

# BARFORD NEWS

SEPTEMBER 2021 Price 50p where sold

[www.barfordnews.co.uk](http://www.barfordnews.co.uk)

**BARFORD VILLAGE MARKET - SATURDAY 18TH SEPTEMBER**  
**10AM – 12PM IN THE VILLAGE HALL**

Excellent range of local producers selling eggs, savouries, cakes, preserves, pots of herbs, greetings cards, wrapping paper, hand knitted woollies and excellent quality bird foods

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**Lovas Bakery** providing Delicious Artisan Breads direct from Hempton, Olive sourdough bread, Nana sourdough bread, sourdough croissants, And much , much more!



**Moore & Lyon**, with their lovely selection of home-reared meats



**It's A Chocolate Thing** – Wonderful artisan chocolates ethically sourced couverture for premium quality and superior taste. Bar flavours include: Salted Caramel, Ginger & Pepper, Eton Mess, Black Forest, Rocky Road, Mint, Chilli, Peanut Butter and Midnight Mint



**Two Jolly Cooks** – Tasty home-made soups and family meals, ready for your freezer, all using locally sourced, organic and seasonal ingredients in West Oxfordshire.

**Barford Environment Network** – Offering refills of household products helping to reduce plastic waste. Bring your own bottle, or have one filled for you. Products include Washing Up Liquid, White Vinegar, Non-Bio Laundry Liquid, Dishwasher Powder, Window & Glass Cleaner, Soap.

Free delivery from 'Nothing But Footprints', Banbury's zero-waste shop - order online by Thursday.  
Mick & Anne's bacon butties/bacon & egg butties/breakfast butties

**TEA AND COFFEE SERVED ALL MORNING**

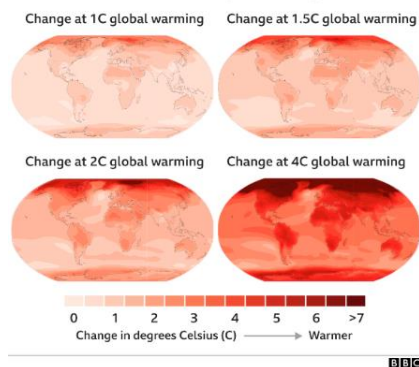


## GREEN THOUGHT OF THE MONTH

**BARFORD ENVIRONMENT NETWORK** is a friendly, informal group that looks for ways of greener living in our villages. To join or learn more, contact John O'Brien: [john@lcmb.co.uk](mailto:john@lcmb.co.uk). The new report from the **IPCC (International Panel on Climate Change)** is certainly alarming; described as a 'red alert' for humanity, it states that we have a closing window of opportunity to limit rising temperatures and sea levels, and that governments haven't acted effectively enough to keep warming in check.

What can individuals do? It may seem overwhelming – but one thing we can all do is **cut down our personal carbon emissions**. Our checklist for **21 for 21 sustainability pledges** came with July's Barford

**How the world could get warmer**  
Projected annual average temperature change relative to 1850-1900, at different levels of global warming



News – suggesting a range of simple and more challenging ways to reduce your environmental impact. Hand in your pledges at the BEN stall at the December market (or on any market day before that) for a chance to win a hamper of eco-goodies.

Can you **write to our MP, Victoria Prentis**, to state that the UK must set and commit to effective targets at the **COP26** Conference in Glasgow in November? If emissions aren't reined in, the 1.5 degree increase (the safe global limit declared in the Paris agreement) will be breached within the next decade. Many councils, including Cherwell and Oxfordshire, have declared a Climate Emergency, but a recent report suggests that councils continue to approve projects that will raise carbon emissions. Can you **write to our councillors** to demand that sustainability is a priority in all council decisions, especially those relating to planning applications, housing

developments, road-building and investment?

**Email addresses:** [Victoria.prentis.mp@parliament.uk](mailto:Victoria.prentis.mp@parliament.uk)

**Councillor Bryn Williams**, Cherwell District Council, Deddington Ward: [bryn.williams@cherwell-dc.gov.uk](mailto:bryn.williams@cherwell-dc.gov.uk)

**Councillor Arash Fatemian**, Oxfordshire County Council, Deddington Ward: [arash.fatemian@oxfordshire.gov.uk](mailto:arash.fatemian@oxfordshire.gov.uk)



**Fashion** is a major contributor to carbon emissions – mainly because of wastage and transport, 'fast fashion' being a particular offender. More on this subject in future issues. Meanwhile, Oxfam is promoting **Second Hand September** in its stores and online, encouraging us to avoid buying new garments this month and instead look for recycled bargains, supporting Oxfam's aid projects at the same time.



**Barford Market offers at the BEN stall:**

**Quick Mends!** Do you have any sad socks or buttons missing? We'll do **simple sewing fixes** while you wait. Bring along your items that need new buttons, darning, patches or repairs and make those discarded clothes wearable again! **Cut down on plastics** by buying **refill liquids**. We are pleased that our SESI brand scored highly in a recent Ethical Consumer survey. We sell washing up liquid, general purpose cleaner and more. Buy them at the BEN stall - bring your own containers to re-use, or if you forget, we'll have spares. **Shop with zero waste** by ordering online from **Nothing But**

**Footprints** ([www.refillnotlandfill.co.uk](http://www.refillnotlandfill.co.uk)). Orders placed by midnight on Thursday will be delivered free or charge to our Saturday market.

**GREEN THOUGHT OF THE MONTH** is compiled and edited by Linda Newbery. If you have a green thought to share, please email [L.newbery@btinternet.com](mailto:L.newbery@btinternet.com)

## VILLAGE HALL BOOKING CLERK

Well, we said Mariann was only  
filling the post on a Temporary basis!!

Our new Village Hall Booking Clerk

Is

**Jess Romain**

who is taking over immediately.

**Contact Jess on 01869 338772**

Any time before 8pm



## QUIZ AND SUPPER



**at the Village Hall  
Wednesday 8th September at  
7:30pm,**

Visitors welcome (£5)  
to join our W.I. Meeting.

For more information contact  
Christine Hall 338 659  
[barfordwi@oxfordshirewi.co.uk](mailto:barfordwi@oxfordshirewi.co.uk)



## Live Music at The George

**4.30pm Sunday 12<sup>th</sup> September**



**A commemorative event for**

**Dave Wheeler**

**Featuring various bands and solo artists**

**Donations for Katharine House Hospice**





## BARFORD GREEN GARDEN CLUB

### NOTES FROM OUR POTTING SHED September 2021

*It is the Harvest Moon! On gilded vanes  
And roofs of villages, on woodland crests  
And their aerial neighbourhoods of nests  
Deserted, on the curtained window-panes  
Of rooms where children sleep, on country lanes  
And harvest-fields, its mystic splendor rests!  
Gone are the birds that were our summer guests,  
With the last sheaves return the laboring wains!  
All things are symbols: the external shows  
Of Nature have their image in the mind,  
As flowers and fruits and falling of the leaves;  
The song-birds leave us at the summer's close,  
Only the empty nests are left behind,  
And pipings of the quail among the sheaves.*

**Henry Wadsworth Longfellow  
The Harvest Moon**

#### UPCOMING and RECENT EVENTS - Janet

Morris organised a trip to Nicholsons Nurseries, just up the road in North Aston. This was an interesting Talk by Libby Reeves entitled 'Trees for Small Gardens'. It took place on **Tuesday 24th August at 6pm** and was free of charge to all members. (As Nicholsons did not charge us, we were happy to make a donation to their chosen charity). There will be a report on this in October Barford News as too late for this edition.

The Garden Club will have an **Autumn Swap and Social** on Monday 4th October this year. It's like the spring plant swap only widened to include garden related tools/equipment, books/magazines and a variety of well grown plants, seedlings and cuttings. The ongoing seed swap will also be functioning. The tools and equipment can be anything in any state of repair as we pass whatever is not taken on to a charity that repairs things and sends them off to where they're needed. (we don't want any liquids or mysterious plant food or pesticides). Any books and mags are welcome as there is always a recycle option for what is not taken.

The plants always find a home either on the night or from a table outside Trevor's house. This is also a social evening with seasonal food provided by the committee and wine /soft drinks brought along by members to share.

Members and NON-MEMBERS can contact Trevor on [trevorstevens49@hotmail.com](mailto:trevorstevens49@hotmail.com) if they are offering something that they can't carry to the hall on the evening. Trevor has organised a talk by Andrew Howard, entitled "**Apples and Pears**" at the end of October or beginning of November. Final date for this and other ideas will be emailed to members as soon as the Committee has organised. All these events are for members and friends can come to the talk for a small fee.

**PHOTOGRAPHY COMPETITION** - the deadline for this is **31<sup>st</sup> August**, so maybe put in a last minute entry?? There have not been nearly as many entries as last year which is a huge disappointment. We are again raising money for Katharine House Hospice via entrants' donations. Full details of winners will be in next issue of Barford News. Remember **EVERYONE** can enter who lives in the Barfords and visiting relations. A special category for children too. All details have been circulated in Barford News.

#### JOBS TO DO IN AND AROUND THE GARDEN

It has been a strange season, things have flowered and fruited later than normal and weather has been very changeable. Divide Herbaceous perennials: Pick Autumn raspberries: Collect and sow seed from perennials and hardy annuals: Dig up remaining potatoes before slug damage spoils them: Net ponds before leaf fall gets underway: Keep up with watering using rain water or grey water: Reduce the frequency of houseplant watering: Clean out cold frames and greenhouses ready for use in the autumn: Cover leafy vegetable crops with bird proof netting: Plant spring flowering bulbs. For more tips and information go to RHS website.

If anyone wishes to join the Garden Club, to get many discounts and when permitted, talks and visits, please get in touch. £5 per household per year is an amazing investment.

**MEMBERS EMAILS** these are now being beautifully co-ordinated by Sue, thank you.

Happy September Gardening.....enjoy your gardens, meet your friends, get plants and seeds ready for our Autumn Swap and chat about what wildlife you might have seen.

#### SPADE and FORK







### **COUPLE SEEKING TO BUY A HOME IN BARFORD ST MICHAEL/ST JOHN**

My Partner and I would love to live in the Barfords and are looking to purchase a character home for a main residence asap. If you have been thinking about moving for whatever reason, and you would like to sell to a couple who would love to play our part and add value to the village in whatever way the village could use us, please let us know and give me a call on 07775 720002. My name is Alan and my partner is Karen.

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### **The Royal British Legion Poppy Appeal 2021**

This year Remembrance Sunday is on Sunday 14<sup>th</sup> November. In the three weeks before this, COVID permitting, there will be a door to door collection selling poppies round the Barfords, beginning on Saturday 23<sup>rd</sup> October.

Apart from door-to-door you can also donate at The George pub as well as one of the many Static Points you will find in Supermarkets, other shops, Banks, Building Societies, public houses, and similar organisations,



Last year, in spite of the restrictions, The Barfords collected an amazing £707.87, let's beat this especially as the 15<sup>th</sup> May 2021 saw The Royal British Legion celebrate its 100<sup>th</sup> Anniversary, 1921-2021.

**Angus & Lucy Norman  
Poppy Delivery Co-ordinators**

**After 4 long. long months it's good to be back....** probably, by now, most of you will be aware that in April I had Deep Brain Stimulation surgery for my Parkinson's. Eight days later, a fall resulted in breaking the humerus bone in my arm.

The good news is that the brain surgery has been, so far, a complete success, I say so far, as they only 'switched me on' the 6<sup>th</sup> August, but the signs look good with vastly improved mobility and no tremor, and after 10 weeks in an shoulder brace for my broken arm I am now 'brace-free' and as I write this on the 20<sup>th</sup>, I was discharged this morning as I am mending nicely. Now the bad news is.....oooh, actually there isn't any, as it is all looking pretty darn good for once from where Angus and I are standing, yes I can actually stand now!!

So, on that note, we just want to thank all those villagers who gave us a call, a text, an email, a knock at the door, food parcels, said prayers, sent cards, flowers, bags of treats, these all really cheered us up, we would have really struggled without all of your support and kindness.

Lastly, there are a few very special people to thank. Mariann and Cathy, for doing all of the above and more, especially Mariann, the pocket rocket, who covered for me for Barford News and did a cracking job, they are good friends. Then there is Carol Hopkins. Word of advice if you are ever planning on being poorly, befriend Carol, not only a great mate but an absolutely outstanding cook and baker, we had a steady stream of delicious meals and treats which kept us going.

And lastly, my very long, suffering husband, (who let's face it, was suffering long before my diagnosis 11 years ago). He has been my carer for much longer than the last 3 months Not only my carer but also my hairdresser, shower-buddy, hospital taxi driver, cook, cleaner, my legs when I couldn't walk, my best friend and so much more. As he would say "I deserve a medal as big as a frying pan"

Thank you again, Barford. With all our love and gratitude.

**Lucy & Angus Norman**  
xxx

# CHURCH MATTERS



## Harvest of Thoughts

"Dig a hole in your garden of thoughts. Into it put all your disillusion, disappointments, regrets, worries, troubles, doubts and fears, and forget.

Cover well with the earth of fruitfulness, water it from the well of contentment.

Sow on top again the seeds of hope, courage, strength, patience and love.

Then, when the time of gathering comes, may your harvest be a rich and plentiful one."

*Anonymous*

Saturday 9th October in the Village Hall and extending out into the garden/play area. We hope to have some of the traditional items we regularly have at the fete such as the raffle, bottle stall, teas, etc. We also plan to have some new ones as well - human fruit machine, an alternative coconut shy, paint your own mug and more! Look forward to seeing you there.

**Sue Addison | Churchwarden**

## CARPET BOWLS



**Re-Starts on  
14th September**

**In the village hall at 7.15pm  
Restrictions permitting**

**New players always welcome**

**Contact Jill Hopcraft if interested  
☎ 01869 337229 | M: 07879 897077**

## Bell Ringing in Barford St Michael

In the early afternoon on Saturday 18th September a group of bell ringers will be ringing the two bells in St Michael's as part of a bell ringing day around the Banbury area to raise money for the Diocesan Guild Bell Fund. The money they raise will be used to fund bell restoration in the Diocese.



## Save the Date

In place of the Bank Holiday Fete this year the church is organising an Autumn Fayre on



**Autumn Fayre**

## VILLAGE SHOW PHOTOGRAPHY CLASSES

**Adult Classes**

**My Playful Pet**

**A Barford Church**

**A Rose**

**Garden Fruit**

**Junior Class (age 8 – 15 years)**

**A 13cm x 18cm (5" X 7") photo  
of any subject you like**

**Entries to the hall before 10.30am  
on show day (11 September)**



## THE BARFORDS W.I.

After many months of meeting online, the WI have enjoyed being able to meet in person, even if it had to be out of doors. In June we met in Sue Lane's garden for an evening of croquet and chat.



In July we were in the Village Hall garden, welcoming speaker Alix Booth with 'The History of Punch and Judy', told by means of a puppet show.



Then in August we were back at the hall for our 'Flower Power Garden Party' (unfortunately the weather drove us indoors). Everyone was encouraged to embrace the theme, with many people choosing a floral print for their clothes.

However, President, Kathryn Wheeler went one step further with flowers in her hair and kaftan from the 'Flower Power era'. An excellent occasion all round. This autumn and winter we have a full programme planned and hope to be back in the hall on the second Wednesday of each month.



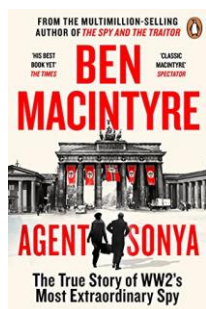
**Visitors and new members are always welcome.**  
**If you would like to know more about the WI,**  
**please contact Kathryn Wheeler (338221) or**  
**Christine Hall (338659).**



**Wishing our lovely Post lady,**  
**Karen, a speedy recovery**  
**from a poorly ankle.**  
**Get well very soon,**  
**we miss you.**

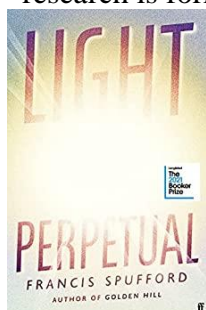
## From The Barfords

### Reading recommendations from BARFORD BOOKCHAT



**Agent Sonya: Lover, Mother, Soldier, Spy**, by Ben Macintyre, is a biography that reads like the raciest of novels. Ursula Kuczynski known to her Soviet handlers as Sonya rose to become a Red Army colonel. Over decades she maintained her cover as a

homely mother of three, living first in Shanghai and later in Poland and Switzerland before ending up in the Cotswold village of Great Rollright, where her parents lie buried in the churchyard. From a rambling village house she betrayed Britain's nuclear secrets to the Russians and although she came close she was never caught. Just in time she escaped with her family to East Berlin. For years the sexism of MI5 prevented their spy catchers from grasping what was in their midst and understanding that a woman and a mother could also be a dangerous undercover operative. Macintyre's research is formidable and he tells a gripping tale. *Suzanne Franks*



**Light Perpetual**, by Francis Spufford, is longlisted for the Booker Prize, and deservedly so. It opens with five south London children being killed in a 1944 bombing – but then goes on to explore the lives

they would have lived, revisiting them at 15-year intervals. (This is reminiscent of the 7Up documentary which some of you may remember.) With these time leaps we see major changes in the lives of Ben, Vernon, Jo, Val and Alec – shifts from prosperity to downfall, or tragedy to redemption. It's necessarily fragmented, but the writing is simply dazzling, ranging from the affectionate description of young children in a singing lesson at school and the terrifying inner world of schizophrenic Ben to the technicalities and potential of sound recording. I listened to it unabridged on Audible, in a virtuoso narration by Imogen Church. *Linda Newbery*



**Re-educated** by Lucy Kellaway. You may have known Kellaway from her columns in the *Financial Times*, especially on the peculiarities of corporate culture, and wondered why her columns stopped. This book will give you a lot (and I mean a lot) of detail. She “began to realise that the life she had built for herself no longer suited her”. Many of us will think she was very brave retraining as a teacher after life as a journalist but after some initial difficulties she learnt to really love the classroom (a career followed by her mother). The book is a celebration of the power of education to transform lives. She also established Now Teach as a vehicle to get people into teaching as second careers, which is helping to transform London schools. The book is full of hilarious stories, beautifully written as only a journalist and teacher could.

*John Bowers*



**The Persephone Book of Short Stories**: Women writers have a particular genius for portraying character and motive, the complex interplay of emotions between human beings, on the small canvas of the short story. In Dorothy

Whipple's “Wednesday” a divorced wife, guilty at bringing about her own downfall and losing her children, realises she has been caught helplessly in a web of her husband's spinning. Edith Wharton's “Roman Fever” recounts a day in which two wealthy American widows, drowsy in the Italian sun, suddenly spring on each other a confession of devastating betrayal. In Malachi Whitaker's “The Music Box” a small boy and his mother painfully acquire - and are made to renounce - the humble object which was to feed their souls; a tale as subtle and nuanced as any in this satisfying collection. *Jenny Greeves*

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Reviews are compiled and edited by Linda Newbery. For a book review every Monday, all by writers or independent booksellers, follow **Writers Review:** [www.reviewsbywriters.blogspot.com](http://www.reviewsbywriters.blogspot.com)



**Shepherds & Bakehouse Charity  
Barford St John and St Michael  
Charity Commission Registration No: 309173**

Grants are made annually at the Trustees discretion for villagers over the age of 16 years who are undertaking educational or vocational courses. In order to qualify, applicants or their parents should be resident in the parish of Barford St John or St Michael for at least three years.  
Subject to a maximum lifetime limit.

Please give the following information on your written application:-

1. Your full name, age, address in the Barfords and length of residence.
2. Details of where you are planning to study.
3. Exact description of the qualification you hope to achieve.
4. Length of course and subjects to be studied.

**Address your application to the clerk**

Carole Coppin, Barn Elms, The Green, Barford St Michael, OX15 0RN  
[carole.coppin@hotmail.co.uk](mailto:carole.coppin@hotmail.co.uk) ☎07768 378758

**Applications must be received by 30<sup>th</sup> September**

## **VÉRONIQUE ANDREWS-SEMPLE'S ST NEOTS TRIATHLON SERIES, RACE 2**



### **CENTREPOINT LONDON APPEAL**

In the OAP age category of athletes I'm taking part on the 12th Sept at St Neots in a Triathlon and fund raising money for London's Centrepont!

The money you donate will help give homeless young people a brighter future. Centrepont is the UK's leading charity for homeless young people, aged 16-25. In the wake of the pandemic, youth homelessness is on the rise - 121,000 young people asked for help with homelessness

last year. Centrepont supports over 14,000 homeless 16-25 year olds in the UK each year. They provide long-term accommodation and specialist care, and 88% of the young people they work with move on into education, a job and their own home. There are thousands more vulnerable young people that need their help. It would be great if you could donate today and give homeless young people a brighter future.

Helping me reach my financial goal of £350 and maybe even exceed it, will be my incentive to ensure I do the training, and on the day get round the swim, ride and run and maybe even enjoy the process!.

I do hope you can support this cause and help me on my journey. My Justgiving page is below

<https://www.justgiving.com/fundraising/andrews-semple-veronique2>

**A huge huge thanks to you all.  
Veronique Semples, Thimble Hall**



## RIDE AND STRIDE 2021

A sponsored ride or walk between churches,



exploring and enjoying the countryside.  
in aid of

Oxfordshire Historic Churches Trust  
**SATURDAY 11TH SEPTEMBER**  
**10am–6pm**

**Support our own Parish Church and  
other historic churches in  
Oxfordshire**

**Call Cubby Brett on 01869 338 300  
or email [aandcbrett@gmail.com](mailto:aandcbrett@gmail.com)  
for more details and sponsorship  
forms**

The money is shared equally between the  
Oxfordshire Historic Churches Trust and our  
Barford churches.

OHCT have provided substantial funding for our  
Barford churches over the years and will continue  
to do so in the future.

This is a very important fundraising event for the  
churches and it would be wonderful to see more  
participation this year from the Barfords, either  
from villagers securing sponsorship and taking part  
by walking, cycling or riding to as many churches  
as possible, or by sponsoring other participants. If  
you would like to take part, please contact me for  
lists of churches so that you can plan your route  
and for sponsorship forms.

# JOIN THE ADVENTURE

**ANCHORS**  
5 – 8 Years

**Barfords**  
8 – 11 Years

**Company**  
11 – 14 Years

**Seniors**  
14 – 18 Years

**WE MEET AT**

THE ELLEN HINDE HALL  
CHAPEL STREET, BLOXHAM, OX15 4NB

FIND OUT MORE ABOUT YOUR LOCAL GROUP BY CONTACTING  
**BLOXHAMBOYSBRIGADE@GMAIL.COM**



### 200 CLUB DRAW AUGUST

£25	123	Caroline Belson
£15	119	Sandra Lees
£10	155	Catherine Barker
£5	090	Mick Honour

The draw took place at Thursday  
Cuppa Morning in the Hall

## AUGUST UPDATE

### Hadrian's Wall Challenge for Katharine House Hospice, 6 – 14 September 2021

Best feet forward! Our September challenge to walk the 84-mile Hadrian's Wall Trail is coming up fast, so we've shouldered our rucksacks and ventured out on a test walk over to Hook Norton to make sure we're all kitted up and ready to go. The weather was perfect – not too hot and no rain. The overnight stay at a local inn was meant to give us an idea of the stamina it



would take to walk on consecutive days, but we got more than we bargained for! So, despite lack of sleep due to half-hourly church bells, a van-load of people deposited outside the pub at 4 a.m., a bottle bank lorry collection at 6 a.m., no hot water in the morning, and sore feet, we soldiered on valiantly. For those of you who like stats, here are some figures:

- Dates: 10 - 11 August
- Route: Barford St Michael, Milcombe, Lower Tadmarton, Swalcliffe, Hook Norton, overnight stop. Hook Norton, Heythrop Zoo, Little Tew, Great Tew, Barford St Michael, Sofa.
- Rucksack weight: c. 20 lbs
- Miles walked and elevation:
  - Day 1 - 12.1 miles plus 1,058 feet of climbing
  - Day 2 - 12.07 miles plus 878 feet of climbing
- Average speed (with stops): 2 miles per hour
- Wrong turnings: 1 and a half
- Temper tantrums: 0
- Pints of Hooky consumed: 6
- Blisters: 2 (massive!)
- Money raised for Katharine House Hospice so far: over £600 towards our £1,000 target.

Huge thanks to everyone who's already donated. If you would like to give what you can to this brilliant charity, please visit our Just Giving page: [www.justgiving.com/fundraising/claire-cox32](http://www.justgiving.com/fundraising/claire-cox32) or donate via the letterbox at Holly Cottage, Townsend or 7 Church Street.

Still some tweaks needed for kit and boots, but there's no backing out now! We'll let you know how it goes in October's *Barford News*. Meanwhile, if you'd like to join a WhatsApp group so we can keep you posted during the real thing, please get in touch. Otherwise, wish us luck on our challenge!

**'Team Hadrian'**

**Paul & Ishbel Freeman, and Ray & Claire Cox**

### TUESDAY LUNCH CLUB 21st September 2021 12.30pm for 1pm

#### MENU

##### Main Course

Braised Lambs Liver with Bacon  
Served with Seasonal Vegetables and Creamy Mashed Potatoes  
or  
Fish Pie (Smoked Haddock, Salmon & Cod)  
Served with Peas and Parmesan Tomatoes

##### Desserts

Honey & Ginger Panna Cotta with Rhubarb Compôte  
or  
Pineapple Upside Down Pudding with Custard

and finally  
Coffee & Tea  
Price £6.00

As usual please bring your own drinks to have with your meal. Please ring Anne & Mick on 01869 337074 or email [mickpearson1@outlook.com](mailto:mickpearson1@outlook.com) by Tuesday 14<sup>th</sup> September to book

Please Note: if you do not receive a reply to your email, we haven't received it so please call us.

**WE REGRET WE ARE UNABLE TO CATER FOR ANYONE WITH FOOD ALLERGIES**

##### PLEASE NOTE

**AS WE ARE ONLY OFFERING 40 PLACES THIS MONTH PLEASE BOOK EARLY. SHOULD THE COVID REGULATIONS CHANGE ADVERSELY AND PREVENT THIS MEAL WE WILL NOTIFY YOU.**

**AT THE TIME OF WRITING THE REGULATIONS REGARDING THE WEARING OF FACE MASKS HAS BEEN LIFTED, THEREFORE, THE WEARING OF THEM IS OPTIONAL.**





## DOCTOR MCLAUGHLIN LEAVES DEDDINGTON

Dear Patients

I would like to take this opportunity to inform you that after 20 very happy years as a partner in Deddington Health Centre I have decided it is time for a change and recently tendered my resignation to the other partners which they kindly accepted. As a result, I will finish working at the practice at the start of September and will then have a rest before beginning the next hopefully exciting phase of my life.

I wanted to write to the patients as these situations are often the subject of rumour and speculation and I hope to prevent any misinformation which might otherwise arise. I am well and leave behind a happy and excellent team with whom I have loved working for the past 2 decades. I am in no doubt they will continue to provide the highest standard of care and I wish them all the very best in the future.

It has been a privilege to work at Deddington and to help care for the patients here and I leave with many fond memories which will remain with me wherever I go next. I have loved my time here which has been much longer than intended and would like to wish you all the very best health and happiness for the future.

I know some of you will want to say goodbye, but I am sure you will appreciate that at this busy and exceptional time for the Health Service it is impossible to accommodate patients making appointments for this purpose and I would ask you to please avoid this and to think of some other way.

With my very best wishes for the future, James McLaughlin

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### 1<sup>st</sup> DEDDINGTON SCOUT GROUP



#### Cubs

Well, we ended the oddest term I can ever remember having at Cubs with lots of traditional Scouting activities. They made water filters (personally, I wouldn't have made tea with the results), built Bivis & erected tents (very well) & played socially distanced games – hide & seek in the woods being the favourite. We organised a wide game where the Cubs had to collect symbols & finished on a high making camp doughnuts (the ever-popular fried jam sandwiches). Looking forward to returning to indoor meeting in September.

Jo Churchyard [deddingtoncubs@gmail.com](mailto:deddingtoncubs@gmail.com)

#### Scouts

We spent the last few weeks of the term revelling in all things hot & sharp! Fire lighting, cooking on camp stoves (Trangias) & learning about using & caring for knives. The shelter building was hilarious, the Scouts were told to hide themselves in the wood using groundsheets & we would try to find them, well, it was a cross between Ray Mears & a gang of ostriches – if we can't see you, you can't see us! Bring on the new term.

Pete Churchyard [deddingtonscouts@gmail.com](mailto:deddingtonscouts@gmail.com)

#### Explorers

Spartans ESU have been excited to be back face to face again. We've been using The Lookout which is a really useful space. Activities have included making zip wire holders to present badges, Frisbee Golf & a BBQ.

If you want to join the fun, contact us on [Spartansexplorers@gmail.com](mailto:Spartansexplorers@gmail.com)

Show Number:

No of Entries:

Name: \_\_\_\_\_ Age (under 15): \_\_\_\_\_

	Vegetable & Fruit Classes	V
1	Three Beetroot, tops cut to 10cms (4ins) approx.	
2	Three Carrots, long, tops cut to 10cms (4ins) approx.	
3	Three Courgettes	
4	Three Onions	
5	Five Shallots	
6	Three Potatoes of one variety	
7	Three Runner Beans with stalks	
8	Five French Beans with stalks	
9	Five Cherry Tomatoes	
10	Three Round Tomatoes	
11	Three Peppers or Chillies (same variety)	
12	A Pair of Vegetables (same variety) not in other classes	
13	Five Single Assorted Vegetables	
14	A Squash or Pumpkin	
15	Three Apples of one variety, eating or cooking	
16	Dish of one variety of soft or stoned fruit	
17	Longest Runner Bean	
18	3 Eggs (same size and colour)	
Cookery Classes		
19	A Lemon Drizzle Cake	
20	Six Ginger biscuits	
21	Six Pieces of Chocolate Brownie	
22	A Victoria Sponge, (Raspberry jam, no Cream)	
23	A Chocolate Cake (Men only) Recipe in August Barford	
24	A Chocolate Cake (Ladies only) Recipe in August B News	
25	A Jar of Jam	
26	A Jar of Marmalade	
27	A Jar of Chutney	
28	A small pot of Lemon Curd	
29	A Homemade Alcoholic Beverage (small bottle)	
Flower Arranging Classes		
30	An arrangement in a teapot	
31	A foliage arrangement	
32	A miniature arrangement (10cms/4" overall)	
33	A Buttonhole for a Wedding	

The Barfords' Village Show 2021 Entry Form

Show Number:

No of Entries:

Name: \_\_\_\_\_ Age (under 15): \_\_\_\_\_

	Vegetable & Fruit Classes	V
1	Three Beetroot, tops cut to 10cms (4ins) approx.	
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31	A foliage arrangement	
32	A miniature arrangement (10cms/4" overall)	
33	A Buttonhole for a Wedding	

The Barfords' Village Show 2021 Entry Form

# The ~~Barfords~~ Village Show 2021 Entry Form

	Cut Flower Classes	V
34	A vase of 6 Sweet Peas	
35	A Sunflower in a vase	
36	Three Dahlias	
37	Three Roses	
38	Four Fuchsia heads in water	
39	Four Penstemon stems in water	
40	Three Pelargonium stems	
41	A Single Rose	
	<b>Crafts</b>	
	( Crafts must not have been entered in a previous Show)	
42	A crafted item made of wood	
43	An item for a <del>new</del> <del>BOCM</del>	
44	A hand knitted or crocheted article	
45	A piece of needlecraft (embroidery, tapestry, patchwork, cross-stitch)	
46	You Made It, Let's See It (Handmade article not covered in other	
47	Drawing or Painting: any subject, any medium (mount/frame	
	<b>Photography</b>	
	<del>13cm</del> x <del>18cm</del> or 5" x 7" (unmounted)	
48	My Playful Pet	
49	A Barford Church	
50	A Rose	
51	Garden Fruit	
	<b>Children's Classes</b>	
	7 years and under (Age to be stated on entries)	
52	A Colouring Picture (published in July's Barford News)	
53	4 Chocolate Crispy Cakes	
54	A Decorated Jam Jar	
55	A Succulent or Cactus you are growing	
56	You Made It, Let's See It (Handmade article not covered in other	
	<b>8-15 years (Age to be stated on entries)</b>	
57	A photograph (Any Subject, <del>13cm</del> x <del>18cm</del> or 5" x 7")	
58	Something made at School	
59	A Chocolate Cake (see classes 23 & 24) (Recipe in August BN)	
60	A drawing or painting (any subject, any medium)	
61	You Made It, Let's See It (Handmade article not covered in other	

Please hand in your completed entry form on Show Day with your entries last entries accepted at ~~10.30am~~. Children may enter adult classes but with no age shown.

# The ~~Barfords~~ Village Show 2021 Entry Form

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## WILDFLOWERS IN THE BARFORDS

by Janet Payne and Margaret Murdin  
White and Red Clover Trifolium (three leaves)



How many of us have spent hours as children looking for a 'lucky' four leaved clover? I once found one at my feet in the middle of an enormous meadow. We didn't find any more, just the usual three leaved ones. However, these have their own significance. They used to be pressed and used as bookmarks in prayer books as the three leaves symbolised the Trinity.

We have recently realised the value of clover as forage for insects as well as for much larger mammals, including children, who like to suck the heads of white clover for their honey flavoured nectar. Margaret says that the white and red clover flower is actually composed of individual florets, each needing insect pollination. The nectar is the insects' reward. After this the floret will hang down and turn brown. Most bees can't however reach with their tongues into the deeper red clover florets until the clover is mown and a weaker second growth comes with a shallower floret.

Red clover has been used for centuries by herbalists as having sweet, cooling and relaxant properties. It was thought to help, for example, with skin diseases in combination with other herbs.



## BOOKWORMS

**LAST MONTH WE READ  
THE ALCHEMIST  
- BY PAULO COELHO.**

It is allegorical novel about Santiago, a humble young shepherd boy from Andalucía and on the surface appears very simple, but it is really rather deep and philosophical. The story follows Santiago as he follows his dreams across continents; it offers life insights for the reader such as courage, trust, faith, resilient, spirituality and using heart and mind together as explored through Santiago's experience on his trek.

The Bookworms enjoyed the book and found the author's ability to say so much in so few words remarkable, with descriptions that the reader can smell and taste. There are many underlying messages in this quite short book and we commented on how it can easily be read in short bursts and revisited time and again. It is one for the bookshelf and we recommend it.

If you would like to join our meetings contact Janet on the number below for more information.

**Janet Macey**  
**☎ 01869 336156**



## DEDDINGTON PFSSU AND VILLAGE NURSERY

We start a new school year!

We look forward to welcoming our new children and families to Nursery and Pre-School in September, as well as seeing to some familiar faces after the summer break.

Our focus over the first few days and weeks will be on helping everyone to settle in and getting to know the new faces and routines. Please ask us if you have any questions or there is anything you are unsure of.

We look forward to an enjoyable and hopefully more 'normal' year.

**Lucy Squires | ☎ 337484**

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9<sup>th</sup> .....blue 'n' brown  
16<sup>th</sup> .....green  
23<sup>rd</sup> .....blue 'n' brown  
30<sup>th</sup> .....green



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## VICTORIA PRENTIS MP

MEMBER OF PARLIAMENT FOR NORTH OXFORDSHIRE

### Meet Victoria:

Victoria holds regular surgeries for constituents in supermarkets and her office, and visits pubs across North Oxfordshire as part of her Pub Tour. Please check the website or call Victoria's office for more information about upcoming dates.

### Victoria Online:

 @victoriaprentis  
 @victoria\_prentis  
 /victoriaprentis  
[www.victoriaprentis.com](http://www.victoriaprentis.com)

### Contact Victoria:

**Constituency:**  
 01869 233685  
Orchard House  
Hopcraft Lane  
Deddington  
OX15 0TD

**Westminster:**  
 020 7219 8756  
House of Commons  
London  
SW1A 0AA

**victoria.prentis.mp**  
**@parliament.uk**



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Barford St. John  
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01295 720566  
[davidbest.barfordspc@gmail.com](mailto:davidbest.barfordspc@gmail.com)

Chairman:	Mrs. S. Turner	01869 337228
Vice Chairman:	Dr R Hobbs	01869 338078
Councillors:	Mrs. S. Best	01295 720566
	Mr P Cosgrove	01869 337552
	Mr. C. Charman	07796 544363
	Mr R Cox	01869 337736
	Mr. P. Eden	01869 338835

Parish Council meetings in the Village Hall. 1st Wednesday in the month at 7.30pm  
This is an opportunity for parishioners to bring questions or concerns to the meeting in person  
CDC website: [www.cherwell-dc.gov.uk](http://www.cherwell-dc.gov.uk) – Parish Council minutes at [www.cherwell-local.com](http://www.cherwell-local.com)  
ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

## VILLAGE AND LOCAL EVENTS DIARY

Diary dates to the editor by 15<sup>th</sup> of each month please

### CHURCH SERVICES

Church of England  
SEPTEMBER

Sunday 12th 9am Holy Communion St Michael  
Sunday 19th 10.30am Family Service St Michael  
Sunday 26th 9am Holy communion St John

**St Michael's is open daily for private prayer and quiet reflection between 10am and 4pm each day**

Revd Annie Goldthorp, Vicar, Deddington with Barford, Clifton and Hempton on 01869 336880  
Email: [deddingtonchurch.org](mailto:deddingtonchurch.org)

### Methodist Chapel

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### Roman Catholic

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Email: [holytrinityrcchippy@gmail.com](mailto:holytrinityrcchippy@gmail.com)  
On Call: Rev. Deacon Robert Hughes  
Tel: 01295 720869  
Mobile: 07766 711984

### Masses:

Saturday - 6pm Vigil Mass  
Sunday - 11.00am Mass  
Weekdays Normally 9.15am, can be subject to change

### Police contact numbers

In an emergency call 999

Non-emergencies call 101

Textphone 18000

Banbury office 01295 754 541

Thames Valley Crime-stoppers  
0800 555 111



### Regular weekly/monthly events

<b>Mondays</b>	Beavers (Deddington) Boys Brigade band practice
<b>Tuesdays</b>	Guides (Deddington) Carpet bowls – Sept - Mar
<b>Wednesdays</b>	Brownies (Windmill - Deddington) 1 <sup>st</sup> week parish council (not August) 2 <sup>nd</sup> week W.I. meeting Boys Brigade (Deddington)
<b>Thursdays</b>	Village Hall Post Office Open cuppa mornings Cubs (Deddington) Scouts (Deddington)
<b>Fridays</b>	Rainbows
<b>Saturdays</b>	Village Market 3 <sup>rd</sup> week (except January or August)
<b>1<sup>st</sup> Wednesday</b>	Parish Council Meeting
<b>3<sup>rd</sup> Wednesday</b>	Village Hall Management Committee

### DIARY DATES

#### SEPTEMBER

1<sup>st</sup> Parish Council Mtg – village hall  
8<sup>th</sup> WI Quiz & Supper – village hall  
11<sup>th</sup> Barford Village Show – village hall  
11<sup>th</sup> Ride & Stride  
12<sup>th</sup> Dave Wheeler Music Commemorative Event – The George  
14<sup>th</sup> Carpet Bowls Restarts – village hall  
18<sup>th</sup> Barford Village Market – village hall  
21<sup>st</sup> Tuesday Lunch Club – village hall

#### OCTOBER

9<sup>th</sup> Church Autumn Fayre  
16<sup>th</sup> Village Market, Village Hall (Covid permitting)

### BARFORD NEWS

Copy deadline 15th of each month

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