



2022

HAPPY NEW YEAR

Wishing you and yours a very happy,
healthy and peaceful New Year

From The Barford News Team, Lucy, Mariann and Caroline
and of course not forgetting our Bevy of Barford Distributors

Janet & John Morris | Caroline Bird (Maisie)

Jan Elvidge | Kathryn Wheeler

Chris Cox | Becky Dyson

Sarah & Chris Charman | Gunilla Treen

Mariann Young | Cathy Peacock

Maggie Eden | Helen Honour

PARISH COUNCIL NOTES

A meeting of the Parish Council took place at 7.30pm on 17th November 2021 at the Village Hall and was attended by Cllrs Turner (Chairman), Hobbs (vice Chairman), Charman, Cosgrove, Eden, and Mr Best, (Parish Clerk and Responsible Financial Officer). Two members of the public attended the meeting.

Minutes of the last meeting: It was agreed that the minutes of the meeting held on 1st September 2021 were a true and accurate record (unanimous).

Report from County Councillor Arash Fatemian: None

Report from District Councillor Bryn Williams:

Access to Banbury Railway Centre – CDC are consulting on improvements to get busses, cyclists, and pedestrians to the railway station.

Household support fund – The new [Cherwell Household Support Fund](#) is now open to support the most in-need residents with the costs of food, energy and other utility bills. Other essential household costs can also be met. £250,000 has been delegated from Oxfordshire County Council from a national funding grant and will be available through to 31 March 2022. Residents can self-refer by calling [Citizens Advice North Oxfordshire](#) on **0300 303 0993**. **An advisor will call them back to assess their needs.**

Better homes, better health with housing support service - Oxfordshire residents with health needs can now access support to reduce housing-related health issues thanks to the Better Housing Better Health service. The service aims to ensure safer, more suitable housing conditions, to signpost support for other social and health problems, and to promote independent living for those with existing health issues. It is a partnership project between us, our local authority partners and the voluntary and community sector. [Read more about this initiative](#) on the county council's website.

Public Participation: None.

Allotments:

Letters requesting rent have been sent out to allotment holders. There is currently one allotment available. Two became available but one has been rented out. One allotment holder wanted to move to one of the plots that was vacated but this information had not been passed on to the Clerk before it had been offered to the resident on the waiting list. Residents are reminded to contact the Clerk with any queries relating to the allotments.

Parish Matters:

West Close Playground – The maintenance of the playground was discussed with two members of the Playground Committee following the annual inspections that had been carried out by ROSPA Playsafety. Chris Jarvis, an ex-playground inspector,

who carries out maintenance work on Cherwell District Council play equipment advised that only items that are flagged red in the report need to be rectified immediately. Green and Amber coded items can be rectified when time and resources permit. The maintenance funds are derived mainly from the annual duck race which has not taken place for two years due to COVID but there are still funds available in the account. It is recommended that 10-15 minute weekly inspections are carried out and it was agreed that a rota will be established.

Children have been observed playing on the bank along Murrays Lane. Parents and Guardians taking young children to the playing field will be aware of the road and ensure that the children play safely. Older children who go to the playground unsupervised should have been taught traffic awareness. It was agreed to plant more hedging rather than install post and rail fencing as fencing would just become another climbing frame so would not increase the safety along this boundary.

No Mow May - A resident had written to request that the Parish Council reconsider their decision to mow the verges through the year rather than let them grow. Councillors voted by a majority not to implement No Mow May again next year apart from an area in the North East corner of West Close if volunteers come forward to rake up the grass when it is mown at the end of the year.

Implementing Parking Restrictions in Villages – Oxfordshire County Council has asked Parish Councils to contact them if they would like to implement parking restrictions in their village. It was agreed that yellow lines do not look nice in villages and that there are no alternative areas for residents and visitors to park so no request will be submitted.

Royal British Legion Donation – It was agreed to increase the annual donation to the Royal British Legion to £100.

Hedge along Murrays Lane boundary of West Close – It was agreed to plant more hedging in February 2022.

Dog Waste in Litter Bins – Dog walkers are asked to use the dog bins provided not litter bins for dog waste. It was agreed to erect the spare dog bin at the junction of Lower Street and Bloxham Road near the litter bin.

Christmas Lights on The Green – It was agreed that replacement lights would be purchased as a lot of lights on the current set have failed. The new lights will be put in the tree and switched on as soon as they are delivered.

Defibrillators – A lot of villages have defibrillators and residents have requested defibrillators in the Barfords. It was agreed that views from residents would be sought via the Barford News and the Annual Parish Meeting. Grants will be investigated.

Planning:

21/02384/LB – The Old Forge – CDC permitted
5/10/2021

Finance:

Payments - The Clerk gained approval for payments totalling £1,440.48. The combined bank balances are £9,035.26 after the receipts and payments.

Next Meetings:

Wednesday 5th January 2022 at 7.30pm in the Village Hall

Please note that this is a summary of the minutes from the meeting. The full minutes can be viewed in the Parish Council noticeboards or at www.thebarfordvillages.co.uk in the Parish Council meetings page.



VILLAGE CUPPA MORNINGS
EVERY THURSDAY IN THE VILLAGE HALL
10.00 – 11.30

Just £1.00 per person pays for your cuppa and as many refills as you can drink including coffee, caffeine free, tea, fruit teas available - biscuits included in the price

Come down to the hall and meet up with friends and neighbours of all ages - Babies and children welcome!!

Freeway Jam

Introducing our new Bass Player

Steve Cook

Performing at The George Inn
Sunday, 2nd January 2022, 9pm Onwards



WILD FLOWERS IN THE BARFORDS

By: Margaget Murdin & Janet Payne
Ivy : heder



This extremely vigorous plant is the stuff of legends. The Greeks associated it with Dionysus, the God of wine and riotousness. It continued in the middle ages as a sign for alehouses. An ivy stick with leaves – a bush – was planted outside. A big tall one signified a popular pub. In Lancashire in the 1960's, unmarried couples living together were still said to be “living over t’(the) bush” – maybe only pubs would accommodate them? We still sing the mediaeval carol, The Holly and the Ivy, and of course use it as a Christmas decoration. This may be partly because of Victorian fashion, when everyone loved it, especially painters. Queen Victoria wore it garlanded in her hair, intertwined with diamonds. More prosaically it was made into rolling pins.

Farmers and gardeners often have less positive feelings about it, because of its vigour and ability to overcome the canopy of even a large tree. It does house many insects however – mine is host to many overwintering ladybirds. Beekeepers love it for the nectar supplied by its very late flowers. Ivy flowers, though insignificant to us, are a major source of both nectar and pollen late in the year. The ivy clad walls in Lower Street can be found ‘buzzing’ with honey bees, wasps and hover flies on fine days in September and October. The bumblebees have usually died out by this time but, as far as insects are concerned it’s the last important plant of the year.

The nectar is very concentrated having a high sugar content. This is ideal for honey bees as they don’t need to work hard to drive off the moisture and convert the nectar to honey.

There is one bee, the Ivy Bee, (*Colletes hederæ*) which restricts its pollen gathering to this plant so ivy is its essential food. This is a non native bee that was first seen in Dorset in 2001 but is now widespread in southern England.

The plant is harmful to humans if eaten and can be a skin irritant and allergen. Frighteningly, Culpeper the 17th century herbalist recommended it ‘to clean green wounds’.



Support for Barford News

Easyfundraising provides an easy way of raising money for Barford News, at no additional cost to you simply by shopping online.

Sign up on [easyfundraising.org.uk](https://www.easyfundraising.org.uk) and choose Barford News as the cause you wish to support. This allows us to raise FREE donations every time you shop on line. New supporters could make a big difference. We already have 20 supporters who raise funds for us when they shop on line so please sign up and support your village newspaper. It's completely FREE and only takes a moment.

Shop by selecting

<https://www.easyfundraising.org.uk/causes/barfordnews/> and then continue as normal with over 4,000 retailers offering small donations to Barford News with every purchase you make at no additional cost to you.

If you would like to discuss with one of our supporters, please get in touch with Lucy ☎337678 or Mariann ☎338570.

BLISTER PACKS RECYCLING PROGRAMME

Don't forget to drop off your empty blisters into the collection bucket in the porch of the village hall.

These will be taken to Superdrug in Banbury





NEW YEARS DAY WALK Kathmandu Kids Home Charity Fundraising Event

As promised, we will be holding our winter walk on New Year's Day.

So as to protect everyone from possible Covid exposure, it will take a different format this year. It will be the usual meeting outside the Village Hall at 10:00 on 01:01:2022 for the photo shoot. Then we will proceed with the guided walk. But this year is a completely new route. So, instead of coming back to the Village Hall for soup and crusty bread, we will have a stop en-route, where we will serve you with bacon rolls. It will be in an open spacious barn to allow for social distancing. If it is a cold day, please bring along a thermos flask of a hot drink of your choice as we do not have the facilities to provide hot beverages.

As this is a charity fundraising event, we kindly ask for a donation of £5:00. All proceeds go towards the home. We have all had to deal with the effects of this pandemic, but the kids in Kathmandu have had it really tough, and we have not been able to send our usual support as we have been restricted in what we have been able to do.



Please come and join us. Bring the kids, the dog, your relatives and help us raise some much needed funds.

Regards, T'committee, LSD



TTRO (T9563) Temporary Road Closure, Deddington, Hempton Road Temporary Traffic Regulation Notice - S14 Road Traffic Regulation Act 1984

A request has been received from Thames Water for a temporary road closure to apply to a section of Hempton Road whilst a new water main connection is installed.

A temporary Notice is being made to implement the temporary closures and will operate from the 10 January

2022 up to and including the 14 January 2022. This is a 24 hour per day closure. Access will be maintained for emergency service vehicles and for those frontages within the closure area, subject to the progress of the works and liaison with the works supervisor. Further information regarding the works may be obtained by contacting Indi Dorcich at Thames water on email indi.dorcich@thameswater.co.uk

Regards

Robert Graham

Officer | Network Management | Environment and Place | Oxfordshire County Council

Email: Robert.Graham2@oxfordshire.gov.uk

TUESDAY LUNCH CLUB
18th January 2022
12.30PM for 1PM

MENU

Main Course

steak, mushroom and ale pie
served with creamy mashed potatoes and seasonal
vegetables

or

roasted vegetable and bean lasagne
served with a mixed leaf salad and garlic bread

Desserts

gooseberry fool served with shortbread

or

apple and almond cake served with vanilla ice
cream

Price £6.00

As usual please bring your own drinks to have with
your meal

Please ring Anne & Mick on 01869 337074
or email mickpearson1@outlook.com by Tuesday
11th January to book

Please Note: if you do not receive a reply to your
email, we haven't received it so please
call us.

WE REGRET WE ARE UNABLE TO CATER FOR
ANYONE WITH FOOD ALLERGIES

PLEASE NOTE

The meal will only take place if the Government's
Covid rules in operation at the time allow.

Assuming we can go ahead please note the
following;

- 1) The hall will be well ventilated so please wrap
up warm.
- 2) In order to protect ourselves as much as
possible from the risk of Covid, we would
strongly suggest we all, a) carry out a lateral
flow test the morning of the lunch club to be as
sure as possible we are not contagious; b) use
the hand gel in the foyer on entering and
leaving and c) wear a face mask in the hall until
you are seated.

Barford Environment Network Eco-Hamper Winner!!



Congratulations to Kerryn McLeod and family
for winning the BEN eco-hamper after
submitting her **21 Changes for 2021** tick list.
Kerryn's won eco-goodies, produce from
Barford Village Market and other items
donated by BEN members, including a voucher
for a meal at The George with The George
donating an overnight stay! Enjoy the treats
Kerryn!

Thanks to everyone who completed **21
Changes** list. Here's to making even more eco-
choices in 2022 and seeing you at the BEN
refill stall at February's Barford Market!

From all at BEN



Congratulations

to Eleanor Best & Dan Bland
on the safe arrival of Romilly, born on
15 November, weighing in at 6lb 8oz, a
beautiful Granddaughter for
David & Sarah Best



Congratulations also to
Lara and Mark on the birth of
Owen Geoffrey, 8th October, weighing in
at 7lb 3oz, a handsome Grandson for
Kath Gosling of Lower Street



we wish both babies a
long, happy and healthy life

A Life of Crime

A Talk by Christopher Murray
(now a happily retired Grandpa!)



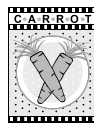
During his 45 year career as a lawyer in
the country's most prestigious criminal
law firm, Christopher was involved in a
number of famous and infamous cases –
Jeremy Thorpe, Maxwell, the Princess
Anne's attempted kidnap to name
but a few.

In discussing why and how he became a
lawyer, its serious and its comic sides, he
will touch upon these cases and several
others - and answer the question he has
been asked more often than any other –

*"How can you defend someone
you know is guilty?"*

Wednesday, 12th January
At 7.30pm in the Village Hall
All visitors are welcome (£5)
to come along to our W.I. Meeting
Please contact Christine ☎ 338659
barfordwi@oxfordshirewi.co.uk

theWI
INSPIRING WOMEN



BARFORD GREEN GARDEN CLUB NOTES FROM OUR POTTING SHED

*"Bare branches of each tree on this chilly January
morn look so cold so forlorn.*

*Grey skies dip ever so low left from yesterday's
dusting of snow.*

*Yet in the heart of each tree waiting for each who wait
to see new life as warm sun and breeze will blow, like
magic, unlock spring's sap to flow, buds, new leaves,
then blooms will grow."*

Nelda Hartmann, January Morn

FUTURE PLANS ... So far we have two events planned but as yet, we don't have dates. This is due to the Covid situation.

Wildlife Talk - Sadly, we had to postpone our December meeting with just a few days notice and we apologise for this. Due to the introduction of stricter Covid guidelines, our Speaker was limited to operating via Zoom which we felt wasn't appropriate. Hopefully we can re-schedule and as soon as we have a date, we will email members.

Annual General Meeting - this should be held in February and when we have a date, we'll let you know. It is also the time when we collect our annual subs - £5 per person/household for the year.

There will be significant Committee changes as two stalwart members are standing down - our Chairman, Gunilla Treen and Treasurer, Linda Newbery. We would like to thank them both for their fantastic commitment over many years. If you feel you would like to take on either role and join our friendly Committee, please contact Gunilla on 01295 720521. Both are still happy to help out but this is what we'll need to ensure the smooth running of the Club:

Chairman

This involves welcoming speakers and organising the AGM in February each year. Hours vary but more near the AGM. Access to a printer essential. Writing a monthly article for Barford News (1 hour per month).

Treasurer

Involves collecting members' subscriptions (with committee help), paying guest speakers, village hall hire/other expenses, making charity donations,

managing the online bank account, keeping simple accounts and presenting them at the AGM.

Seed Orders - Thank you to everyone who ordered this year. We received good feedback after last year's order from Kings Seeds so we used them again this year. As expected, we were a bit down on last year but 14 people ordered seeds to the value of £572.70 which meant we qualified for a 50% discount on most orders. After allowing for packing charges we saved members a total of £252.10. Our grateful thanks to Rodney Hobbs who organises this for us every year. If there is the demand and providing we can achieve a total order value of £50 (before discount), we will place a second order in January. Forms and catalogues from Rodney Hobbs 01869 338078. If anyone has a catalogue they no longer need, could they please return it to Rodney so it can be passed to others wishing to order.

Jobs for January - January might be the middle of winter and often the coldest month, but as the days lengthen the garden starts to grow. Now is a great time to plan for the coming gardening year and to order seeds and plants.

Recycle your Christmas tree by shredding it for mulch or for the first time this year, you can make a donation to Katharine House Hospice and they will collect your tree and take it away for you. **For details see: khh.org.uk/event/Christmas-tree-cycle**

Enjoy the fresh air on dry sunny days, and check your winter protection, stakes, ties and supports are still working after any severe weather. Also put out food for birds and leave some garden areas uncut, a little longer, to provide shelter for wildlife in your garden. Clean pots and greenhouses ready for spring. Dig over any vacant plots that have not been dug already. Disperse worm casts in lawns. Inspect stored tubers of Dahlia, Begonia and Canna for rots or drying out. Prune apple and pear trees. Start forcing rhubarb. Plan your vegetable crop rotations for the coming season. Make a polythene shelter for outdoor peaches and nectarines, to protect against peach leaf curl. Plant roses but avoid areas where roses were previously grown as this can lead to problems with replant diseases. Continue to plant bare-root deciduous hedging plants and trees. Stakes should be put in place before the rootball to avoid damage to the roots. Move established deciduous trees and shrubs, provided the ground is not frozen or waterlogged. Take note of the most vibrant dogwoods (Cornus), Salix and white-stemmed Rubus shrubs for a display of coloured stems. Seek out scented winter shrubs, such as Hamamelis, Sarcococca and

Chimonanthus when visiting gardens open to the public, or in garden centres, and consider planting them for a winter display.
More can be found each month on the RHS website.

New members are always welcome to join the Club and if you would like to be Chairman or Treasurer, even better! If you have any ideas for talks and/or visits, please contact us.



Happy New Year, Happy Longer Days
and Happy Gardening!

SPADE AND FORK

WELCOME

**to Kate Barker who
recently moved in to
Church Street. We hope Kate will be
very happy in her new home**



BARFORD VILLAGE MARKET

A reminder that we give our Producers a well earned break and Do not hold a market in January.

The next market will be on
19th FEBRUARY 2022

The total raised from the markets held in 2021 was £615 which, considering that we were closed until June, is a very good result. Profits are made up from table rents, teas, and the bacon butties, all of which is added to Village Hall Funds.

Market profits provide a valuable contribution towards the maintenance and everyday running of the hall. Thank you for your support throughout 2021, we look forward to seeing our faithful customers and one or two new ones next year!!

Happy New Year to All!!



THE 2021 POPPY APPEAL

As usual, the Barfords have excelled themselves again this year with an outstanding total raised of £862.29, up over £150.00 on last year.

Considering that many people are now back at work and, as we found out on the doorsteps, people don't tend to keep cash in the house any more, it is a fantastic result. Included in that total were donations from the Parish council, £100, and the Remembrance Sunday church service collection of another £133, thank you to both.

This was our first year co-ordinating the collection and thankfully Bernard Lane, who left big shoes to fill! was always available on the end of the phone to help.

Please may we take this opportunity to sincerely thank you all for donating and helping to achieve this amazing total but, of course, this could not have been achieved without the efforts of the Barford Poppy Sellers, who knocked on every door in the Barford, come rain or shine, these lovely people are:

**Margaret Murdin
Veronique Andrews-Semple
Jan Elvidge
Aggie & Ella Booth
Paul & Ishbel Freeman
Bernard Lane
The George**

Hopefully, "We'll meet again" in 2022, healthy, happy and COVID free.

**Angus & Lucy Norman
Poppy Appeal Co-ordinator for the Barfords**

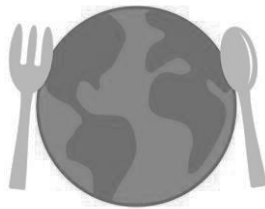


GREEN THOUGHT OF THE MONTH

BARFORD ENVIRONMENT NETWORK is a friendly, informal group that looks for ways of greener living in our villages. To join or learn more, contact John O'Brien: john@lcmb.co.uk

BEN Community Evening: Would you like to learn how to make your home and way of life more sustainable? Join us at 7pm on Thursday 20th January 2022 in our village hall, when Dr Tim Lunel from **Low Carbon Hub Oxford** will explain how to become more energy-efficient. You can also hear about **The Oxford Artisan Distillery's** sustainable gin, and sample some of their excellent products - if you're not having a dry January.

What's on your plate – Can your meals be climate-friendly?

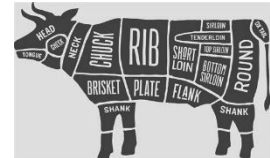


So you're doing your recycling and trying to cut down on plastic – can you make your diet more sustainable, too?

The **United Nations Environment Programme** estimates that animal farming is responsible for 18–25% of global carbon emissions, and that diet change away from animal products is essential to reduce carbon impacts. The government's own climate advisors

say that we should reduce the amount of meat and dairy produce in our diets.

Meat costs the Earth: Rainforests are being cleared at an alarming rate to support intensive farming, particularly to grow soya – of which up to 80% is used to feed farmed animals. Cattle produce methane, a greenhouse gas 23 times more potent than carbon dioxide, and nitrous oxide is released by slurry. Loss of wild areas to agriculture is a leading cause of the current mass extinction of wildlife.



For many, it's too big a step to go vegetarian or vegan, but even so it's easy to cut down. No one needs to eat meat every day – and it's increasingly obvious that the planet can't sustain it. So, you could -

Cut down or cut out meat: Avoiding or cutting down meat and dairy is the single most effective way of reducing your personal carbon output. It's also one of the easiest changes to make. Meat doesn't have to be the centrepiece of every meal. If you do eat meat, make it go farther by increasing the proportion of plant-based ingredients. Plan one or more meat-free days each week – for instance by introducing **Meat Free Mondays**.

Buy Local – support local farmers! By far the most sustainable meat is grass-fed. Meat bought from local producers will usually have higher welfare standards than intensively-produced meat from supermarkets. Besides, there will be far lower emissions from transportation, and less plastic packaging - supermarket meat almost invariably comes in single-use plastic trays and wrap.

Buy less, buy better: Cheap meat comes at a high cost to animals. As well as farmers struggling to profit from it, cheap meat comes at the cost of dreadful suffering – animals like pigs, rabbits, chickens and ducks kept in cramped conditions, unable to express their natural behaviours. Packed animal sheds allow viruses to spread easily, some transmissible to humans – this leads to mass slaughterings, such as the recent culls for avian flu in which hundreds of thousands of ducks and chickens have been killed. Isn't it worth buying less but paying a bit more for higher welfare?



Veganuary: If you'd like to give plant-based eating a try (or if you already are vegan) you can sign up for daily inspiration and recipes throughout this month. Many restaurants and most supermarkets will have special Veganuary offers, too. Even if you don't intend to go vegan, you could still choose plant-based meals some of the time.

Buy fruit and vegetables in season: We're lucky to have good local farm shops and markets where we can do this. It makes far better environmental sense to buy locally and buy what's in season rather than choosing produce that's been flown across the world to reach our supermarkets, for instance strawberries in winter which never taste as good as fresh ones in summer.

Avoid wasting food: Plan meals and stick to your shopping list; don't over-buy; find ways to use or freeze leftovers; if you stock cans and packets, review them regularly so that you use them before their 'best by' date.

Green Thought of the Month is compiled and edited by Linda Newbery. If you have a green idea to share, please contact L.newbery@btinternet.com

CUBiCULO - WINTER MAINTENANCE JOBS

Call Brian on 07825 581904 - Local gardener seeking winter workshop jobs at reasonable rates including.....



GARDEN FURNITURE RESTORATION



and NEW GARDEN FEATURES



Custom built raised beds, planters or sleeper seats **also**



TOOL SHARPENING - clean, oil and sharpen garden tools like shears, secateurs, lawn edgers, chainsaw chains

Other jobs considered – please get in touch for a quote.

Reading recommendations from **BARFORD BOOKCHAT**

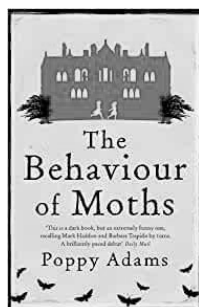


Miss Buncle's Book by D.E. Stevenson: Barbara Buncle is leading the genteel, unassuming life of a spinster in the small community of Silverstream. It's the 1930s, her dividends are dwindling, and poverty beckons. She sits down and writes a book, a fantasy, in which a golden boy arrives in an English village and casts a spell over its inhabitants, transforming lives.

The book is an instant bestseller. Alas, Miss Buncle's imagination has been too fertile, her insights into the human heart too penetrating, her disguises too thin. Life begins to imitate art, for good or ill. The villagers of Silverstream recognise themselves, and mayhem ensues. This happy book is a delight from beginning to end. *Jenny Greeves*



Why the Germans do it Better by John Kampfner: The subtitle of this book is 'Notes from a Grown-up country' and the narrative follows this argument that in so many ways – politics, environment, housing, economy, public culture, social engagement – Germany in the past decades has proved a model for other Western nations. Emerging in 1945 from the horrors it inflicted on the world, Germany benefitted from supportive allies (unlike in 1918) and was determined to rebuild from year zero. Kampfner writes well about the struggles and largely success that came from reunification of East and West after 1989 and the remarkable way that Germany dealt in 2015 with the refugee crisis. Both of these episodes could have gone badly wrong but they did not. The heroine of the book is the now departing Angela Merkel – a truly transformative and fascinating figure. *Suzanne Franks*



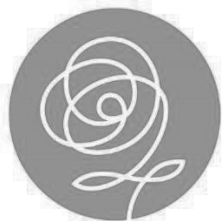
The Behaviour of Moths by Poppy Adams: Don't be put off by the title of this book, as I was. For over six years it sat in a cupboard! This is the story of two sisters, Ginny and Vivien, and is told from Ginny's perspective. Ginny appears to be a normal elderly woman. From her lookout in the crumbling mansion that was their childhood home, the reclusive moth expert Ginny watches and awaits the arrival of her younger sister after decades of estrangement. As they revisit their shared past, they realise that their recollections differ in unsettling ways. It is a dark story about the sisters' complicated relationship and before long deeply buried resentments that have shaped both their lives rise to the surface. A gothic tale of madness, sibling rivalry and Lepidoptera. All in all, a great read.

Ishbel Freeman



Spider Woman: A Life by Lady Hale: Lady Brenda Hale is one of the foremost jurists of the 21st century but she will always be known for one case, the Prorogation of Parliament case and the spider brooch she chose to wear for the judgment (which she says was purely accidental). The brooch provides the title for this fascinating account of her life. She is an avowed feminist in what is still a man's world; on her retirement there are only 2 females out of 12 members of the Supreme Court. She was the first female Law Commissioner, the first female member of the Judicial Committee of the House of Lords and first woman President of the Supreme Court. And her mainly academic background was unusual for a judge. Yet she starts the book with five occasions on which she felt imposter syndrome, from the playing field at Richmond High School for Girls to the Supreme Court. This book should appeal to many non-lawyers as well as to obsessive readers of legal memoirs such as myself. *John Bowers*

Reviews are compiled and edited by Linda Newbery. For a book review every Monday, all by writers or independent booksellers, follow **Writers Review:** www.reviewsbywriters.blogspot.com



KATHARINE HOUSE HOSPICE

Heading into 2022

The New Year is usually a time of reflection on the past 12 months as well as making plans for the future. So, as well as some hospice news and updates, we've also got details on some exciting events coming up in 2022 and a few different ways you can help us. Thank you!

New year, new you?

Looking for a challenge in 2022? Well, look no further! We've got some fantastic events coming up this year to suit everyone from adrenaline junkies to those who just want to get out in the fresh air – and all of them will help to raise money for our hospice. From wingwalks to our rebranded Moonlight Walk, abseiling to cycling – there are lots of ways to get involved. Take a look at our Challenge events on our website to find out more.

Could you spare a few hours?

We couldn't continue to care for local people without the support of our amazing volunteers. So, if you have some time to spare, why not think about volunteering? We have one-off opportunities as well as more regular roles, which are all listed on our website. We'd love to hear from you.

Sign up to receive our Katharine House digital monthly newsletter, which is designed to keep you in touch with all our latest news and fundraising events at the hospice.

Find out more

Head to our website to find out more about all these events and news: www.khh.org.uk.



**to the super duper couple from
Lower Street who donated £25 to
Barford News. We are incredibly
grateful for your on-going support**

The BN Team



200 CLUB DRAW DECEMBER

£100	113	Verna Lane
£50	073	Tucker Family
£25	186	Alan Maddison
£15	184	Christine Hall
£10	124	David Hobbs
£5	058	Marcus Hardingham

The draw took place at
The Christmas Lunch in the Village Hall



**to the totally spiffing couple from
Church Street who donated £20 last
month. We are so grateful for this and
thank you for your kind words saying
how much you enjoy reading Barford
News every month.**

The BN Team



Banbury Foodbank

to help local people in crisis.

Hunger remains a reality for many.

Please help by buying items from the list below
and putting them in the box inside the porch of
St Michael's church.

Cereals, Tea/coffee, Soup, Tinned
vegetables, Pasta, Tinned fruit, Rice, Biscuits,
Tinned tomatoes, Pasta sauce, Lentils, beans
& pulses, UHT milk, Tinned meat, Fruit juices
NON-PERISHABLE ITEMS ONLY, PLEASE

Many thanks

FROM THE FIRE STATION



This month we have seen flurries of calls interspersed with quiet times, resulting in 14 callouts, several standbys (4 in one day at one point) and a hive of activity in the last days with several large fires. Crewing has been good with the station continuing to average over 60% availability. Training continues a pace with Corrie King passing her BA basic course, Ben Fenemore passing both his BATL Technical and Board and Oral exams, and James Greenwood passing his BATL Technical.

The Station crew has been concentrating on Hazardous materials incidents (HAZMAT), with realistic drills and refresher courses. WM Chris Fenemore designed a realistic scenario whereby a hapless bystander, acted out by Adam Perry, had an accident spilling chemicals onto himself and becoming trapped beneath a 200-litre drum of Formaldehyde. Upon attendance, the crew cordoned off the area, dividing it into hot, warm, and cold zones. Emma Flint and Garin Wilby performed an immediate snatch rescue whilst under BA, removing the casualty from immediate danger, undressing, and removing any contaminated clothing, administering first aid, and making the casualty safe and comfortable. The rest of the crew proceeded to set up a makeshift wet decontamination area.

Ben Fenemore and James Greenwood then donned BA and wore Gas Tight Suits and entered the risk area to investigate the chemical spill and make the area as safe as possible by relaying the exact chemical involved, approximate quantities and to prevent any

leakage into the drainage system. The suits are fully sealed but do make working very slow and time consuming as the suits limit one's visibility, dexterity and vision.

With the chemical identification labels relayed to the BA entry control officer, and the chemicals attributes confirmed via the MDT (the mobile computer kept on the truck allowing data retrieval), the area could be made safe, and the incident closed.

Mike Swadling, Group Manager CRR North, also observed the drill and offered some expert guidance and tips on how the drill went.

May all from Deddington Fire Station wish all readers a very Merry Christmas and Best Wishes for the New Year. Enjoy yourselves, rest, recuperate, and stay safe. Please be vigilant when burning candles and keep naked flames away from your Christmas trees; and please don't drink and drive. We will be working over the holiday period but hope not to be called out!

James Greenwood FFD,
james@cyclogicalshop.co.uk



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Thank you from the 200+ Club Team

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to reserve your tickets**

CHURCH MATTERS



Did you know that...

Civilizations around the world have been celebrating the start of each new year for at least four millennia. Today, most New Year's festivities begin on December 31 (New Year's Eve), the last day of the Gregorian calendar, and continue into the early hours of January 1 (New Year's Day). Common traditions include attending parties, eating special New Year's foods, making resolutions for the new year and watching fireworks displays.



Ancient New Year's Celebrations

The earliest recorded festivities in honour of a new year's arrival date back some 4,000 years to ancient Babylon. For the Babylonians, the first new moon following the vernal equinox—the day in late March with an equal amount of sunlight and darkness—heralded the start of a new year. They marked the occasion with a massive religious festival called Akitu (derived from the Sumerian word for barley, which was cut in the spring) that involved a different ritual on each of its 11 days.

Throughout antiquity, civilizations around the world developed increasingly sophisticated calendars, typically pinning the first day of the year to an agricultural or astronomical event. In Egypt, for instance, the year began with the annual flooding of the Nile, which coincided with the rising of the star Sirius.

The first day of the Chinese new year, meanwhile, occurred with the second new moon after the winter solstice.

Did you know? In order to realign the Roman calendar with the sun, Julius Caesar had to add 90 extra days to the year 46 B.C. when he introduced his new Julian calendar.

The early Roman calendar consisted of 10 months and 304 days, with each new year beginning at the vernal equinox; according to tradition, it was created by Romulus, the founder of Rome, in the eighth century B.C. A later king, Numa Pompilius, is credited with adding the months of Januarius and Februarius. Over the centuries, the calendar fell out of sync with the sun, and in 46 B.C. the emperor Julius Caesar decided to solve the problem by consulting with the most prominent astronomers and mathematicians of his time. He introduced the Julian calendar, which closely resembles the more modern Gregorian calendar that most countries around the world use today.

As part of his reform, Caesar instituted January 1 as the first day of the year, partly to honour the month's namesake: Janus, the Roman god of beginnings, whose two faces allowed him to look back into the past and forward into the future. Romans celebrated by offering sacrifices to Janus, exchanging gifts with one another, decorating their homes with laurel branches and attending raucous parties. In medieval Europe, Christian leaders temporarily replaced January 1 as the first of the year with days carrying more religious significance, such as December 25 (the anniversary of Jesus' birth) and March 25 (the Feast of the Annunciation); Pope Gregory XIII re-established January 1 as New Year's Day in 1582.



Sue Addison
Churchwarden

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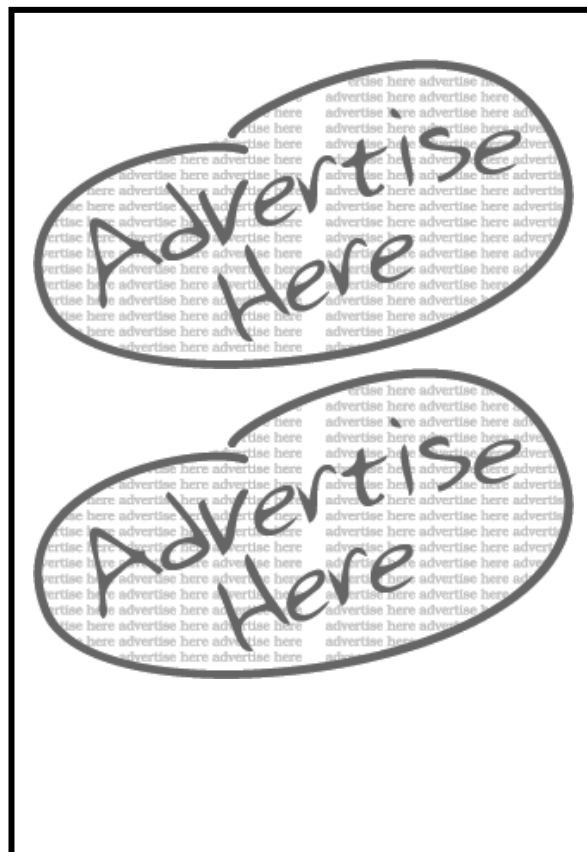
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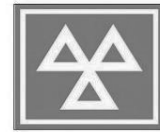
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Orchard House
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Westminster:
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	Mr P Cosgrove	01869 337552
	Mr. C. Charman	07796 544363
	Mr R Cox	01869 337736
	Mr. P. Eden	01869 338835

Parish Council meetings in the Village Hall. 1st Wednesday in the month at 7.30pm
This is an opportunity for parishioners to bring questions or concerns to the meeting in person
CDC website: www.cherwell-dc.gov.uk – Parish Council minutes at www.cherwell-local.com
ALLOTMENT QUERIES, PLEASE CONTACT THE CLERK

VILLAGE AND LOCAL EVENTS DIARY

Diary dates to the editor by 15th of each month please

CHURCH SERVICES

Church of England JANUARY

Sunday 9th January 9am Holy Communion
St Michael

Sunday 16th Jan. 10.30am Family Service
St Michael

Sunday 23rd Jan. 9am Holy Communion. St John

Methodist Chapel

For details of services contact:
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Sunday – 11.00am Mass
Weekdays Normally 9.15am, can be subject to
change

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Banbury office 01295 754 541

Thames Valley Crime-stoppers

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Regular weekly/monthly events

Mondays Beavers (Deddington)
Boys Brigade band practice

Tuesdays Guides (Deddington)
Carpet bowls – Sept - Mar

Wednesdays Brownies (Windmill - Deddington)
1st week parish council (not August)
2nd week W.I. meeting
Boys Brigade (Deddington)

Thursdays Village Hall Post Office
Open cuppa mornings
Cubs (Deddington)
Scouts (Deddington)

Fridays Rainbows

Saturdays Village Market 3rd week
(except January or August)

1st Wednesday Parish Council Meeting

3rd Wednesday Village Hall Management Committee

DIARY DATES

JANUARY 2022

1st New Year Village Walk
2nd Freeway Jam at The George
5th Parish Council Meeting – Village Hall
10th - 14th Hempton Road – Road Closure
12th WI Talk – A Life of Crime
18th Tuesday Lunch Club – Village Hall
19th Village Market in the Village Hal
20th BEN Community Evening (see Green Thought)

FEBRUARY

Garden Club AGM – date to be confirmed

BARFORD NEWS

Copy deadline 15th of each month

Editor: Lucy Norman 01869 337678

Dep Editor: Mariann Young 01869 338570

barfordnews@gmail.com

Treasurer and adverts: Caroline Bird

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