

# BARFORD NEWS

AUGUST 2023

[www.barfordnews.co.uk](http://www.barfordnews.co.uk)

PRICE: 50p where sold



## BARFORD MARKET

### PLEASE NOTE

There is **NO VILLAGE MARKET** in August

We'll be back next month on Saturday 16<sup>th</sup> September

## THE BARFORDS' VILLAGE SHOW 2023

Saturday 9<sup>th</sup> September

Enter over 60 classes, from showing vegetables to cookery, flower arranging, photography, childrens classes, crafts and more...there is something for everyone. **SEE PAGE 7** for the Carrot Cake recipe (Classes 23 & 24) and **PAGES 13/14** for your Entry Forms



A vibrant yellow poster with a red star border. At the top, it says 'THANKS TO OUR SPONSORS' followed by logos for Brew Box, The Red Lion Deddington, Deddington Dental, Aynho Wharf, West Bar, Eagles, and Savills. The main text in large red letters reads 'THE CIRCUS IS COMING TO DEDDINGTON'. Below this, in black, is 'SATURDAY 2<sup>ND</sup> SEPTEMBER' and 'DEDDINGTON SCHOOL FIELD - 12.00-16.00'. A red box contains the text 'HOT DOGS - BAR - TUCK - FUN ACTIVITIES' and 'INFLATABLE SLIDE, FACE GLITTER, MERCHANDISE, PRE-SHOW ENTERTAINMENT'. Below the box, it says 'THE FUN STARTS AT 12.00, BIG TOP OPENS 13.30'. Ticket prices are listed as '£10 SINGLE, £36 FAMILY (GROUP OF 4)' and 'UNDER 2'S FREE IF ON A LAP'. The website 'www.ticketsource.co.uk/deddington-primary-school-pta' is provided, along with 'or scan...' and a QR code. The bottom features a red and white striped circus tent with a sign that says 'CIRCUS'.

THANKS TO OUR SPONSORS

BREW BOX THE RED LION DEDDINGTON DEDDINGTON DENTAL AYNHO WHARF West Bar Eagles Pines Meadows savills

**THE CIRCUS IS COMING TO DEDDINGTON**

**SATURDAY 2<sup>ND</sup> SEPTEMBER**  
**DEDDINGTON SCHOOL FIELD - 12.00-16.00**

**HOT DOGS - BAR - TUCK - FUN ACTIVITIES**  
INFLATABLE SLIDE, FACE GLITTER, MERCHANDISE, PRE-SHOW ENTERTAINMENT  
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UNDER 2'S FREE IF ON A LAP

[www.ticketsource.co.uk/  
deddington-primary-school-pta](http://www.ticketsource.co.uk/deddington-primary-school-pta)  
or scan...



**CIRCUS**

**THE ANNUAL VILLAGE BBQ**  
**SUNDAY 27<sup>TH</sup> AUGUST**  
**The BBQ will GO AHEAD whatever the weather.**  
**Please do come along and enjoy yourselves.**



**At the Village Hall**  
**BBQ & BAR from 6pm**  
Serving locally produced burgers and sausages  
along with a selection of delicious home-made salads

**RAFFLE PRIZES ALL GRATEFULLY RECEIVED**  
All profits for maintenance and continued improvement of our Village Hall



**BARFORD ST MICHAEL AND ST JOHN CHURCH FÊTE**

Bank Holiday Monday 28<sup>th</sup> August 2023 at 2pm in the Village Hall

**DONATION DROP:** St Michael's Church will be open on  
**SATURDAY 26<sup>TH</sup> AUGUST** from 10am ~2pm. There will be someone there to  
receive donations for the Fête. Donations may also be left in the Church porch at any  
time in August before the Fête.

**TOMBOLA, TOYS AND GAMES** (*all to be in saleable condition*), **BOTTLES**

**RAFFLE PRIZES** – does your company want to offer a voucher/services/product to  
advertise their business?

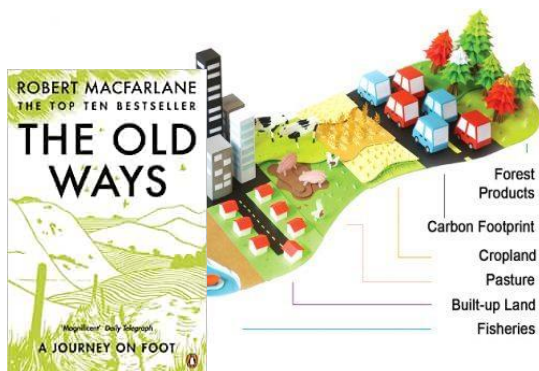
**BRIC-a -BRAC** and **CAKES** would be very welcome on the day





## GREEN THOUGHT OF THE MONTH

**EARTH OVERSHOOT DAY** is on August 2<sup>nd</sup>



This marks the point by which we've used up all the food, energy and resources the Earth can provide in a year. From August 2<sup>nd</sup> until the end of December— nearly five more months - we'll consume more than the world can possibly sustain. It's like going into overdraft at the bank – but far worse, because this affects all life on Earth. We'd need 1.7 planets to provide enough for the way we live now.

Unsurprisingly, Earth Overshoot Day has fallen earlier each year since it was first calculated, with the exception of 2020 when the global pandemic led to a huge drop in airline flights and other transport use.

This date each year is calculated by **Global Footprint Network**. For each nation they work out the average carbon footprint of each person set against the country's biological resources: plants, livestock, crops, trees and forests to soak up carbon.

[www.overshootday](http://www.overshootday) is a fascinating website. You can find out much more there about how the date is calculated, and how various nations compare. Which country consumes the most? It's currently Qatar, followed by Luxembourg, with third place shared by the USA, Canada and United Arab Emirates. If every nation consumed as much as Qatar, Overshoot Day would fall on February 10<sup>th</sup>. But we certainly can't feel smug as a nation: if everyone lived as we do in the UK, Overshoot Day would fall on May 19<sup>th</sup>.

**#MovetheDate** looks at ways in which we can all help to push that date back by living more sustainably: for instance by eating less (or no) animal products, avoiding food waste, nurturing nature, not supporting fast fashion, using public transport where possible and challenging political leaders. Do we care enough to change our habits? Can we do better? For the sake of all life on the planet, we must.

To look at your individual carbon footprint, take a simple quiz at **Climate Hero**: [www.climatehero.me](http://www.climatehero.me)

**Our Natural World in Words**: Deddington Library, 7pm, Thursday 17<sup>th</sup> August. Do you enjoy nature writing? I'll be introducing some of my favourite prose and poetry and inviting contributions. If you have a favourite book, or maybe something you've written yourself, bring it along to share with us and perhaps choose a short extract to read aloud. Hope to see you there!

\*

**Green Thought** is compiled and edited by **Linda Newbery**. If you have a green idea to share, or would like to announce a local event, please email [L.newbery@btinternet.com](mailto:L.newbery@btinternet.com)

**BARFORD ENVIRONMENT NETWORK** is a friendly, informal group that looks for ways of greener living in our villages. To join or learn more, contact **John O'Brien**: [john@lcmb.co.uk](mailto:john@lcmb.co.uk)



We may be halfway through the year, but there are still plenty of ways to get involved and events to enjoy. Your support helps us to make every moment matter for local people living with a life-limiting illness. We couldn't do it without you! Below is just some of what's coming up in the next few months.

**Singing for the Soul** We're excited to launch an informal singing group starting September 2023 as part of our Living Well offering. Sessions are free and open to anyone with a life-limiting illness, their family members or those who have experienced bereavement within the last two years. No experience necessary and no auditions – just singing for the joy of it! Call 01295 228500 for more details and to register your interest.

**A way to remember** Our stunning Celebration Tree is an amazing way to remember the life of someone special. Taking pride of place in our reception area, our specially commissioned rose tree celebrates the lives of loved ones and is a wonderful way to mark a special occasion, like a birthday or anniversary. Every engraved leaf and rose helps to support specialist end-of-life care across our community. Find out more about how you can arrange a leaf or rose dedication here: [www.khh.org.uk/celebration-tree](http://www.khh.org.uk/celebration-tree).

**The value of volunteering** We have some brilliant new volunteering opportunities available right across Katharine House. As well as helping our hospice and your local community, it's a great way to learn new skills, make some friends and improve your wellbeing. If you're interested in finding out more, take a look at our website to discover some of the varied volunteering roles available. [www.khh.org.uk/volunteer](http://www.khh.org.uk/volunteer)

**Put the fun in FUNdraising** Fundraising can be as easy as ABC... In fact, we have an A-Z of fundraising ideas. If you're keen to help raise money for our hospice, but not quite sure how, then check out some of the great suggestions. You can also download our free Fundraising Kit with top tips, inspiration and advice on how to make your event a huge success. Don't forget to let us know what you're doing to raise money for our hospice – we love to hear what our supporters get up to! [www.khh.org.uk/fundraising](http://www.khh.org.uk/fundraising)



A MESSAGE FROM JANET AND FAMILY

**John Graham Morris**

Passed away in hospital on 7<sup>th</sup> July with his family by his bedside

The funeral will be held on

Wednesday, 2<sup>nd</sup> August at 1pm

at St. Michael's Church

**HAPPY 90<sup>TH</sup> BIRTHDAY,  
BERNARD!!**



Residents and staff in a North Oxfordshire care home are living in terror as a 90 year old runs amok in the corridors on a powerful electric vehicle, a birthday Present from the family.

Bernard and his wife Verna recently moved from The Old School House on The Green to Seccombe Court Care Home



**Tony's dahlias and other plants**

The plant stall at the end of the drive at the Old Post Office on the High Street raised over £720 this year. This has been shared between The Barford Churches and FareShare.

Very many thanks to those who bought plants which I hope are thriving!

**CONGRATULATIONS**

**to  
Mr Simon & Mrs Maureen  
Appleby Somerville**

**who married in St. Michael's Church  
on Thursday, 22<sup>nd</sup> June**



**We wish them many years of  
wedded bliss**



**Welcome**

**to Sam Hewlett**  
who has just moved to The Potteries  
with her dog Freddy

We hope that they will be very  
happy living in their new home.

## **CARROT CAKE WITH CREAM CHEESE ICING (Barford Show, Classes 23 & 24)**



### **A simple batter cake, with walnuts if you wish**

#### ***For the cake***

- 350g (12oz) raw carrots, peeled and finely grated
- 225ml (8fl oz) sunflower or corn oil
- 275g (9oz) plain flour
- 1 tsp bicarbonate of soda
- 1½ tsp baking powder
- 1½ tsp ground cinnamon
- 4 large eggs
- 300g (10oz) granulated sugar
- 2 tsp vanilla extract
- 100g (3½oz) walnuts, chopped (*optional*)

#### ***For the icing***

- 100g (3½oz) soft cheese (Philadelphia or equivalent), at room temperature
- 25g (1oz) unsalted butter, at room temp.
- 250g icing sugar, sifted
- 1 tsp vanilla extract
- zest of 1 lemon, finely grated

1. Preheat the oven to Gas 4, 180°C, fan 160°C. Grease and line the base and sides of a 20cm (8in) round fixed-base cake tin. Mix the carrots and oil together in a bowl and set aside.
2. In a separate bowl sift together the flour, bicarbonate of soda, baking powder and ground cinnamon. Set aside.

3. Using an electric mixer beat the eggs until frothy. Gradually whisk in the sugar and beat for 3-4 minutes until the batter is thick and creamy. Add the vanilla extract and the flour mixture and beat until just incorporated. Fold in the carrot and oil mixture (and walnuts) using a rubber spatula or large spoon. Place the batter into the cake tin and bake on the centre oven shelf for 60-75 minutes or until a skewer inserted in the centre comes out clean. After 45 minutes you may wish to place a sheet of tin foil over the cake to prevent it from burning.
4. Remove from oven and let cool on a wire rack for 10 minutes. Turn the cake onto the wire rack, remove the tin and lining paper. Cool completely before icing.
5. To make the icing, beat the cream cheese and butter with an electric mixer until smooth. Gradually add the icing sugar, mixing on low speed. Beat in the vanilla extract and lemon zest. Spread the top of the carrot cake with the icing. Refrigerate any leftovers.



**She's Electric**

**Jude MacFarlane -**

**Small works Electrician**

**sheselectric.di@gmail.com**

**07726 771 067**

- Moving adding sockets or switches
- Installing downlights, replacing light fittings
- Outdoor lighting and sockets
- Adding to electrical circuits



## Christian Aid Week 2023

Many thanks to all who collected and especially to those who donate to this important charity.

We managed to raise £556.96 from the door-to-door collections around the villages and from on-line donations. Added to this is Gift Aid of £83.93.

This gives a grand total to Christian Aid of £640.79.

Many thanks!

### AN INVITATION



### TO JOIN US



**Village Cuppa Mornings**  
**10.00 ~ 11.30**  
**Every Thursday**  
**In the Village Hall**

**We stand with**

**UKRAINE**

Just a short message to say a huge thank you.

We held an evening in Barford village hall to let people that were interested in our recent trip know how it all went. The evening was well attended with around 40 people plus the organisers.

We explained all about our adventure and our plans for future trips, showing photos and videos. To say the evening was a success is somewhat of an understatement.

We held a raffle and also had an ambulance there (going out on our next trip) which people could sign with their good wishes and make a donation towards future trips.

We were overwhelmed with the response. We raised around £6,000.00 and money is still coming in. The generosity just made us feel that we were doing something very worthwhile.

Since then we have had a meeting in Banbury, with the Mayor of Mariupol who wanted to thank the people of Banbury personally for all their good work. It appears that we are one of the biggest coordinators of aid and Hooky Brewery are one of the biggest suppliers of vehicles to Ukraine.

So, thank you for your support.

From the Jolly Boys + 1

Andy Neal, Barford  
Andy Bird, Deddington  
Chris Barber, Barford  
George Clarke, Hook Norton  
Graham Harding, Barford  
Leon Daly, Barford  
Paul Linsey, Barford  
Sean Parsons, ex Hempton, now France



Some ideas to keep everyone busy over the summer hols. How about a visit to Banbury Museum? [www.banburymuseum.org](http://www.banburymuseum.org)

Banbury Museum & Gallery



**Bath Bombs**

[Bath Bombs >](#)

**Date:** Tues 1st Aug & Tues 29th Aug

**Time:** 10.30am & 1.30pm



**Brick Madness**

[Brick Madness >](#)

**Date:** Wednesdays 26th July- 23rd Aug 2023

**Time:** 10.30am-12pm



**Make a Dinosaur**

[Make a Dinosaur >](#)

**Date:** Thurs 3rd Aug

**Time:** 10.30am & 1.30pm



**Animal Pen Pots**

[Animal Pen Pots >](#)

**Date:** Mon 7th Aug

**Time:** 10.30am & 1.30pm



**Fabric Painting**

[Fabric Painting >](#)

**Date:** Fri 11th Aug

**Time:** 10.30am & 1.30pm



**Robot Puppets**

[Robot Puppets >](#)

**Date:** Tues 15th Aug

**Time:** 10.30am & 1.30pm



**Toilet Roll Robots**

[Toilet Roll Robots >](#)

**Date:** Tues 22nd Aug

**Time:** 10.30am & 1.30pm



**Summer Scenes**

[Summer Scenes >](#)

**Date:** Thurs 24th Aug

**Time:** 10.30am & 1.30pm

#### **Family Theatre, Puppets and Live Music:**

- Along Came A Magpie, live puppet show @ Hogshaw Farm & Wildlife Park: This is a live puppet show that will run twice daily from 31 July – 4 August. There will also be regular appearances from other animal characters throughout the day, plus all of the usual farm fun.
- Pegasus Theatre in Oxford offering The Tortoise and The Hare on 3rd August- An interactive story for under 6s and their grownups with live music, puppetry and a tale you thought you knew.
- Kenton Theatre in Henley brand-new adaptation of The Wizard of Oz on 29th July 2023
- Oxford Playhouse offering ZOG (Tue 18 – Sun 23 Jul), around the world in 80 days (Tue 25 – Sat 29 Jul) and Blippi: The Wonderful World Tour! (Tue 15 – Sat 26 Aug)
- The Theatre Chipping Norton showing open-air adaptation of David Walliams Bad Dad on 17th August
- The Mills centre, Banbury showing the snail and the whale on 11-13 August
- A midsummer Night's dream at Oxford Castle and Prison (31st July – 12th August 2023): This sumptuous, elegant and dynamic production will include song and dance and always remain faithful to the beautiful language and tragic story of love, separation and divided loyalties. Price: £18 per adult / £16 per concession (child, student with valid ID or aged 60+)
- Folksy Theatre showing the Ugly Duckling on 10th August and evening outside performance of 'Merry Wives of Windsor' by William Shakespeare on 9th August at Millets Farm
- Gifford's circus is coming to Stonor park between July 13th-24th 2023 and Barrington, a sleepy Cotswold village near Burford, between 27th July – 8th August 2023 (details [HERE](#))
- The Wizard of Oz at Evenley woods Garden on 21 Aug 2023  
Read our review of [Evenley Wood garden](#)

# WEDNESDAY LUNCH CLUB

16th August @ The George

12:30pm for 1pm

## MAINS

- Tikka Spiced Chicken -  
*Bhuna Onions / Basmati Rice*

OR

- Mediterranean Quiche -  
*Salad*

Seasonal veg served for the table

## DESSERTS

- Strawberry Jelly -  
*Elderflower Syrup / Lemon Sorbet*

OR

- Cheddar -  
*Seasonal Chutney / Grapes / Crackers*

Tea & Coffee

Price £12 per person

*Please ring Anne & Mick on 01869 337074, or email [mickpearson1@outlook.com](mailto:mickpearson1@outlook.com)  
by Friday 11th August to book.*

*Please Note: if you do not receive a reply to your email, we haven't received it so please  
call us.*

**\*\* WE CAN CATER FOR ALLERGIES & INTOLERANCES - PLEASE NOTE ON YOUR  
EMAIL \*\***

## BANBURY BABY BANK

The Barford Churches have been supporting Baby Basics, a national charity for families in need. We have now decided to help Banbury Baby Bank, a local charity providing very similar support.

This operates like a food bank for items struggling families might need. Help is available with maternity, baby, children and school items that are essential but difficult for some to afford.

If you have items you would like to donate, this can be done directly to Banbury Baby Bank at Hanwell Fields Community Centre, OX16 1ER on Tuesday or Thursday 10:00 to 12:00. You can also leave items in the box in St Michael's church porch. All new or good condition baby items are readily accepted.

For more details use the QR code below.



### CARPET BOWLS

Re-Starts on  
Tuesday 5<sup>th</sup> September  
In the Village Hall 7.15pm  
New Players Always Welcome  
Contact Jill Hopcraft if interested  
01869 337229, 07879 897077

## Some Giggles from Tim Vine.....

"I rang up British Telecom and said: 'I want to report a nuisance caller.' He said: 'Not you again.'"

"I saw this bloke chatting-up a cheetah and I thought: 'He's trying to pull a fast one.'"

"The advantages of easy origami are two-fold."

"I said to the gym instructor: 'Can you teach me to do the splits?' He said: 'How flexible are you?' I said: 'I can't make Tuesdays.'"

"I've decided to sell my Hoover – it was just collecting dust."

## Dance/Fitness with Everybody Dances

Who's up for some Dance / fitness and stretching in the Village Hall? I'm Elly Crowther, local Community Dance Artist. To register interest in joining a trial run of fun and friendly weekly classes in the Autumn term, email:

[everybodydances.ox@gmail.com](mailto:everybodydances.ox@gmail.com)

Subject: Dance Fitness Barford. All ages and abilities welcome (I will also consider following with a parent and baby/toddler session before/after if much interest)





## Fruits of the Spirit



This month is **JOY!**

### What does the word mean to you?

When we hear the word, we think about happiness for ourselves, making others happy.

It's a good feeling, a positive emotion that brings people closer together for many different reasons.

What brings you joy?

- 15-minute run or an
- hour-long walk per day can boost your mood, as part of your routine.
- A five-minute silence in the morning over a cup of coffee, before the chaos of the work day begins.
- A hug with your best friend, just to lift your spirits.
- Listen to music
- Bake a cake

All of these things can bring joy, in times of need.

'Joy to the world, the Lord is come' - one of the most well-known carols that we all hear at Christmas time. The ultimate gift of Joy from God was His son sent to earth as a saviour

**God brought joy through unexpected blessings.**

The gift of children to Sarah and Abraham after many years of waiting. They gave him the name Isaac, which means 'Laughter'.

**Psalm 92:4** *For you, O Lord, have made me glad by your work; at the works of your hands I sing for joy.*

**Joy is felt in the comfort of family.** The return of the Prodigal Son, the embrace of a father for a long-lost child. Ruth and her daughter in Law Naomi, stayed together to support each other in time of need.

**Psalm 4:7** *You have filled my heart with greater joy.*

**Our joy is spread through the good news of Jesus' Birth.** It's not enough to be filled with joy and keep it to ourselves. God made us for community. He wants us to share his love with others.

**Romans 15:13** *May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.*

**Jesus is the source of our joy.** The Bible tells us that the shepherds, the angels, the wise men, Mary and Joseph were all filled with joy at the arrival of the baby Jesus. Because of Jesus, we have the hope of heaven and the promise of peace as we go through life here on earth. I cannot think of a better reason to be filled with joy.

**John 15:11** *These things I have spoken to you, that my joy may be in you and that your joy may be full.*

For people on a journey of faith, joy is more than a happy feeling. It's a lasting emotion that comes from the choice to trust that God will fulfil his promises.

When life gets hard and we feel joy slipping away, we can refocus on Jesus and be filled again.



Sue & Sally [barfordchurches234@gmail.com](mailto:barfordchurches234@gmail.com)

| BARFORD VILLAGE SHOW SCHEDULE                              |  | SATURDAY 9th SEPTEMBER 2023                                |   |
|--|--|--|---|
| Vegetable & Produce Classes                                |  | Cut Flower Classes   |   |
| 1  | Three Beetroot, tops cut to 10cms (4ins) approx.           | 34   | Three gladioli  |
| 2  | Three Carrots, long, tops cut to 10cms (4ins) approx.      | 35   | A Sunflower in a vase   |
| 3  | Three Courgettes   | 36   | Three Dahlias   |
| 4  | Three Onions   | 37   | Three Roses   |
| 5  | Five Shallots  | 38   | Four Fuchsia heads in water   |
| 6  | Three Potatoes of one variety                              | 39   | Three Pelargoniums  |
| 7  | Three Runner Beans with stalks                             | 40   | Five different flower stems from your garden                              |
| 8  | Five French Beans with stalks                              | 41   | A Single Rose   |
| 9  | Five Cherry Tomatoes                                       | <b>Crafts</b>  |   |
| 10   | Three Round Tomatoes                                       | (NB Crafts must not have been entered previously)          |   |
| 11   | Three Peppers or Chillies (same variety)                   | 42   | An item crafted from natural material (wood, bone, leather, etc)          |
| 12   | A Pair of Vegetables (same variety) not in other classes   | 43   | A hand knitted or crocheted article                                       |
| 13   | Five Single Assorted Vegetables                            | 44   | A piece of needlecraft (embroidery, tapestry, patchwork, cross-stitch)    |
| 14   | A Cucumber   | 45   | You Made It, Let's See It (Handmade article not covered in other classes) |
| 15   | Three Apples of one variety, eating or cooking             | 46   | Drawing or Painting: any subject, any medium (mount/frame optional)       |
| 16   | Dish of one variety of soft or stoned fruit                | <b>Photography (unmounted)</b>                             |   |
| 17   | A Mis-shapen Vegetable                                     | (13cm x 18cm or 5" x 7")                                   |   |
| 18   | 3 Eggs (same size and colour)                              | 47   | A Common Object from an unusual angle                                     |
| <b>Cookery Classes</b>                                     |  | 48   | My Pet  |
| 19   | A Bakewell Tart (shop bought pastry allowed)               | 49   | An Aspect of my Garden  |
| 20   | Six Pieces of Brownie                                      | 50   | A Butterfly or Moth   |
| 21   | Six Pieces of Flapjack                                     | 51   | A Garden Gate   |
| 22   | A Victoria Sponge, (Raspberry jam, no Cream)               | <b>Children's Classes</b>                                  |   |
| 23   | A Carrot Cake (Men only) Recipe in August Barford News     | <b>7 Years and Under (age to be marked on all entries)</b> |   |
| 24   | A Carrot Cake (Ladies only) Recipe in August Barford News  | 52   | A Colouring Picture (published in July's Barford News)                    |
| 25   | A Jar of Jam   | 53   | 4 Pieces of Rocky Road (Biscuit Confection)                               |
| 26   | A Jar of Marmalade   | 54   | A Decorated Egg (Hardboiled)  |
| 27   | A Jar of Chutney   | 55   | A Lego House  |
| 28   | A small pot of Lemon Curd                                  | 56   | You Made It, Let's See It (Handmade article not covered in other classes) |
| 29   | A Homemade Alcoholic Beverage (small bottle)               | <b>8 - 15 Years (age to be marked on all entries)</b>      |   |
| <b>Flower Arranging Classes (flowers may be purchased)</b> |  | 57   | A photograph (Any Subject, 13cm x 18cm or 5" x 7")                        |
| 30   | An arrangement using 5 flowers (of one type) & any foliage | 58   | An Origami (folded paper) creature  |
| 31   | A foliage arrangement                                      | 59   | A Carrot Cake (as classes 23 & 24) Recipe in August Barford News          |
| 32   | A miniature arrangement (10cms/4" overall)                 | 60   | A drawing or painting (any subject, any medium)                           |
| 33   | A 'Memory' Arrangement (inspired by a toy or photo)        | 61   | You Made It, Let's See It (Handmade article not covered in other classes) |

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| 5                             | Five Shallots   |  |  | 38   | Four Fuchsia heads in water   |  |  |
| 6                             | Three Potatoes of one variety   |  |  | 39   | Three Pelargoniums  |  |  |
| 7                             | Three Runner Beans with stalks  |  |  | 40   | Five different flower stems from your garden                              |  |  |
| 8                             | Five French Beans with stalks   |  |  | 41   | A Single Rose   |  |  |
| 9                             | Five Cherry Tomatoes  |  |  | <b>Crafts</b>  |   |  |  |
| 10                            | Three Round Tomatoes  |  |  | (NB Crafts must not have been entered previously)          |   |  |  |
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| 13                            | Five Single Assorted Vegetables                                       |  |  | 44   | A piece of needlecraft (embroidery, tapestry, patchwork, cross-stitch)    |  |  |
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| 15                            | Three Apples of one variety, eating or cooking                        |  |  | 46   | Drawing or Painting: any subject, any medium (mount/frame optional)       |  |  |
| 16                            | Dish of one variety of soft or stoned fruit                           |  |  | <b>Photography (unmounted)</b>                             |   |  |  |
| 17                            | A Mis-shapen Vegetable  |  |  | <del>(13cmx 18cm or 5" x 7")</del>                         |   |  |  |
| 18                            | 3 Eggs (same size and colour)   |  |  | 47   | A Common Object from an unusual angle                                     |  |  |
| <b>Cookery Classes</b>        |   |  |  | 48   | My Pet  |  |  |
| 19                            | A Bakewell Tart (shop bought pastry allowed)                          |  |  | 49   | An Aspect of my Garden  |  |  |
| 20                            | Six Pieces of Brownie   |  |  | 50   | A Butterfly or Moth   |  |  |
| 21                            | Six Pieces of Flapjack  |  |  | 51   | A Garden Gate   |  |  |
| 22                            | A Victoria Sponge, (Raspberry jam, no Cream)                          |  |  | <b>Children's Classes</b>                                  |   |  |  |
| 23                            | A Carrot Cake (Men only) Recipe in August Barford News                |  |  | <b>7 Years and Under (age to be marked on all entries)</b> |   |  |  |
| 24                            | A Carrot Cake (Ladies only) Recipe in August Barford News             |  |  | 52   | A Colouring Picture (published in July's Barford News)                    |  |  |
| 25                            | A Jar of Jam  |  |  | 53   | 4 Pieces of Rocky Road (Biscuit Confection)                               |  |  |
| 26                            | A Jar of Marmalade  |  |  | 54   | A Decorated Egg (Hardboiled)  |  |  |
| 27                            | A Jar of Chutney  |  |  | 55   | A Lego House  |  |  |
| 28                            | A small pot of Lemon Curd   |  |  | 56   | You Made It, Let's See It (Handmade article not covered in other classes) |  |  |
| 29                            | A Homemade Alcoholic Beverage (small bottle)                          |  |  | <b>8 - 15 Years (age to be marked on all entries)</b>      |   |  |  |
| 30                            | <b>Flower Arranging Classes (flowers may be purchased)</b>            |  |  | 57   | A photograph (Any Subject, <del>13cm</del> <b>x 18cm or 5" x 7"</b> )     |  |  |
| 31                            | An arrangement using 5 flowers (of one type) & any foliage            |  |  | 58   | An Origami (folded paper) creature  |  |  |
| 32                            | A foliage arrangement   |  |  | 59   | A Carrot Cake (as classes 23 & 24) Recipe in August Barford News          |  |  |
| 33                            | A miniature arrangement ( <del>10cms/4"</del> overall)                |  |  | 60   | A drawing or painting (any subject, any medium)                           |  |  |
|                               | A 'Memory' Arrangement (inspired by a toy or photo)                   |  |  | 61   | You Made It, Let's See It (Handmade article not covered in other classes) |  |  |





After 16 years we were sad to say goodbye to Guider Marian Trinder. She has been a stalwart, fully involving herself in all aspects of Guiding, not only with our unit but in the District and County too.

Having been a Guider in Deddington for 48 years, I valued her support and companionship and digital know how as times changed. We have many special shared memories over these years which neither of us will forget.

Marian had moved to East Anglia but will return in October to lead a joint trip (with Guides from Banbury) to Disneyland, Paris. In the meantime we wish her well in her future Guiding and in her new home.

We have continued with our outdoor activities, mainly in fine weather. Learning to erect tents was fun, once the Guides got the hang of the old style canvas tents.

A hectic evening was enjoyed by all when the Brownies joined us for the annual sausage sizzle.

Thank you again to the Fenemore family for being our hosts. We completed the circular walk between the Barfords for our Incident hike, with various challenges along the way. The weather didn't dampen our spirits and no one fell in the river, so a success.

One of favourite end of term activities is Backwoodsman cooking. No utensils or pans, cooking in foil or on sticks etc. the Guides were very inventive, baking eggs and cakes in hollowed out oranges etc.... great fun, as always.

**Maggie Rampley 07957 600755**



### 200 CLUB DRAW JULY

|     |     |                |
|-----|-----|----------------|
| £15 | 216 | Pip Hankiewicz |
| £10 | 107 | Ernest Murrey  |
| £5  | 208 | O'Brien Family |

The draw took place at Coffee Morning in the Hall



### To set The Story Straight

On our recent hygiene rating and to prevent further speculation. The Food Standards Agency visited on 20<sup>th</sup> June and gave us 4 Star rating.

*(This indicates good standards and a trusted place to consume food.)*

The information published on line did not reflect that score.





## **BARFORD GREEN GARDEN CLUB**

### **Notes from our Potting Shed – Aug 2023**

#### **Our tribute to John Morris:**

Gardeners are special people, and gardening couples are extra special people, so the sad passing of John Morris is deeply felt in the Garden Club and in the wider village community.

Along with Janet, John created the lovely garden which surrounds their home in Rock Close and we were always given a warm welcome by John when we visited as part of Nosy Gardens.

John was a true gentleman but also a gentle man.

He will be missed as the unsung member of the Committee, always willing to lift and carry, set out chairs and tables and help clear up at events. We will also miss seeing him ambling around the village with Janet and on behalf of the Club, we offer Janet and her family our deepest sympathy at this very sad time.

**Trevor Stevens, Club Chairman.**

#### **Nosy Gardens**

25 members thoroughly enjoyed pottering around five very different gardens on a lovely summer's June evening. Small is beautiful when it comes to David and Lavinia's cottage garden in Lower Street. Packed with vibrant flowers in borders and pots, it was cleverly interspersed with annuals, shrubs and sculpture. (See photo above).

By contrast, we loved walking amongst the contented chickens in Lorraine's large garden where she successfully grows her own veg and fruit, alongside creating a wonderful habitat for wildlife. She has two impressive ponds and the setting is a perfect and peaceful haven to attract amphibians, insects and birds etc.

We also enjoyed not only the tranquil countryside views from Jean and Ben's garden on the corner of Summer Ley but seeing the many pretty borders they've created by adding herbaceous perennials and interesting shrubs, alongside the majestic trees they inherited.

Both of Hannah's gardens in Summer Ley were interesting, being the complete opposite of what modern developers now design and build! They have a good sized rear garden but their front garden is huge with sweeping borders, shrubs, lovely ornamental trees and a delightful countryside view of the bridle path and fields beyond. The perfect setting for new baby Rosenwyn!

Finally, Sophie's garden in Lower Street was fascinating and shows how you can successfully combine a colourful garden which contains not only a beautiful home office adorned with ornamental fruit trees but also a spacious lawned area with adjoining cricket pavilion, the likes of which Ben Stokes and his team would have felt very at home in! The presence of many mature trees completed the sense of tranquillity. Our grateful thanks to all members who hosted us.

#### **Would you like to become our new Chair?**

Trevor is leaving for pastures new in the coming months and we're desperate for a new Chair. Jean Thomas is happy to continue as Treasurer and Sue Lane as Secretary but we cannot function without a Chair person. We have well over 40 households as members so we are a thriving village Club (especially for the size of the Barfords!) and it would be a great shame if we had to fold. It only involves a few hours a month but is very rewarding. Please contact Trevor for a chat if you're interested. (Details at the end of this Report).

**Trip to Ball Colegrave, Adderbury** Our much anticipated trip will have come and gone by the time you read this, so we'll report back in September.

**Where there's muck, there's brass** We've received a lovely note from Hannah Timms, Fundraising Dept. at Katharine House:

*"We've counted your collection tin and there were a staggering number of notes in there! The total was exactly £228 which is absolutely brilliant. A big thank you to everyone at Barford Green Garden Club, and of course Kathryn Wheeler for showing us such generosity. It's greatly appreciated. As an organisation desperately reliant on the support of the local community to fund the care we provide, it means a lot that you continue to think of us."*

**Interesting Courses at FarmEd** (Food/farming education centre). See their website for opportunities in August. [www.farmed.co.uk](http://www.farmed.co.uk)

#### Here are some jobs for August:

- Keep ponds and water features topped up.
- Lift and pot up rooted strawberry runners.
- Prune wisteria.
- Deadhead flowering plants.
- Collect seed from garden plants.
- Harvest sweetcorn and other veg as they become ready.
- Take care - keep out of the sun and wear high factor suncream and drink lots of water.

If you would like to join us, our Committee or volunteer as our new Chair, please contact Trevor on 338403, email: [trevorstevens49@hotmail.com](mailto:trevorstevens49@hotmail.com) or Sue on 338900, email: [sueandles45@hotmail.com](mailto:sueandles45@hotmail.com)  
We wish you lots of good gardening during August.



**Spade and Fork**



**"You are free to do whatever you like.  
You need only face the consequences."**

**Sheldon B Kopp,  
quoted in The Guardian**

## BARFORD CHARITIES

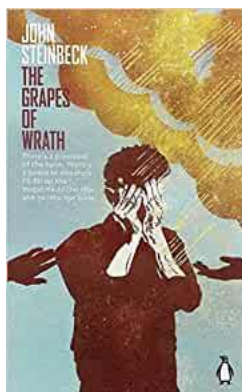
The Barfords are very fortunate in having two charities that can support villagers.

The Shepherd and Bakehouse charity was pleased to give grants of £400 to 8 students last year. People may get a total of £1,200 in grants and we hope that most youngsters will apply whether they are going on to further education or starting work related training. Although the charity primarily supports people of 16 – 25 years we would be happy to consider applications for work related courses being undertaken later in life.

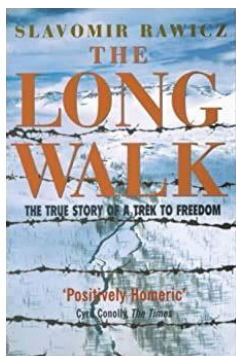
The Hall and Fernhill Trust can be quite flexible and most grants are in the region of £200. Grants have been given for a broad range of needs and the Trustees are happy to have informal discussions as to whether particular applications might be appropriate. Very few applications come from the individuals themselves with most recipients being nominated by a friend or neighbour but we would like to see more people coming forward.



## READING RECOMMENDATIONS

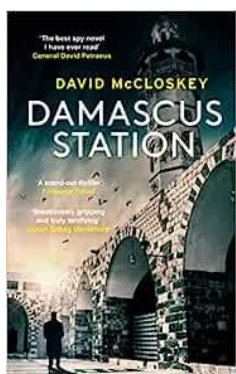


***The Grapes of Wrath*** by John Steinbeck is a magnificent powerhouse of a novel, as potent and relevant today as it was on its 1939 publication. Migrant workers, dispossessed farmers, prejudice towards outsiders, man-made destruction of ecosystems, misuse of power, clampdowns on protest and attempts to establish social justice: it's all here in this compelling story of exodus and survival against the odds. The Joad family's rented Oklahoma land has become exhausted through monoculture and corporate greed; in effect climate refugees, they head west to California in a ramshackle truck, lured like countless others by visions of a promised land of plenty and readily available work. We share their hopes, their losses, their disillusionment, their determination to build a new life. It's tragic, compassionate, intensely moving - every politician should read this. **Linda Newbery**

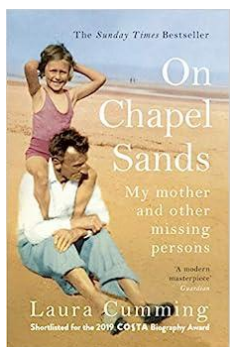


***The Long Walk*** by Slavomir Rawicz. Rawicz was a young Polish cavalry officer. On 19 November 1939 he was arrested by the Russians and following a ruthless interrogation he was cynically sentenced to twenty-five years in a gulag. After a three-month journey in the dead of winter to Siberia, life in a Soviet labour camp meant enduring starvation, extreme cold, illnesses and the daily risk of arbitrary execution. Recognising that to remain meant almost certain death, Rawicz, along with six comrades, escaped. In June 1941, they crossed the trans-Siberian railway and headed south, climbing into Tibet and ultimate freedom in British India nine months later. The surviving escapees travelled over four thousand miles on foot through some of the harshest regions in the world, including the Gobi Desert, and the Himalayas. First published in 1956, this is one of the greatest true stories of escape and evasion against all odds. Utterly inspirational.

**Paul Freeman**



***Damascus Station*** by David McCloskey: even for a reader not usually inclined towards thrillers, this novel is worth investigating. McCloskey himself is a former spy and he has written, with some skill, a spell-binding tale set in the grim world of the Syrian civil war. It centres around CIA agent Sam Joseph who is sent to investigate the mysterious disappearance of a colleague. In the course of his mission he recruits Mariam Haddad, an official employed by Assad's regime. But then, against all the regulations, a love story intervenes and Sam is caught in an ever more dangerous position. The action moves between Syria, idyllic European resorts and the US and the result is a textured portrayal of espionage, love, loyalty, and betrayal in one of the most difficult of all CIA assignments. Not just a page turner but a vivid insight into life in a country that has endured and continues to suffer such brutal agonies. **Suzanne Franks**



***On Chapel Sands: my mother and other missing persons*** by Laura Cumming: on an Autumn evening in 1929, the author's mother, a child of three, was kidnapped from the beach on which she was playing, returning home safely five days later.

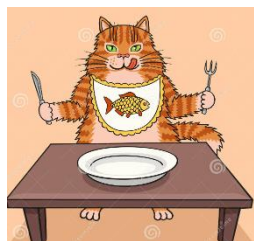
In this haunting, lyrically-written book, Laura Cumming sets out to unravel the riddle of that disappearance. With her art-critic's eye, she interrogates old photographs, seeking answers from these mute images, breaching walls of silence and chasing down the will-o'-the-wisp of memory.

Part detective story, part social history and wholly a tribute to love, the essence of this riveting book is an unfathomable mystery: that of the human heart, with all its passions and frailty.

**Jenny Greeves**

---

Reviews are compiled by Linda Newbery. For a book recommendation on alternate Mondays, all by writers or independent booksellers, follow **Writers Review**: [www.reviewsbywriters.blogspot.com](http://www.reviewsbywriters.blogspot.com)



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#### Food

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#### Service

★★★★★

#### Value

★★★★★

#### Atmosphere

★★★★★

**COMMENTS:** the pub offers breakfast, lunch and dinner in the main restaurant. There is also a large garden with alfresco dining in a heated and covered stretch tent with its own bar.

Angus and I popped in for breakfast on a Tuesday morning and we were really impressed. I had the Eggs Royale and it was cooked perfectly, plenty of salmon and sauce. Angus had the Full English. The ingredients were fresh and obviously really good quality, not all horrible and greasy. I did nick a bit of his sausage so I know...I explained that it was purely for investigative purposes....!!

The staff were so lovely. Attentive but not over the top. Great value, so, yep, I would definitely recommend a breakfast visit.

\*\*\*

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\*\*\*

## STATISTICS



*One in ten flights taking off from UK airports are private jets.*

**The Times**

*More than 28,000 people in England have been convicted of breaching COVID regulations; 56% of those convicted were under 30.*

**The Guardian**

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|  Cloud Services             |  Remote Support    |
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### Police contact numbers

In an emergency call 999

Non-emergencies call 101

Textphone 18000

Banbury office 01295 754 541

Thames Valley Crime-stoppers

**0800 555 111**



### **Volunteer Connect Community Transport Scheme**

Taking passengers of all ages, to medical appointments, social events, shopping trips and visits to day centres, clubs, relatives etc.  
The price is 45p per mile to cover the cost of petrol.  
Call us on 0300 3030 125 or email [transport@volunteerconnect.org.uk](mailto:transport@volunteerconnect.org.uk)

**DEDDINGTON LIBRARY ☎ 338391**

### **'back to normal' OPENING HOURS**

**Monday 2.00–7.00pm**  
**Wednesday 9.30am–1.00pm**  
**Thursday 1.00–5.00pm**  
**Saturday 9.30am–1.00pm**

### **Buses:**

Dial-a-Ride, door-to-door service  
operates Monday to Friday  
Telephone requests at least 7 days in  
advance please to arrange pick-up 0845 310 1111

### **Deddington Farmers' Market**

**Fourth Saturday of each month**  
(Third Saturday in December)  
**9am to 12.30pm**

Fresh meat, game, vegetables, eggs  
Mushrooms, fish, honey,  
cakes, pies and more  
Craft stalls in the church



### **Barfords Village Hall**

Offers the ideal venue for your events.  
A large room for up to 100 people.  
Hi-Speed Broadband, audio/projection equipment  
and loop system  
Well equipped kitchen with cookers, freezer and  
fridge, crockery and cutlery for 80  
\*\* bar area \*\*  
baby-changing equipment and disabled facilities.  
Bi-fold doors opening to secure garden with toddlers  
play equipment and space for a marquee and  
gazebos  
Suitable for parties, meetings, clubs, film shows,  
cuppa mornings, dances, demos, etc.

Details of rates from the booking secretary –  
**Jess Romain on 01869 338 772**  
Any day before 8pm

### **DROP IN COFFEE MORNINGS**

Ex-Servicemen's Hall, Bloxham  
Every Friday 10am - 11.00am  
a limited range of cakes, preserves,  
and plants available  
Celebration cakes and other  
special orders taken

## **Barford St. John and St. Michael Parish Council**

Clerk: - David Best  
Street Farm  
Barford St. John  
OX15 0PR  
01295 720566  
[davidbest.barfordspc@gmail.com](mailto:davidbest.barfordspc@gmail.com)

|                |                |              |
|----------------|----------------|--------------|
| Chairman:      | Mrs. S. Turner | 01869 337228 |
| Vice Chairman: | Dr R. Hobbs    | 01869 338078 |
| Councillors:   | Mr. C. Charman | 07796 544363 |
|                | Mr R. Cox      | 01869 337736 |
|                | Mr. T. Lovell  | 07760 162593 |
|                | Ms. M. Appleby | 07867 848881 |

Parish Council meetings are held Bi-monthly in the Village Hall on 1st Wednesday in the month at 7.30pm

This is an opportunity for parishioners to bring questions or concerns to the meeting in person

CDC website: [www.cherwell-dc.gov.uk](http://www.cherwell-dc.gov.uk) – Parish Council minutes at [www.cherwell-local.com](http://www.cherwell-local.com)

ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

**VILLAGE AND LOCAL EVENTS DIARY**  
Diary dates to the editor by 15<sup>th</sup> of each month please

**CHURCH SERVICES**

**Church of England**

**AUGUST**

Coffee & Chat 10.30am St Michael  
Holy Communion 9am St Michael  
Family Service 10.30am St Michael  
Family Holy Communion 10.30am St Michael  
Holy Communion 9am St John

**IMPORTANT NOTICE RELATING TO DEDDINGTON,,  
BARFORD AND HEMPTON CHURCH ENQUIRIES**

Following the retirement of Annie Goldthorp the parishes of Deddington, Clifton, Hempton and the Barford's will be without a resident vicar for up to nine months. In the event of anyone requiring assistance with weddings, funerals, home visits or consultation with a priest they should in the first instance contact one of the church wardens at Deddington or Barford churches who will then arrange for a suitably qualified person to contact you.

**Churchwardens contact details :-**

**Deddington** Stan Nelson or Lucinda Fuoco  
at [wardens@deddingtonchurch.org](mailto:wardens@deddingtonchurch.org)

**The Barfords**

Sue Addison or Sally Barber both  
at [barfordchurches234@gmail.com](mailto:barfordchurches234@gmail.com)

**Methodist Chapel**

For details of services contact:  
Mr Robbie Pilkington ☎ 01295 811367

**Roman Catholic**

Holy Trinity Catholic Church,  
26 London Road, Chipping Norton, OX5 5AX  
Phone: 01608 642703

Parish Priest: Father Tony Joyce

Email: [holytrinityrcchippy@gmail.com](mailto:holytrinityrcchippy@gmail.com)

On Call: Rev. Deacon Robert Hughes

Tel: 01295 720869 | Mobile: 07766 711984

**Masses:**

Saturday - 6pm Vigil Mass Sunday – 11.00am  
Mass Weekdays Normally 9.15am can be subject to change



**Regular Weekly/Monthly Events**

|                   |  |
|-------------------|--|
| <b>Mondays</b>    | Beavers (Deddington)<br>Boys Brigade Band Practice   |
| <b>Tuesdays</b>   | Guides (Deddington)<br>Carpet Bowls (September-March)  |
| <b>Wednesdays</b> | Brownies (Windmill, Deddington)<br>Parish Council, 1 <sup>st</sup> Wednesday,<br>Bi-Mthly<br>WI, 2 <sup>nd</sup> Wednesday<br>Boys' Brigade (Deddington) |
| <b>Thursdays</b>  | Village Hall Post Office<br>Open Cuppa Mornings<br>Cubs (Deddington)<br>Scouts (Deddington)  |
| <b>Fridays</b>    |  |
| <b>Saturdays</b>  | Village Market, 3 <sup>rd</sup> Saturday   |

**AUGUST – NO VILLAGE MARKET**

13<sup>th</sup> BAFORD BASH in aid o Katharine House – P19

16<sup>th</sup> Village Lunch at The George

27<sup>th</sup> Village BBQ

28<sup>th</sup> Church Fete in the village hall & garden

**SEPTEMBER**

2<sup>nd</sup> CIRCUS – Deddington School Field

5<sup>th</sup> Carpet Bowls Returns – village hall

9<sup>th</sup> Barford Village Show

**BARFORD NEWS**

**Copy deadline 15th of each month**

**Editor: Lucy Norman** 01869 337678

**Dep Editor: Mariann Young** 01869 338570

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