing vaccine against a deadly contagion in exchange for life's essentials. But as their generator begins to waver, the threat of something lurking in the chalet's depths looms large and their fragile bonds become untenable.

Each narrative become treacherously entwined, whilst lurking in their shadows is an even greater menace; one that threatens to consume all of humanity. *Paul Freeman* 



**Lessons** by lan McEwan. McEwan has written many fine novels and this is amongst the best. It is a 'life cycle' story (in the vogue of *Stoner* or *Any Human Heart*), tracing the trajectory of post-war baby Roland Baines into old age and it also reads as a chronicle of our times. Unusually McEwan uses some of his own experiences — army childhood in Libya, Suffolk boarding school and more. Roland's family is interesting but also troubled and this makes for a gripping plot line. And the somewhat surprising theme of the novel is the contrary view of gender roles and expectations. The title refers to a predatory female piano teacher who Roland blames for his later life upsets. And equally unusual is the runaway wife who chooses a stellar career as a famous writer, leaving

Roland, the dithering baby-boomer, literally holding the baby. Suzanne Franks

#### GREEN THOUGHT OF THE MONTH

**BARFORD ENVIRONMENT NETWORK** is a friendly, informal group that looks for ways of greener living in our villages. We'd very much welcome your suggestions as to what future events you'd like us to run to support our community in becoming more sustainable and improving our environment. Please email **John O'Brien** at <a href="mailto:john@lcmb.co.ukf">john@lcmb.co.ukf</a> with ideas - we look forward to hearing from you.



Village Market: from this month onwards, we'll be at our stall with SESI refills – all organic, cruelty-free and local. Bring your containers to fill with washing-up liquid, general-purpose cleaner, laundry liquid and more. If you come without a container you can use our spares. We also have a range of leaflets and information about sustainable living on our stall (from electric car rental to cruelty-free toothpaste and gardening for wildlife) so come and talk to us!



We're relaunching free deliveries from **Nothing but Footprints**, Banbury's zero waste shop in Castle Quay. Order online by Friday midday before a market Saturday, and your shopping will be at our stall for you to collect. Look on the website to see what a large (and extending) range the shop has to offer! Unpackaged items will be delivered in reusable, compostable paper bags or in containers which you can return to the market stall next time. Find out more at refillnotlandfill.co.uk, and help to support Dan and Vi in their admirable, award-winning enterprise. Four Villages network: We're linking up with environmental groups in Deddington, Duns Tew and Bloxham to promote events and reach more people. This includes the PPPint meetings (see below) and other initiatives.



At Deddington Farmers' Market on 24<sup>th</sup> February we're launching the local Olio group – a way of sharing, avoiding waste and unnecessary purchases, and reducing landfill. It's ideal, for example, if you have a glut of courgettes on your allotment, or something in your fridge close to its use-by date when you're about to go on holiday – just put it on the app for someone nearby to collect. Several people in the Barfords are already signed up, so with a

few more we can really maximise the potential of helping and sharing. The app also lists a range of tools or equipment to lend out or borrow, which could save you buying a gadget you'll use only rarely; if you need something, make a request and with luck someone nearby can help you out. Items are categorised as food or non-food, so you can use the app to find homes for such things as outgrown children's clothes, shoes or toys. Download the app, have a play with it, and see us at the Farmers' Market to find out what we're doing locally!



We're hoping to see you at our first **People, Planet, Pint** – register to join us at **The George, 7pm on Thursday 15**<sup>th</sup> **February.** The first 33 to register will get a token for a free drink. These monthly events will rotate around the four villages (Duns Tew, Deddington, Bloxham and Barfords), and there's also one in Chipping Norton on the first Thursday of each month. They're informal gatherings to discuss sustainability issues and concerns – no agenda, no chairperson, no action

points, no commitment required, just a great way to meet people and share ideas and information. See you there! Find out more, and register using the link at <a href="https://small99.co.uk/people-planet-pint-meetup/">https://small99.co.uk/people-planet-pint-meetup/</a> - all meetings are listed in date order, and you can go to as many as you like.

Green Thought is compiled and edited by Linda Newbery. If you have a green idea to share, or would like to announce a local event, please email **L.newbery@btinternet.com** 



#### 1st DEDDINGTON SCOUT GROUP

#### **Cubs**

In December the Cubs had lots of fun learning about planets. We made planet hats so that we could turn ourselves into planets and create our own human solar system. We made telescopes with built-in constellations and created a moon surface complete with craters, made by throwing various sized balls into sand. We finished off December with a fabulous Christmas party.

Our first session in January began with looking at the different badges available to us and the Cubs chose which ones they would like to earn this year; we will now create a programme to help them achieve this. Everyone is looking forward to a busy and fun packed year ahead,

Tracy Tong deddingtoncubs@gmail.com

#### **Scouts**

We were very lucky that the wonderful people from Games Workshop were offering free Warhammer kits again this year. The Scouts built four models each and painted them – some even looked vaguely humanoid! They then used them to play futuristic wargames, using weird dice and tokens, I'm not sure anyone knew exactly what was going on, but they seemed to enjoy it.

We then ventured out for a hike to Barford, we walked to one of the scouts home, to give the outing a purpose, amazingly, not too muddy.

For our Christmas celebrations, we staged a Taskmaster evening, eating a banana without using your hands, balancing a biscuit on your forehead & transferring it to your mouth – no hands again, tearing animal shapes out of paper blindfolded (worth it just to see them all wearing paper carriers as blindfolds) and many more daft antics.

Pete Churchyard deddingtonscouts@gmail.com

Many thanks to everyone who used the Christmas post boxes & thanks to the scouts and Cubs who delivered them.



grubadvisor

reviewed by Lucy Norman

Where did you eat? The

The Lygon Arms www.lygonarmshotel.co.uk High Street, Broadway

WR12 7DU

Cuisine? Locally sourced and fresh

RATINGS Out of 5 stars.....
Food \*\*\*\*\*

Service \*\*\*\*

Value \*\*\*\*

Atmosphere \*\*\*\*

**COMMENTS:** This is a little bit off of my 'keep it local' radar for GrubAdvisor but being such a big fan of James Martin and anything to do with food, I felt it deserved a Review. And all I can say is wow, wow, wow. We had friends visiting from Manchester who hadn't been to Broadway so along we went. The hotel is incredible, the staff were great, the main restaurant area is breathtaking and the food was like nothing I have ever tasted before, a small selection of what we ordered is below. With regards to the prices, to be honest, it's pretty much in line with most of the pubs/restaurants in that area, and around here. Highly, highly recommend.

**Wild Mushroom Arancini -** *Truffle Madeira mayonnaise, pecorino* 

**Trio of John Ross Oak-Smoked Salmon** *Hampshire* watercress, lemon, crispy capers, shallot, crème fraîche, rye toast

**Braised Lamb Shank** - All-butter mash, broccoli, samphire, salsa verde, minted jus

**Ox Cheek Suet Pudding -** All-butter mash, heritage vegetables, lovage & black garlic

**Knickerbocker Glory** - Berries, almonds, shortbread, marshmallow, raspberry ripple ice cream

**Humble Crumble** - Seasonal berries & orchard fruits, vanilla ice cream, custard

White Chocolate, Whisky Bread & Butter Pudding - Honeycomb, whisky anglais, vanilla ice cream



# DEDDINGTON PRIMARY SCHOOL

Happy New Year from all of us at Deddington Primary

School. We sincerely hope you all had a peaceful time with family and friends.

The end of last term was busy but equally wonderful. Our 3 Christmas performances were enjoyed by all who attended. The children sang, acted and read so beautifully, portraying the Christmas story in a variety of brilliant ways.

All children enjoyed taking part in our annual 'Santa Run' as well as making and selling things at our school Christmas Market. Thank you to all parents, families and friends who attended and supported this special event.

As we start the new term we are looking forward to all new topics and plans in all aspects of our school life, hoping for some kind winter weather ahead!

With very best wishes from all of us here at school to all of you in our community.

#### **DENISE WELCH**



FIND OUT WHAT'S ON LOCALLY...... keep up to date with what is happening in our surrounding villages

using the links below:

www.adderbury.org/whats-on www.bloxham.info/broadsheet www.deddington.org.uk/news www.steepleaston.org.uk



that you can view your Barford News on-line at www.barfordnews.co.uk

#### STICKY CHICKEN SAUCE



SERVES 4

#### **INGREDIENTS**

- 8 boneless chicken thighs
- 4 tbsp honey
- 6 tbsp dark brown sugar
- 6 tbsp tomato ketchup
- 8 tbsp soy sauce
- Small pinch of dried chilli flakes
- A blob of tomato puree, to thicken, if needed

#### GARNISH BEFORE COOKING

- Fresh chilli, thinly sliced ( just a few slices to look nice)
- 3 Spring onion, thinly sliced

#### **METHOD**

- Mix all the above in a mixing bowl, except the fresh chilli and spring onion
- Cook the chicken thighs in frying pan then pour over the sauce and sprinkle the fresh chilli and spring onions on top
  - \* This recipe is even nicer if you marinade it in the fridge, overnight
- \* Could also be used with spare ribs or prawns

SERVE WITH SKIN-ON POTATO
WEDGES OR RICE



# RUBBISH & RECYCLING COLLECTION DATES

{always a Thursday}

1<sup>st</sup> ......green & silver
8<sup>th</sup> ......blue, brown & silver
15<sup>th</sup> .....green & silver
22<sup>nd</sup> ......blue, brown & silver
29<sup>th</sup> .....green & silver



#### **Banbury Foodbank**

to help local people in crisis.

Hunger remains a reality for many.

Please help by buying items from the list below and putting them in the box inside the porch of St Michael's church.

Cereals, Tea/coffee, Soup, Tinned vegetables, Pasta, Tinned fruit, Rice, Biscuits, Tinned tomatoes, Pasta sauce, Lentils, beans & pulses, UHT milk, Tinned meat, Fruit juices

NON-PERISHABLE ITEMS ONLY, PLEASE
Many thanks





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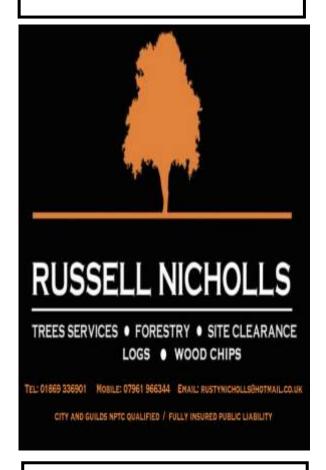
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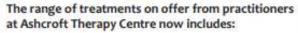
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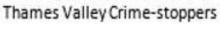
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#### Deddington Post Office Hours

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Saturday and Sunday closed, except for farmers' market days when the Post Office opens for the duration of the market, that is, 9.00am-12.30pm.

# age 27

# Volunteer Connect Community Transport Scheme

Taking passengers of all ages, to medical appointments, social events, shopping trips and visits to day centres, clubs, relatives etc.

The price is 45p per mile to cover the cost of petrol.

Call us on 0300 3030 125 or email transport@volunteerconnect.org.uk

#### **DEDDINGTON LIBRARY \$\mathbb{R}** 338391

'back to normal' OPENING HOURS

Monday 2.00-7.00pm Wednesday 9.30am-1.00pm Thursday 1.00-5.00pm Saturday 9.30am-1.00pm

#### **Buses:**

Dial-a-Ride, door-to-door service operates Monday to Friday Telephone requests at least 7 days in advance please to arrange pick-up 0845 310 1111

#### **Deddington Farmers' Market**

Fourth Saturday of each month (Third Saturday in December) 9am to 12.30pm

Fresh meat, game, vegetables, eggs
Mushrooms, fish, honey,
cakes, pies and more
Craft stalls in the church

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\*\* bar area \*\*

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#### Barford St. John and St. Michael Parish Council

Clerk: - David Best Chairman: Mrs. S. Turner 01869 337228 Street Farm Vice Chairman: Dr R. Hobbs 01869 338078 **Barford St. John Councillors:** Mr. C. Charman 07796 544363 **OX15 0PR** Mr R. Cox 01869 337736 01295 720566 Mrs Anita Deane 07860 102320 davidbest.barfordspc@gmail.com Mr T Lovell 07760 162593

Parish Council meetings are held Bi-monthly in the Village Hall on 1st Wednesday in the month at 7.30pm

This is an opportunity for parishioners to bring questions or concerns to the meeting in person

CDC website: www.cherwell-local.com Parish Council minutes at www.cherwell-local.com

ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

# VILLAGE AND LOCAL EVENTS DIARY Diary dates to the editor by 15<sup>th</sup> of each month please

#### CHURCH SERVICES Church of England FEBRUARY

4th 10:30am Coffee & Chat BSM 11th 9:00am Holy Communion BSM 18th 10:30am Family Service BSM 25th 10:30am Family Holy Communion BSM

# IMPORTANT NOTICE RELATING TO DEDDINGTON, BARFORD AND HEMPTON CHURCH ENQUIRIES

Following the retirement of Annie Goldthorp the parishes of Deddington, Clifton, Hempton and the Barford's will be without a resident vicar for up to nine months. In the event of anyone requiring assistance with weddings, funerals, home visits or consultation with a priest they should in the first instance contact one of the church wardens at Deddington or Barford churches who will then arrange for a suitably qualified person to contact you.

Churchwardens contact details :-

**Deddington** Stan Nelson or Lucinda Fuoco

at wardens@deddingtonchurch.org

The Barfords

Sue Addison or Sally Barber both at <a href="mailto:barfordchurches234@gmail.com">barfordchurches234@gmail.com</a>

#### **Methodist Chapel**

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Mr Robbie Pilkington ☎ 01295 811367

#### **Roman Catholic**

Holy Trinity Catholic Church,

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Phone: 07484 158642

Parish Priest: Father Clive Dytor

Fr.clive.dytor@rcaob.org.uk

Email: holytrinity.chippingnorton@raob.org
Website: http://holytriniyrc-chippingnorton.com
On Call: Rev. Deacon Robert Hughes
Tel: 01295 720869 | Mobile: 07766 711984

Masses:

Saturday - 6pm Vigil Mass, Sunday – 11.00am Mass Weekdays Normally 9.15am, subject to change

#### **BARFORD NEWS**

Copy deadline 15th of each month Editor: Lucy Norman 01869 337678 Dep Editor: Mariann Young 01869 338570

<u>barfordnews@gmail.com</u> **Treasurer and adverts:** Caroline Bird <u>caroline.bird@sectorglobal.com</u>

#### **Regular Weekly/Monthly Events**

**Mondays** Boys Brigade Band Practice

Tuesdays Guides (Deddington)

Carpet Bowls (September-March)

Wednesdays Brownies (Windmill, Deddington)

Parish Council, 1<sup>st</sup> Wednesday,

Bi-Mthly

WI, 2<sup>nd</sup> Wednesday

Boys' Brigade (Deddington)
Beavers, Bloxham Primary School

**Thursdays** Village Hall Post Office

Open Cuppa Mornings Cubs (Deddington) Scouts (Deddington)

**Fridays** 

**Saturdays** Village Market, 3<sup>rd</sup> Saturday

(except January and August)

#### **FEBRUARY**

26th Garden Club AGM

14<sup>th</sup> WI, The History & Customs of St Valentine Talk

17<sup>th</sup> Village Market 28<sup>th</sup> PC Meeting

#### MARCH

18<sup>th</sup> Garden Club Talk by Dr David Edwards 20<sup>th</sup> Village Lunch – The George