



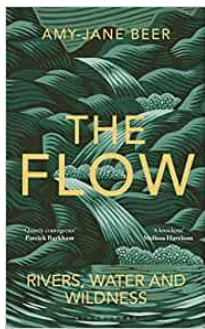
*Wishing you and your families a
very happy, healthy and
peaceful 2023*

From Lucy, Mariann & Caroline

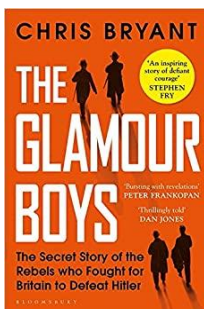


Photo courtesy of Ishbel & Paul Freeman

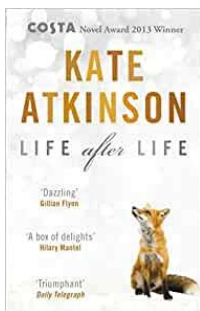
READING RECOMMENDATIONS



The Flow by Amy-Jane Beer is both a personal pilgrimage and a wide-ranging investigation. A keen and apparently very brave kayaker, Beer was shocked into writing this book by the accidental death of a close friend. Mostly alone, but sometimes in the company of experts, she explores (by walking, swimming and snorkelling, boating, sometimes just sitting still and observing) rivers, chalk streams, bogs and rivers in various parts of the British Isles and in all weathers, and writes with a deep love and knowledge of the natural world. At first I'd thought I might just dip in (ha!) but was soon compelled by the range of insights and the immediacy of the writing. *Guardian* readers may know Amy-Jane Beer as a regular contributor to *Country Diary*; she's a wise and likeable companion on this watery tour. **Linda Newbery**



The Glamour Boys by Chris Bryant: the author, MP for Rhondda and Chair of the Committee on Standards and Privileges, who is himself openly gay, writes about a group of young British MPs, whose homosexuality was necessarily hidden, who, having visited Berlin in the early 1930s to experience its sexual liberalism, witnessed at first hand the danger when Hitler won power. Their queer and Jewish friends were arrested, interned and murdered. They were among the first to warn Britain and repeatedly to speak out openly and bravely against Chamberlain's policy of appeasement, only to have their phones tapped and to be threatened with exposure. Their bravery in peace was matched in war - they all enlisted and four died in action. Well researched and brilliantly told. **Christopher Murray**



Life After Life by Kate Atkinson centres around Ursula Todd who is born one snowy night in 1910 and dies strangled on her umbilical cord. On that same night in 1910, Ursula is born and lives. As Ursula grows, she also repeatedly dies in a variety of ways as the century marches on through the Great War, the influenza pandemic and the London Blitz during World War II (which takes her several attempts to live through). Lots of stories in one story. Ursula has lived so many similar lives and in each life she is nagged by a strong sense of déjà vu. The novel has all the drama of wartime England combined with a soft, often quiet story about family life and just... people. I personally would not have picked this book to read but it was lent to me and I thoroughly enjoyed it. **Ish Freeman**



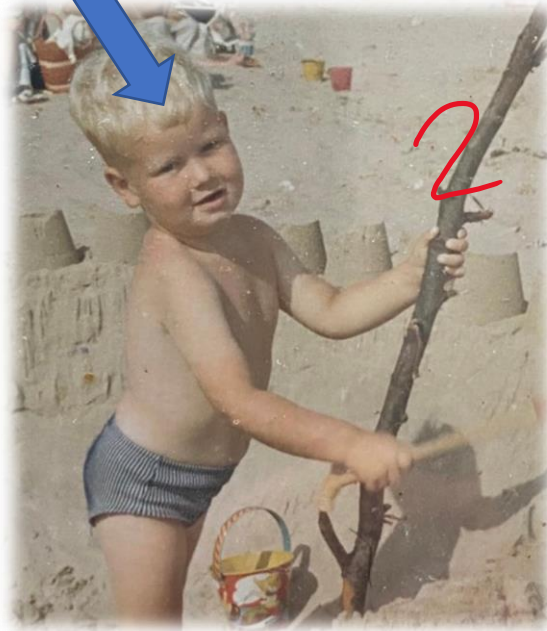
The Fall of Boris Johnson: The Full Story by Sebastian Payne. Heraclitus some 2500 years ago pronounced that "character is destiny" and so it proved with the man universally known as Boris, a short-term Prime Minister and a long-term classics scholar. He put to the test almost to destruction the "good chap" theory of Government. To assess his personality at a distance is difficult, and in any event probably in the realms of a psychologist rather than a mere lawyer like myself. Sebastian Payne covers the extraordinary fall of Johnson in 263 pages of breathless prose. He looks at the 3Ps, Paterson, Partygate and Pincher and shows how character flaws brought down a man who managed to gain a 80-seat majority. He signed off with "hasta la vista baby". Will there indeed be a Second Coming as a desperate Tory Party looks for a vote winner? **John Bowers**

Reviews are compiled by Linda Newbery. For a book recommendation every Monday, all by writers or independent booksellers, follow **Writers Review**: www.reviewsbywriters.blogspot.com



BYGONE BARFORD BABIES – We really hope you are enjoying the photos. Here is the next instalment....see Page 18 for the answers

BROAD CLOSE BABES – this ‘green’ lady and her husband (standing, not knealing)



This Lower Street lad, not only an incredible artist but has the greenest fingers in Barford.

Our first ‘St John’er’....?

PLEASE SEND YOUR BABY AND/OR WEDDING PHOTOS to barfordnews@gmail.com



grubadvisor

review by Lucy Norman

Where did you eat?

The Duck on the Pond, South Newington
Oxfordshire, OX15 4JE
01295 721166
www.duckonthepond.co.uk

Cuisine?

A la Carte menu championing fantastic local meats, freshwater fish and locally grown produce and our Tasting Menu featuring signature dishes and our most recent Harvests.

RATINGS

Out of 5 stars.....

Food

★★★★★

Service

★★★★★

Value

★★★★★

Atmosphere

★★★★★

COMMENTS: Wow. Angus and I had a celebratory birthday lunch with 2 fellow Barfordians a few weeks ago and we all thoroughly enjoyed it.

Our choices ranged from cured duck with preserved duck egg yolk, pickles & duck broth to Newbottle sirloin, cavolo nero leaves & stems, ox cheek & potato terrine & beef sauce. The service was so good, attentive but not overly so, which in turn made for a lovely and relaxed atmosphere. Regarding value, it wasn't cheap but then superb food never normally is.

The next time my fantastic, one-in-a-million husband suggests 'eating out' I am going to have to try the 11, yes you read it right, 11-course tasting menu with 9 wine pairing.



and THE WORDSEARCH WINNERS are:

- * Imogen Foster of Horn Hill
- * Lawrence Fyfe from The Green

Well done, both....enjoy your prizes

PLEASE NOTE...

Temporary Traffic Regulation Notice – S14 Road Traffic Regulation Act 1984 Temporary Road Closure at Barford St Michael, Lower Street

A request has been received from National Grid Electricity Distribution for a temporary road closure to apply to a length of Lower Street, whilst essential new connection for supply upgrade works are carried out.

A temporary Notice is being made by Oxfordshire County Council to implement the temporary restriction and will operate from 20 February 2023 up to and including 24 February 2023. This is a 24 hour road closure

Please note that Notices for urgent works can last up to 5 consecutive days only.

Further information regarding the works may be obtained by contacting Standby Manager on 08006783105 or email ahaywood@nationalgrid.co.uk



**OXFORDSHIRE
COUNTY COUNCIL**

**TRAFFIC REGULATION NOTICE
ROAD TRAFFIC REGULATION ACT, 1984**

Notice is hereby given pursuant to Section 14(2) of the Road Traffic Regulation Act, 1984, that the Oxfordshire County Council

**TEMPORARILY PROHIBITS THE USE OF THE HIGHWAY
BY ALL MOTOR VEHICLES**

LOCATION: Barford St Michael, Lower Street

REASON: To facilitate new connect for supply upgrade

DURATION: Starting on 20 February 2023
The anticipated completion date is 24 February 2023 (date included). This is a 24 hour road closure

(Traffic Regulation Notices cover a maximum of 5 consecutive days.)

ACCESS: Limited access will be maintained for emergency service vehicles and for frontages within the closed section of road, subject to the progress of the works

SUGGESTED ALTERNATIVE ROUTE: via Church Street, The Green, Townsend, High Street, The Rock, Bloxham Road and vice versa

Bill Cotton

Bill Cotton,
Corporate Director : Environment and Place

Date: 11 November 2022

VILLAGE HALL – OPEN MORNING
SATURDAY, 21ST January 2023, 10.00 – 12.00



**Join us at the start of Village Halls Week 2023,
to meet up with friends or to find out
what our lovely village hall has to offer.**

**Complimentary hot drinks will be served all morning,
plus Mick & Anne's delicious Bacon Butties will be on sale.**

**Village Halls Week is a national campaign,
shining a spotlight on the contributions that England's 10,000+ Village Halls
make to rural communities, offering warm, welcoming and inclusive spaces .**

(Please note that we do not hold a Village Market in January)



NEW VILLAGE MARKET MANAGER

After 12 years of running our village market, Mariann (centre) has handed over to Melanie Doyle (right). Les Hall presented Mariann with a generous 'thank you' on behalf of the Hall Committee. Mariann thanked her faithful 'support team' of Mick & Anne Pearson, Les & Christine Hall and Paul & Ish Freeman who will be working with Mel to ensure that the market continues.

The proceeds from the market make a major contribution to the running costs.

Please give your support in 2023.


Happy New Year to All!!

GREEN THOUGHT OF THE MONTH

BARFORD ENVIRONMENT NETWORK is a friendly, informal group that looks for ways of greener living in our villages. To join or learn more, contact **John O'Brien**: john@lcmb.co.uk. See us at the village market every month selling **SESI refills** – washing-up liquid, general-purpose cleaner and more. Also, zero-waste shopping from **Nothing But Footprints** is delivered to our market free of charge. Order online from www.refillnotlandfill.co.uk by Friday lunchtime before a market day.



SAVE OUR SWIFTS! Summer wouldn't be summer without these iconic birds – their soaring flight and exhilarating shrieks. We're lucky to have swift roosts in the Barfords, but swifts everywhere are in drastic decline, partly because nesting sites are being destroyed. Oxfordshire campaigner Hannah Bourne-Taylor has started a petition, supported by the RSPB, asking for 'swift bricks' to be included in all new housing: this would benefit not just swifts but also house martins, starlings and sparrows. You may have seen Hannah's bold protest recently when she marched through London almost naked apart from feathery body paint, gave #TheFeatherSpeech, an impassioned plea to protect swifts, and delivered her petition request to 10 Downing Street. To support this, find out more from #EveryBirdCounts or www.hannahbournetaylor.com and sign and share <https://petition.parliament.uk/petitions/626737>

VEGANUARY  is here - and attracts more supporters each year, as awareness grows of the environmental and climate impacts of meat-based diets.

Can you commit to eating only plant-based food for the month of January? Maybe you feel this would be a step too far, but there can be little doubt left that we must collectively reduce our dependence on meat and dairy products to have any hope of meeting climate targets.

The UN estimates that animal agriculture accounts for 14.5% of human-produced carbon emissions and is a driving cause of habitat loss including rainforest destruction (because cleared land is used to grow animal feed). Reducing or eliminating meat from your diet is described by an Oxford University study as the single biggest change you can make to reduce your personal carbon footprint. The National Food Strategy, led by Henry Dimbleby, concluded that a 30% reduction in meat consumption is needed to ensure food security for the future, while the EAT / Lancet Planetary Health Diet states that a sustainable diet should be predominantly plant-based, with only small additions of meat and dairy produce – i.e. meat shouldn't be seen as a staple ingredient.



There are health benefits to reducing meat, too. Did you know that the World Health Organisation categorises bacon and other processed meats as Class 1 carcinogens? Or that other red meat is classed as 2A: 'probably carcinogenic to humans'? Surely it's time to end our addiction to dietary habits that are bad for the planet, bad for animals and bad for us.

Also you can eat far more cheaply if your meals are predominantly plant-based, especially if you cook from ingredients. It's estimated that a plant-based diet can cost two-thirds less than a meat-based one – another important consideration in this current cost of living crisis.

Find out more, including recipes, at www.veganuary.com. Or, if Veganuary isn't for you, you could:

- adopt Meat-Free Mondays or reduce meat in other ways.
- be aware of which foods have the highest carbon footprint and which have the lowest. There's plenty of information on this, for example from Our World in Data.
- if you do eat meat, choose local and high welfare – avoid buying meat from intensive farming systems.
- Widen your range of plant-based meals to cook for yourself and your family - find new delicious standbys.
- if eating out, choose meat-free dishes when they're available – Veganuary sees many restaurants and cafés making an extra effort.

We urgently have to make the connection between what's on our plates and the climate emergency. Happy plant-based eating!

Green Thought of the Month is compiled and edited by Linda Newbery. If you have a green idea to share, please contact L.newbery@btinternet.com

HALL & FERNHILL CHARITY - The pandemic has been difficult for many people and it seems likely that price rises are on the way. If anyone has been particularly badly affected, or if you know of a neighbour who has been affected, please let us know and we will help if we can. Applicants should be resident in Barford St Michael or St John, applications can be made at any time throughout the year and can be awarded to people of any age.

Those wishing to apply for a grant may speak informally to any of the Trustees. Formal applications should be by email to the clerk. Any contact will be in strict confidence.

PLEASE DO NOT BE AFRAID TO APPROACH US. Trustees: John Hirons, Helen Honour, Les Hall, Maggie Eden, Zalie Butler and Jill Hopcraft. Ex-officio Trustee - Rev Annie Goldthorp | Clerk - carole.coppin@hotmail.co.uk

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ADULTS £7 CONCESSIONS £6 CHILD £5

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*Booking fee applies

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200 CLUB DRAW DECEMBER

£100	166	Rupert Moulton
£50	011	Gunilla Treen
£25	152	Kath Gosling
£15	169	Bryn Williams
£10	024	Steve Cook
£5	182	Sue Lane

The draw took place at The Coffee Morning
in the Village Hall



An Illustrated Talk on • COTSWOLD KNIT • By Anna Wheeler



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Join us to hear about Anna's work and to see some examples of the unique knitwear the company has to offer.

Wednesday, 11th January

7.30pm in the Village Hall

All Visitors welcome (£5)

To come along to our W.I. Meeting

Please contact Christine 338659

barfordwi@oxfordshirewi.co.uk

AN INVITATION



TO JOIN US



**Village Cuppa
Mornings
10.00 ~ 11.30
Every Thursday
In the Village Hall**



Banbury Foodbank

to help local people in crisis.

Hunger remains a reality for many. Please help by buying items from the list below and putting them in the box inside the porch of St Michael's church.

Cereals, Tea/coffee, Soup, Tinned vegetables, Pasta, Tinned fruit, Rice, Biscuits, Tinned tomatoes, Pasta sauce, Lentils, beans & pulses, UHT milk, Tinned meat, Fruit juices

NON-PERISHABLE ITEMS ONLY, PLEASE

Many thanks

BARFORD GREEN GARDEN CLUB
Notes from our Potting Shed – January 2023

'Any-one who thinks gardening begins in the Spring and ends in the Fall is missing the best part of the whole year - for gardening begins in January with the dream'.

Josephine Nuese



A Happy New Year to our members, their families and all those in the Barfords. We hope you thoroughly enjoyed the Christmas break with your friends and families.

Club News

Due to the vagaries of the freezing and icy weather conditions last month, we felt we had to cancel our Christmas Social/Quiz planned for 12th December. This will, however, be re-arranged shortly - watch this space for further information.

We're planning a busy itinerary for 2023 to include speakers, trips, our popular 'Nosey Gardens' event and our annual Plant Swap.

Annual General Meeting

This will be held on Monday 6th February 2023 at the village Hall at 7.30pm. We hope as many members as possible will attend this important event. We'll keep it short, friendly and hopefully, informative. We'll present a brief summary of our past year and inform members of our future plans.

One important aspect is to encourage a couple of members to join our Committee. If you would like to join us, you will be very welcome. It only takes up a few hours a month but is very rewarding and we have a great group of committed people on board. To find out more, please contact Trevor, our Chair. (See details at the end of this Report).

Some jobs for January:

January is often the coldest month but as the days lengthen, the garden starts to grow. Now is a great time to plan for the coming gardening year and to order seeds and plants. Enjoy the fresh air on dry sunny days and check winter protection, stakes,

ties and supports are still working after any severe weather.

Put out food for birds and leave some garden areas uncut, a little longer, to provide shelter for wildlife in your garden.

Recycle your Christmas tree by shredding it for mulch or contact Katharine House Hospice and they will collect it in exchange for a donation – see below. Clean pots and greenhouses ready for spring: Dig over any vacant plots that have not been dug already. Disperse worm casts in lawns, inspect stored tubers of dahlia, begonia and canna for rots or drying out.

Prune apple and pear trees and plan your vegetable crop rotations for the coming season. Sow seeds of begonia, lobelia, salvia and pelargonium in a heated greenhouse or propagator to provide early plants. Sweet peas can be sown this month. Sweet peas sown earlier in the autumn can now be potted on, taking care not to disturb the roots too much. Place them on a sunny windowsill or on a high shelf in the greenhouse that gets plenty of light. This is the last chance to sow seeds that need frost in order to germinate (such as native tree and shrub seeds, and alpine plants).

Plant lily bulbs in pots and in borders during mild spells. Summer bulbs, seed potatoes and onion sets will be available to buy from the middle of the month. Cut off old leaves of hellebores that produce flowers from ground level to expose the flowers.

Happy January gardening - maybe from your armchair and keep warm.

If you would like to join our Club, contact Trevor on 01869 338403, email:

trevorstevens49@hotmail.com or Sue on 01869 338900, email: sueandles45@hotmail.com It costs just £5 per year and there are discounts, plus talks/visits to enjoy.



Spade & Fork



**Christmas Tree-cycle! Register on our website
before Tuesday 3rd January
khh.org.uk/christmastree
to have your tree collected**





There's still time to buy tickets to support our Village 200 Plus Club raising Funds for our Village Hall

TICKETS FOR 2023 ON SALE NOW!!

New members always very welcome, (members must be 18 years or over).

£8 for each annual subscription is such a small price to pay towards supporting our lovely hall. So, if you are not already a member of the 200+ club, then please join us.

For just under 70p a month you can really make a difference.

Thank you from the 200+ Club Team

If you would like to join please contact Les on (338 659) or Mariann (338 570) to reserve your tickets.



Where do I start....?

An enormous thank you to all of the 'Coffee Morning regulars' who donated £100. That is an incredible amount of money, thank you so much for thinking about us.

Secondly, another enormous thank you to the lovely couple from Lower Street for your £30 donation. You want to remain anonymous I know who you are...!!

Thirdly, to a former Barford resident who donated £10, how nice is that?

And last but by no means least, to a fabulous fella who has monthly links with the village but does not live here, an undisclosed donation...I will find out....!!

The Team



Welcome

to

Natalie Heath with sons

Woody and Freddie

(Not forgetting the pooch **Busby**)

Who have recently moved to Bay Trees. We hope that they will be very happy living in their new home



NEW YEARS DAY WALK

This may be good or bad news, depending on your point of view. The New Year's day walk is going ahead, but we are going back to soup at the end of the walk, back at the village hall.

Meeting for the photo shoot at 10.15. Departing at 10.30. Route TBA (I only make the soup).

Despite the rising cost of living, it's still just a fiver donation that we ask for. It's towards the kids in Kathmandu.

**See you there.
T'committee.**

a BIG furry welcome to Minnie Nicholls



who recently moved into the High Street
Have fun in Barford, Minnie

WEDNESDAY LUNCH CLUB

18th January @ The George

12:30pm for 1pm

MAINS

All served with family style vegetables

- slow roast pork belly
- braised puy lentils

OR

- Hake alla carlina -
garlic roast Potatoes / courgetti

DESSERTS

- apple tart fine -
cinnamon chantilly

OR

- Spotted dick -
traditional custard

Price £10 per person

*Please ring Anne & Mick on 01869 337074, or email mickpearson1@outlook.com by
Friday 13th January to book.*

Please Note: if you do not receive a reply to your email, we haven't received it so please call us.

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Victoria Online:

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www.victoriaprentis.com

Contact Victoria:



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**1. Hazel Neal 2. Andy Neal 3. Diana Muirhead
4. Jeff Elliott**

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Saturday 9.30am–1.00pm

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operates Monday to Friday
Telephone requests at least 7 days in
advance please to arrange pick-up 0845 310 1111

Deddington Farmers' Market

Fourth Saturday of each month
(Third Saturday in December)
9am to 12.30pm

Fresh meat, game, vegetables, eggs
Mushrooms, fish, honey,
cakes, pies and more
Craft stalls in the church

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Details of rates from the booking secretary –
Jess Romain on 01869 338 772
Any day before 8pm

Barford St. John and St. Michael Parish Council

Clerk: - David Best
Street Farm
Barford St. John
OX15 0PR
01295 720566
davidbest.barfordspc@gmail.com

Chairman:	Mrs. S. Turner	01869 337228
Vice Chairman:	Dr R. Hobbs	01869 338078
Councillors:	Mr. C. Charman	07796 544363
	Mr R. Cox	01869 337736
	Mr. T. Lovell	07760 162593
	Ms. M. Appleby	07867 848881

Parish Council meetings are held Bi-monthly in the Village Hall on 1st Wednesday in the month at 7.30pm

This is an opportunity for parishioners to bring questions or concerns to the meeting in person

CDC website: www.cherwell-dc.gov.uk – Parish Council minutes at www.cherwell-local.com

ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

VILLAGE AND LOCAL EVENTS DIARY

Diary dates to the editor by 15th of each month please

CHURCH SERVICES

Church of England

JANUARY

Sunday 8th - Holy Communion 9am St Michael

Sunday 15th - Family Service 10.30am St Michael

Saturday 22nd - Holy Communion 9am St John

Rev. Annie Goldthorp, Vicar, Deddington with Barford,
Clifton & Hempton. 01869 336880
email: vicar@deddingtonchurch.org.
Church Warden: Sue Addison 01869 338017

Methodist Chapel

For details of services contact:
Mr Robbie Pilkington ☎ 01295 811367

Roman Catholic

Holy Trinity Catholic Church,
26 London Road, Chipping Norton, OX5 5AX
Phone: 01608 642703
Parish Priest: Father Tony Joyce
Email: holytrinityrcchippy@gmail.com
On Call: Rev. Deacon Robert Hughes
Tel: 01295 720869
Mobile: 07766 711984

Masses:

Saturday - 6pm Vigil Mass
Sunday – 11.00am Mass
Weekdays Normally 9.15am, can be subject to change

Police contact numbers

In an emergency call 999

Non-emergencies call 101

Textphone 18000

Banbury office 01295 754 541

Thames Valley Crime-stoppers

0800 555 111



Regular weekly/monthly events

Mondays	Beavers (Deddington) Boys Brigade band practice
Tuesdays	Guides (Deddington) Carpet bowls – Sept - Mar
Wednesdays	Brownies (Windmill – Deddington) 1 st week, Bi-monthly Parish Council 2 nd Week W.I. meeting
Thursdays	Boys Brigade (Deddington) Village Hall Post Office Open cuppa mornings Cubs (Deddington) Scouts (Deddington)
Fridays	Rainbows
Saturdays	Village Market 3 rd week (except January or August)

DIARY DATES

JANUARY

1st Village Walk
11th WI Talk – Cotswold Knit
12th Parish Council meeting
18th Wednesday Lunch Club at The George
19th – 21st Deddington Panto – Wizard of Oz
21st Village Hall Open Morning

FEBRUARY

6th Garden Club AGM
20 February 2023 up to and including 24
February 2023 – Lower Street road closure

BARFORD NEWS

Copy deadline 15th of each month

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